

# Double Chocolate

Serves 1 — Makes approx 9 oz — Recipes are for ages 1 and up

## Ingredients

- 4 unpacked scoops **EleCare® Jr Chocolate**
- 1/2 cup Rice Dream™ Original Rice Drink
- 1 tablespoon dark chocolate syrup
- 4 ice cubes

## Directions

- Pour all ingredients into a blender with a fitted lid.
- Blend on high until mixture is smooth.
- Serve immediately.

## NUTRITION FACTS:

Calories . . . . .	257
Carbohydrate, grams . . . . .	40
Protein, grams . . . . .	6
Fat, grams . . . . .	9



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Nutritional values are approximate and will vary based on brands, quantities, and substitutions. **Use under medical supervision.** Please consult your physician or dietitian to determine if recipes and ingredients are appropriate for your child. These recipes are intended to provide possible alternatives for your child and should not be considered as medical advice.

Make sure all utensils and appliances are cleaned to avoid cross-contact from other foods.

