



MARCH 2018 NEWSLETTER



SOMETHING LOOKS DIFFERENT AT ANHI.ORG

We've redesigned our website so it's easier to find the latest science-based nutrition resources you need—bundled by topic—from any device you prefer.

- **Free, accredited continuing education** to help you apply nutrition science to your daily practice
- **A platform** that gives you easier access to scientific advancements from some of the strongest minds in the field.
- **Printable resources** to help you educate patients on topics that matter
- **A wider selection of content formats** you can digest on your own, in the way you learn best

We can't wait to show you what we've built for you.

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QUOTE OF THE MONTH



Dr. Paul Wischmeyer shares three questions he asks patients before surgery.

"Malnutrition is truly an epidemic. We know if we address malnutrition before surgery or in cancer, we can change the very outcomes that matter most to not just our physicians, but...to patients—the things that keep them in the hospital; the things that take their lives away."

Paul Wischmeyer, MD, PhD
Duke University, School of Medicine

[WATCH VIDEO](#)

NATIONAL WEBINAR



AN INTERDISCIPLINARY APPROACH TO DIABETES CARE

Continuing Education Units: 1.0 Nurse Contact Hours; 1.0 Dietitian CPEU

March 28 @ 12:30 PM ET and again at 7 PM ET

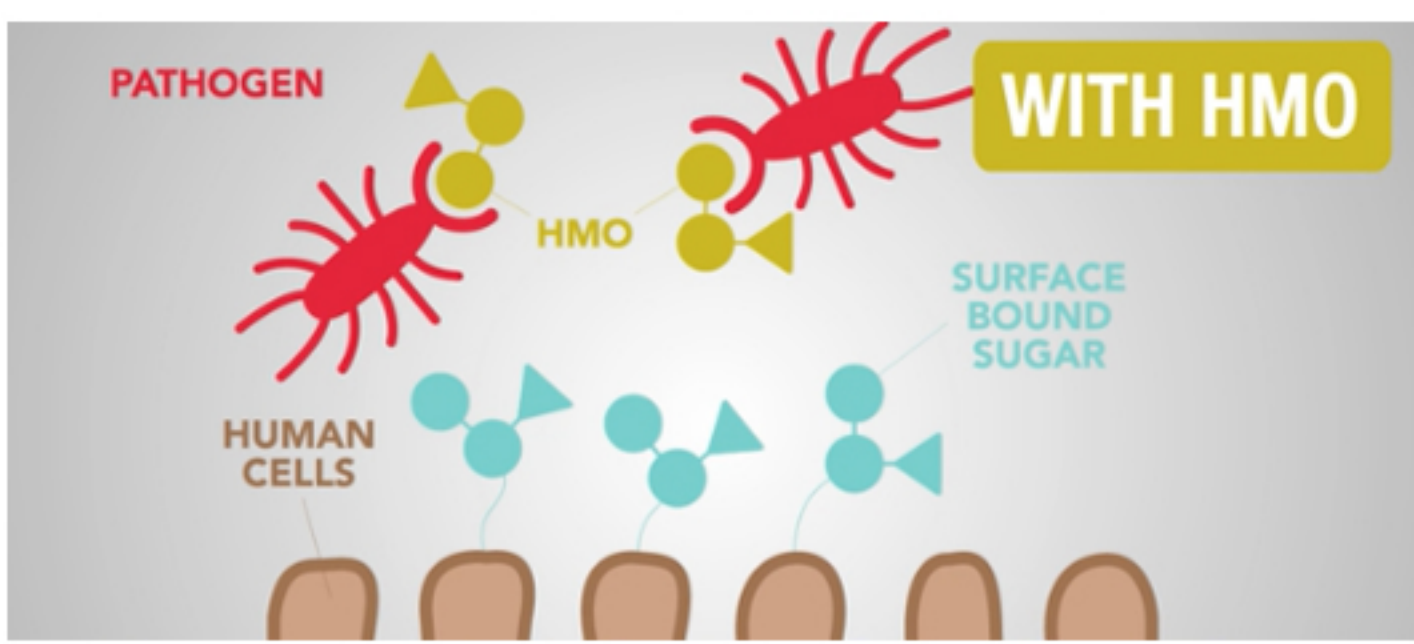
March 30 @ 12 PM ET

For patients who are newly diagnosed with type 2 diabetes, it's sometimes hard to decipher the nutritional path to better wellness. In this free and accredited continuing education program, you'll learn the critical touchpoints for diabetes self-management and education, and gain access to simple, supportive materials you can share with your patients.

*Free of charge.

[ENROLL NOW](#)

MEET THE EXPERT



The Human Milk Oligosaccharide, 2'-Fucosyllactose, blocks incoming pathogens and reduces the inflammatory response in the gut.

DR ARDYTHE MORROW DISCUSSES EMERGING RESEARCH ON HMO & PEDIATRIC NUTRITION

We spoke recently with Ardythe Morrow, PhD, who shared findings she and her colleagues have uncovered about the role Human Milk Oligosaccharides (HMOs) may play in supporting the developing immune system and protecting against infectious disease.

[WATCH VIDEO](#)

THANK A NUTRITION PROFESSIONAL



NATIONAL NUTRITION MONTH

eat right. Academy of Nutrition and Dietetics

CELEBRATING NATIONAL NUTRITION MONTH®

March marks National Nutrition Month®, a public education campaign led by the Academy of Nutrition and Dietetics, which focuses on the importance of making healthy nutrition and lifestyle choices.

In this article, our nutrition news team sat down with several Abbott dietitians for a lively Q&A session. Find out what they had to say about the importance of making good nutrition a priority.

[READ ARTICLE](#)

Like this newsletter? Forward to your colleagues and let them know they can [subscribe here](#).



Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.



Abbott Nutrition Health Institute (RO002), is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR.

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