

## ENERGY

	Per 235 mL	Per 100 mL
ENERGY (Cal [kJ])	225 (945)	96 (402)
PROTEIN (g)	12.0	5.02
% of total energy		21
Arginine (mg)	-	-
Taurine (mg)	-	-
Carnitine (mg)	-	-
Source	Sodium and calcium caseinates, soy protein isolate	
FAT (g)	6.0	2.55
% of total energy		24
Polyunsaturated fatty acids (g)	1.2	0.5
Linoleic acid (g)	1.0	0.43
Arachidonic acid (ARA) (g)	-	-
Linolenic acid (g)	0.18	0.08
Docosahexaenoic acid (DHA) (g)	-	-
Omega-6:Omega-3 ratio		7.4:1
Monounsaturated fatty acids (g)	2.3	1.0
Saturated fatty acids (g)	0.5	0.2
Cholesterol (mg)	1.4	0.6
Source	High Oleic safflower oil, canola oil, corn oil, soy lecithin	
MCT oil (% of total fats)	0	
CARBOHYDRATE (g)	31.0	13.2
% of total energy		55
Dietary fibre (g)	-	-
Short-chain fructooligosaccharides (scFOS) (g)	-	-
Galactooligosaccharides (GOS) (g)	-	-
Source	Sucrose, corn maltodextrin	
Acesulfame-potassium (mg)	-	-
Sucralose (mg)	-	-

## VITAMINS

Vitamin A (RE [IU])	350 (1166)	149 (496)
Vitamin D <sub>3</sub> (mcg [IU])	1.25 (50)	0.53 (21.3)
Vitamin E (IU)	3.38	1.45
Vitamin K <sub>1</sub> (mg)	-	-
Vitamin C (mg)	15.0	6.4
Thiamine (mg)	0.325	0.138
Riboflavin (mg)	0.432	0.184
Niacin (mg)	6.00	2.55
Vitamin B <sub>6</sub> (mg)	0.47	0.20
Folic acid (mg)	0.060	0.026
Vitamin B <sub>12</sub> (mg)	0.00050	0.00021
Pantothenic acid (mg)	1.75	0.74
Biotin (mg)	0.035	0.0149
Choline (mg)	-	-

## MINERALS

Sodium (mg [mmol])	290 (12.6)	123 (5.3)
Potassium (mg [mmol])	428 (11.0)	182 (4.7)
Chloride (mg [mmol])	251 (7.1)	107 (3.0)
Calcium (mg)	275	117
Phosphorus (mg)	275	117
Magnesium (mg)	65	27.7
Iron (mg)	3.50	1.49
Zinc (mg)	4.00	1.70
Iodide (mg)	0.040	0.017
Copper (mg)	0.50	0.21
Manganese (mg)	1.30	0.55
Selenium (mg)	0.012	0.0051
Chromium (mg)	0.010	0.0043
Molybdenum (mg)	0.028	0.0119

Nutritional information for Similac® Mom, Vanilla, 235 mL.

## INGREDIENTS

### Similac® Mom, Vanilla:

Water, sugar, sodium and calcium caseinates, corn maltodextrin, high oleic safflower oil, canola oil, soy protein isolate, corn oil, potassium citrate, sodium citrate, calcium phosphate, magnesium phosphate, natural and artificial flavour, magnesium chloride, salt, soy lecithin, potassium phosphate, carrageenan, ascorbic acid, zinc sulphate, ferrous sulphate, niacinamide, *dl*- $\alpha$ -tocopheryl acetate, manganese sulphate, cupric sulphate, calcium pantothenate, vitamin A palmitate, pyridoxine hydrochloride, thiamine chloride hydrochloride, riboflavin, folic acid, potassium iodide, sodium molybdate, biotin, sodium selenate, chromium chloride, vitamin D<sub>3</sub>, cyanocobalamin.

**CONTAINS: Priority food allergens:** Milk, soy. **Ingredients associated with food intolerances and/or sensitivities:** Corn, coconut oil, natural and artificial flavour, lactose, and other soy components.

**Additional ingredients for chocolate:** Cocoa powder, colour.

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

**SIMILAC® MOM**  
 COMPLETE, BALANCED NUTRITION  
 For pregnant women and breastfeeding moms

