



ANHI
ABBOTT NUTRITION
HEALTH INSTITUTE



JULY 2020 NEWSLETTER

A PARENTS' GUIDE TO PEDIATRIC TUBE FEEDING

We've created a resource to help guide parents through the new experience of managing tube-fed nutrition for their child. This downloadable guide included best-practice recommendations from leaders of the American Society for Parenteral and Enteral Nutrition (ASPEN) from their newly-published practical handbook for professionals.

[DOWNLOAD GUIDE](#)



IMPROVING OUTCOMES WITH EARLY, INDIVIDUALIZED NUTRITION INTERVENTION: IT'S WORTH THE EFFORT

In this course, you'll summarize new evidence on the benefits of early, individualized nutrition intervention in hospitalized patients; identify the impact of enteral nutrition; and demonstrate strategies to incorporate evidence and guidelines for early, individualized nutrition intervention into clinical practice. Originally presented at the 2020 virtual ASPEN Conference.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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NUTRITION FOR THE NEUROLOGICALLY-IMPAIRED CHILD

In this self-study course, **Jodi Wolff, MS, RDN, LD, FAND, FAACPD**, identifies types of neurological impairment (NI); discusses nutrition risk factors and common GI problems associated with NI; recognizes the components of nutrition assessment; and recommends specific nutrition interventions for patients with NI. Originally presented as a webinar in May.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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NEW EVIDENCE TO SUPPORT OPTIMAL, EARLY NUTRITION INTERVENTION TO IMPROVE PATIENT OUTCOMES

In this course, you'll summarize new evidence supporting the benefits of early nutrition intervention in at-risk patient populations; illustrate the health, economic, and cost benefits of nutrition intervention; and evaluate the implementation of new evidence and science into clinical practice. Originally presented at the 2020 virtual ASPEN Conference.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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[PODCAST] THE ROLE OF HUMAN MILK & HMOS IN NUTRITION, NEONATAL DEVELOPMENT & IMMUNITY

Human milk has all the essential, nourishing elements babies need, like water, fat, carbohydrates and protein. But it offers even more than nutrients, including an ingredient that

is strangely indigestible—a class of sugar molecules called human milk oligosaccharides (HMOs)—which bolster healthy gut bacteria, assist in cognitive development, and help in a host of other ways. HMOs were discovered in the 1930s, but it wasn't until recently that researchers have come to understand why they exist and the role they play in neonatal growth and development.

In this 13-minute episode, **Dr Lars Bode, PhD**, discusses the latest research on the components of human milk, focusing on HMOs and the role they play in neonatal nutrition, immunity, growth and development.

[LISTEN TO PODCAST](#)

= IMPORTANT =

ANHI.ORG WILL BE UNAVAILABLE TEMPORARILY ON 8 AUGUST

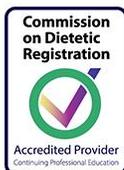
ANHI.org will update our online learning platform on **8 August** from **6 AM-6 PM ET**. Please note that parts of ANHI.org will be unavailable while we're working on the site.

- **You'll be able to** see details about our education, conference and resource offerings.
- **You *won't* be able to** enroll in or complete courses, or print course certificates.

Rest assured you'll be able to complete your continuing education courses leading up to and immediately following this 8 August outage. Thanks for your patience.

Like this newsletter? Forward to your colleagues and let them know they can [subscribe here](#).

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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