

NUTRITIONAL INFORMATION

ENERGY

	Per 100 g Powder	Per 100 mL (at standard dilution)	Per 100 Cal
ENERGY (Cal [kJ])	509 (2130)	68 (283)	100 (418)
PROTEIN (g)	10.6	1.4	2.1
% of total energy		8.3	
Arginine (mg)	310	40	59
Cystine (mg)	150	20	29
Histidine (mg)	250	30	44
Isoleucine (mg)	580	80	118
Leucine (mg)	1080	140	206
Lysine (mg)	880	120	176
Methionine (mg)	290	40	59
Phenylalanine (mg)	450	60	88
Tryptophan (mg)	180	24	35
Threonine (mg)	600	80	118
Valine (mg)	640	80	118
Taurine (mg)	34	4.5	6.6
Carnitine (mg)	7.5	1.0	1.5
Nucleotides (mg)	54.5	7.2	10.6
Source	Skim milk, whey protein concentrate, whey protein hydrolysate		
FAT (g)	28.2	3.74	5.5
% of total energy		49.9	
Polyunsaturated fatty acids (g)	7.1	0.9	1.3
Linoleic acid (g)	3.97	0.53	0.77
Arachidonic acid (ARA) (g)	0.107	0.0142	0.021
Linolenic acid (g)	0.38	0.05	0.074
Docosahexaenoic acid (DHA) (g)	0.051	0.0068	0.01
Omega-6:Omega-3 ratio		9.71:1	
Monounsaturated fatty acids (g)	11.4	1.5	2.2
Saturated fatty acids (g)	9.7	1.3	1.9
Cholesterol (mg)	-	-	-
Source	High oleic sunflower oil, soy oil, coconut oil, ARA and DHA		
MCT oil (% of total fats)		0.0	
CARBOHYDRATE (g)	55.0	7.3	10.7
% of total energy		41.8	
Dietary fibre (g)	-	-	-
Short-chain fructooligosaccharides (scFOS) (g)	-	-	-
Galactooligosaccharides (GOS)†† (g)	2.7	0.4	0.6
Source	Lactose, galactooligosaccharides		
Acesulfame-potassium (mg)	-	-	-
Sucralose (mg)	-	-	-

VITAMINS

Vitamin A (RE [IU])	430 (1433)	57 (190)	83 (278)
Vitamin D ₃ (mcg [IU])	7.63 (305)	1.01 (40.5)	1.49 (60)
Vitamin E (IU)	20.3	2.7	4.0
Vitamin K ₁ (mg)	0.068	0.009	0.013
Vitamin C (mg)	76	10	15
Thiamine (mg)	0.6	0.08	0.12
Riboflavin (mg)	0.8	0.11	0.16
Niacin (mg)	5.4	0.72	1.06
Vitamin B ₆ (mg)	0.31	0.04	0.06
Folic acid (mg)	0.052	0.007	0.010
Vitamin B ₁₂ (mg)	0.0013	0.0002	0.00025
Pantothenic acid (mg)	2.3	0.3	0.4
Biotin (mg)	0.019	0.003	0.0037
Choline (mg)	76	10	15
Inositol (mg)	30	4	6
Lutein (mg)	0.057	0.0076	0.0112

MINERALS

Sodium (mg [mmol])	135 (5.87)	18 (0.78)	27 (1.15)
Potassium (mg [mmol])	600 (15.38)	80 (2.05)	118 (3.02)
Chloride (mg [mmol])	333 (9.39)	44 (1.24)	65 (1.83)
Calcium (mg)	400	53	78
Phosphorus (mg)	216	29	43
Magnesium (mg)	39	5.2	7.6
Iron (mg)	9.1	1.2	1.8
Zinc (mg)	3.8	0.5	0.7
Iodine (mg)	0.100	0.013	0.019
Copper (mg)	0.400	0.05	0.074
Manganese (mg)	0.0363	0.005	0.0074
Selenium (mg)	0.010	0.0013	0.0019
Chromium (mg)	-	-	-
Molybdenum (mg)	-	-	-

Nutritional information for Similac® Advance® with Omega-3 and Omega-6, Powder

†† GOS is approximately 1% of the total energy and provides approximately 1.3 Cal/g.

INGREDIENTS

Similac® Advance® with Omega-3 and Omega-6, Powder: Lactose, dry skim milk, high oleic safflower oil or high oleic sunflower oil, soy oil, coconut oil, galactooligosaccharides (GOS), whey protein concentrate, whey protein hydrolysate, potassium citrate, calcium carbonate, *M. alpina oil, tricalcium phosphate, potassium hydroxide, **C. cohnii oil, magnesium chloride, sodium chloride, choline bitartrate, ascorbic acid, soy lecithin, L-tryptophan, ferrous sulphate, taurine, m-inositol, cytidine 5'-monophosphate, disodium guanosine 5'-monophosphate, ascorbyl palmitate, disodium uridine 5'-monophosphate, zinc sulphate, d-α-tocopherol acetate, adenosine 5'-monophosphate, L-carnitine, calcium tocopherols, niacinamide, calcium d-pantothenate, cupric sulphate, vitamin A palmitate, thiamine hydrochloride, pyridoxine hydrochloride, riboflavin, lutein, folic acid, manganese sulphate, β-carotene, phylloquinone, biotin, sodium selenate, potassium iodide, vitamin D₃, cyanocobalamin.

Similac® Advance® with Omega-3 and Omega-6, Concentrated Liquid: Water, lactose, evaporated or dry skim milk, high oleic safflower oil or high oleic sunflower oil, coconut oil, soy oil, galactooligosaccharides (GOS), whey protein concentrate, potassium citrate, calcium carbonate, monoglycerides, soy lecithin, *M. alpina oil, potassium chloride, **C. cohnii oil, ascorbic acid, choline bitartrate, L-tryptophan, carageenan, magnesium chloride, taurine, ferrous sulphate, m-inositol, cytidine 5'-monophosphate, d-α-tocopherol acetate, disodium guanosine 5'-monophosphate, zinc sulphate, disodium uridine 5'-monophosphate, adenosine 5'-monophosphate, niacinamide, L-carnitine, calcium pantothenate, cupric sulphate, vitamin A palmitate, thiamine chloride hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, manganese sulphate, phylloquinone, lutein, biotin, β-carotene, sodium selenate, vitamin D₃, cyanocobalamin.

Similac® Advance® with Omega-3 and Omega-6, Ready to use: Water, lactose, dry skim milk, high oleic safflower oil or high oleic sunflower oil, soy oil, coconut oil, galactooligosaccharides (GOS), whey protein concentrate, potassium citrate, *M. alpina oil, calcium carbonate, monoglycerides, soy lecithin, sodium ascorbate, **C. cohnii oil, carageenan, choline bitartrate, potassium chloride, sodium chloride, potassium phosphate dibasic, ferrous sulphate, magnesium chloride, taurine, m-inositol, cytidine 5'-monophosphate, zinc sulphate, L-tryptophan, L-carnitine, adenosine 5'-monophosphate, niacinamide, calcium d-pantothenate, cupric sulphate, vitamin A palmitate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, folic acid, lutein, phylloquinone, β-carotene, manganese sulphate, biotin, vitamin D₃, cyanocobalamin.

CONTAINS: Priority food allergens: Milk. Ingredients associated with food intolerances and/or sensitivities: Coconut oil, lactose, other soy components.

* Source of arachidonic acid (ARA). ** Source of docosahexaenoic acid (DHA).

Values listed are subject to change. Please refer to the product label or packaging for the most current ingredient, allergen and nutrient profile information.

SIMILAC® ADVANCE® WITH OMEGA-3 AND OMEGA-6

STEP 1 DHA- and ARA-enriched formula

For term infants 0+ months of age

