

### INFANT FEEDING TECHNICIAN COURSE CERTIFICATE

Breastfeeding is an important public health strategy for improving infant and child morbidity and mortality, improving maternal morbidity, and helping to control health care costs. The well-established body of research continues to support breastmilk as the best source of nutrition for babies.

This course, developed by The Ohio State University, offers 20 hours of online, on-demand curriculum based on the latest edition of the "Infant & Pediatric Feedings: Guidelines for Preparation of Human Milk & Formula in Health Care," from the Academy of Nutrition & Dietetics. **Note:** This program is supported by an Abbott Nutrition education grant.

You'll gain the knowledge and skills needed to:

- Identify key differences between the various types of infant feedings
- Perform safe preparation and handling techniques for human milk and infant formula
- Understand the Infant Feeding Technician's role in infant feeding documentation and inventory control
- Reduce common errors during the preparation, handling, and storage of human milk and infant formula

Continuing education: 20.0 RN CE; 20.0 RD CPEU

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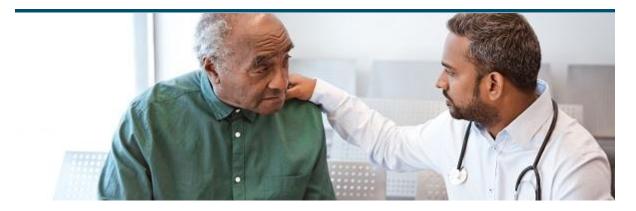
## PEDIATRIC FOOD ALLERGIES

According to Food Allergy Research & Education (FARE), "32 million Americans have food allergies, including 5.6 million children under age 18. That's one in 13 children, or roughly two in every classroom...[and] about 40 percent of children with food allergies are allergic to more than one food."

In this course, you'll review allergy terminology and the allergy-focused history; identify strategies for the prevention of food allergy development; and analyze several common food allergy myths and misconceptions.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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# PODCAST: USING TEAM-BASED NUTRITION CARE STRATEGIES TO OPTIMIZE OUTPATIENT QUALITY CARE

Population health is an approach that aims to improve the health outcomes of the entire population, and to reduce health inequities among population segments. To reach these objectives, it considers the broad range of factors that have a strong influence on physical,

mental and social well-being.

In this two-episode series, Dr Francis Colangelo, Premier Medical Associates' (PMA) Chief Quality Officer, and Dr Ezz-Eldin Moukamal, Chief Medical Officer, discuss how to use population health strategies to more effectively identify and treat poor nutrition. They also discuss why these strategies are important to help improve patient outcomes and reduce healthcare costs over time, and how establishing their own program made such a difference to their patients.

Want more podcast episodes on population health? Listen to "Individualized Medicine & Nutrition in the Digital Era," with Asif Ali, MD.

HEAR PODCAST



# PEDIATRIC TUBE FEEDING

Enteral nutrition is an important and essential technique to deliver nutrition to children who are acutely ill or have chronic conditions. Sometimes, however, enteral nutrition isn't part of medical school courses or specifically taught in pediatric residency programs.

In this course, you'll learn how to identify children that may require tube feeding; recognize the influencing factors for proper tube selection and placement; discuss nutritional challenges for pediatric tube-fed patients and their families; and review how to care for tube feeding sites to minimize complications.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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