

# Journaling the Journey

BABY'S NAME: .....

The special journey of parenthood with your precious baby can pass by in the blink of an eye. Journaling the journey allows you to record thoughts unique to this time in your baby's and your life, and these pages can help. Print them out and record those precious moments for future enjoyment.

When I Realized My Baby  
Would Be Born Early, I Felt:

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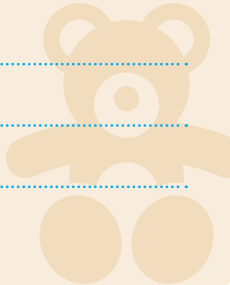
I Named My Baby: .....  
Because: .....

My Favorite Experience  
With Parenthood So Far Is:

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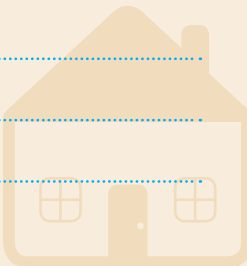
The Most Important Things I Want  
My Baby To Know About Me Are:

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When We First Brought  
Our New Baby Home, We:

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These Are The Values I Want  
To Pass Along To My Baby:

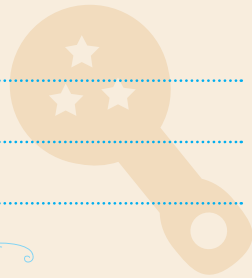
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BABY'S NAME: .....

The First Time I Was Alone With My Baby Felt Like:

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These Baby Gifts Hold A Special Place In My Heart, Because:

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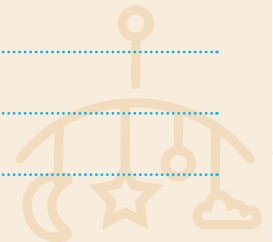
I Want My Baby To Know These Dreams I Have For His/Her Future:

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Now That I Have A New Baby, My Worldview Has Changed In These Ways:

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Some Things That Make Me Nervous About Being A Parent Are:

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When I Fed My Baby For The First Time, Here's How I Felt:

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