

Chocolate-Mint Fusion

Serves 1 — Makes approx 9 oz — Recipes are for ages 1 and up

Ingredients

- 4 unpacked scoops **EleCare® Jr Chocolate**
- 1/2 cup Rice Dream™ Original Rice Drink
- 1 tablespoon dark chocolate syrup
- 1/4 teaspoon peppermint extract
- 4 ice cubes

Directions

- Pour all ingredients into a blender with a fitted lid.
- Blend on high until mixture is smooth.
- Serve immediately.

NUTRITION FACTS:

Calories	357
Carbohydrate, grams	44
Protein, grams	9
Fat, grams	17



EleCare Jr Chocolate is for ages 1 and up.

Nutritional values are approximate and will vary based on brands, quantities, and substitutions. **Use under medical supervision.** Please consult your physician or dietician to determine if recipes and ingredients are appropriate for your child. These recipes are intended to provide possible alternatives for your child and should not be considered as medical advice.

Make sure all utensils and appliances are cleaned to avoid cross-contact from other foods.

