



OCTOBER 2019 NEWSLETTER

FOOD & NUTRITION CONFERENCE & EXPO (FNCE) 2019

Attending FNCE this year? Our accredited symposium—“**Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii)**”—will demonstrate how registered dietitian nutritionists (RDNs) are improving patient outcomes and changing the culture of malnutrition diagnosis and intervention by implementing the MQii and the malnutrition electronic quality measures (eQCMs).

PROGRAM: Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii)

CREDITS: 1.5 RD CPEU

DATE: Sunday, 27 October, 2019

TIME: 1:30-3 PM Eastern Time

LOCATION: Pennsylvania Convention Center, Room 121-ABC, 1101 Arch Street, Philadelphia, Pennsylvania

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FEATURED PODCAST EPISODES

National Health Education Week is 21-25 October. To honor this observance, we recorded special podcast episodes featuring two of the most popular and relevant topics in nutrition science today:

- **Going “Glocal”: A Recipe for Sustainable Nutrition**

Katie Brown, EdD, RDN

Senior Vice President, Sustainable Nutrition
National Dairy Council

- **Individualized Medicine & Nutrition in the Digital Era**

Asif Ali, MD

Clinical Assistant Professor
University of Texas Health Science Center

Have a podcast episode idea? [Contact us](#). We welcome the chance to share the work of nutrition science experts around the world.

[HEAR PODCASTS](#)

PEDIATRIC CURRENTS: APPLYING MALNUTRITION INDICATORS IN THE PRETERM & NEONATAL POPULATION

Preterm infants and neonates are vulnerable to calorie and protein deficits, which can disrupt rapid lean body mass development, brain growth, and maturation. Preterm infants may also have a harder time tolerating weight loss because they have low lean body mass and adipose tissue stores, which are necessary to sustain metabolism during periods of significant calorie and protein deficits. For these reasons, malnutrition can occur with nutrient intake deficits of only a few days.

After reading this issue of *Pediatric Currents*, you'll be able to describe why identifying malnutrition in preterm infants and neonates is important for improving clinical outcomes; review the recommended malnutrition indicators for the preterm/neonatal population; and read practical case study examples to identify the malnutrition indicators.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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FREE WEBINAR: CARDIAC SURGERY

Join us Wednesday, 6 November, for our exclusive webinar, “**Optimizing Nutrition Status of the Cardiac Surgery Patient**,” presented by Kevin Lobdell, MD, and Kathryn Starr, PhD, RDN, LDN.

Note: The educational content will be presented in a recorded format, with 15 minutes of live Q&A toward the end of the webinar.

PROGRAM: Optimizing Nutrition Status of the Cardiac Surgery Patient

CREDITS: 1.0 RN CE; 1.0 RD CPEU

DATE: 6 November, 2019

TIME: Noon-1 PM ET or 3-4 PM ET

HOW TO PARTICIPATE: Contact your Abbott Nutrition sales representative to watch at your facility with a group of colleagues or register online to watch on your own.

[REGISTER](#)



2'-FUCOSYLLACTOSE: AN ALLERGY MODULATING HUMAN MILK OLIGOSACCHARIDE?

Recent studies have found that 2'-Fucosyllactose (or, 2'-FL HMO), a prebiotic found naturally in human milk, can serve as food for beneficial bacteria in the infant gut, and support the immune system.

In this course, you'll review the emerging role of 2'FL in allergy modulation; discuss 2'FL potential mechanisms of action; and consider the importance of breastfeeding.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

Want to learn more? [Download this infographic](#), which explains how 2'FL human milk oligosaccharide (HMO) interacts in the gut, immune system and brain. It also presents the important outcomes and benefits of 2'FL HMO, as discovered through clinical and preclinical research.

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BURN TRAUMA: BENEFITS OF A NURSING & NUTRITION COLLABORATION

Although often overlooked, nutrition is a key factor in wound healing. The presence of a wound increases a person's need for calories, protein, water, and other nutrients, including specific vitamins and minerals. Wounds that take a long time to heal can lead to the development of chronic wounds, which are common in older adults particularly due to multiple comorbidities.

In this course, you'll describe how to determine the severity of a burn; discuss the pathophysiology of inflammation and its effect on fluid balance and metabolism; describe the impact of burn wounds; and review evidenced-based medical nutrition therapy for treatment of burn wounds.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

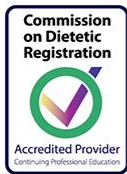
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Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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