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ANHI UK July 2021 Newsletter

LET'S TALK TOLERANCE: OPTIMISING NUTRITIONAL SUPPORT AND PATIENT OUTCOMES IN THE ICU AND BEYOND

In this webinar, Vicky Davies, RD, will describe the symptoms of gastrointestinal intolerance, associated patient types and nutritional challenges associated with gastrointestinal complications; discuss local strategies for improving nutritional support and feeding tolerance in the neuro intensive care setting; and review and examine the processes that can be used to address feeding intolerance in other clinical settings.

DATE: Wednesday, 28 July

TIME:

- 1-2 PM ET
- 6-7 PM BST
- 7-8 PM CET

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HOT TOPICS IN THE DIETARY MANAGEMENT OF IBD

In this 18-minute podcast, Lauren Arpe, RD, discusses the latest evidence-based practice in the dietary management of inflammatory bowel disease (IBD); reviews the role of the gut microbiome in relation to IBD; and explores factors that can impact the gut microbiome of patients with IBD.

[HEAR PODCAST](#)

THE ESTABLISHMENT OF A HEALTHY INFANT MICROBIOME & THE ROLE OF HUMAN MILK OLIGOSACCHARIDES

In this 30-minute podcast, Akshay Batra, MBBS, MD, MRCPCH, and Jane Schlezinger, RD, BsC (Hons), PG Cert. Allergy, will discuss the infant microbiome, including how it develops, why it's important for infant health, and how specifically human milk oligosaccharides impact gut health and beyond.

[HEAR PODCAST](#)

AN ALLERGY MODULATING HUMAN MILK OLIGOSACCHARIDE: 2'FUCOSYLLACTOSE

In this course, you'll review clinical studies supporting the immune benefits of 2'-fucosyllactose (2'-FL), discuss preclinical evidence of 2'-FL effects on food allergy and potential mechanisms of action, and describe the possible role of 2'-FL in enhancing oral tolerance. Originally presented as a live webinar on 3 June 2020.

[ENROLL](#)

SARCOPENIC OBESITY: NUTRITIONAL AND EXERCISE INTERVENTIONS TO IMPROVE PATIENT OUTCOMES

In this 32-minute ANHI Power of Nutrition Podcast episode, Richard Kirwan, PhD researcher, and Imogen Watson, RD, discuss sarcopenic obesity, the obesity paradox, the effects of muscle mass and cardiometabolic health in the cardiac rehabilitation population and nutrition and exercise interventions to address these conditions.

[HEAR PODCAST](#)

REMOTE MALNUTRITION APPLICATION FOR PRIMARY PRACTICE (RMAPP)

In this 22-minute podcast, Ione de Brito-Ashurst, PhD, discusses the need for telemedicine, especially in relation to nutritional screening; defines why nutritional intervention to manage malnutrition is essential for improved patient outcomes; reviews a new remote nutritional screening tool to measure malnutrition and muscle loss: Remote Malnutrition Application in Primary Practice (RMAPP); and explores assessment and nutrition interventions for patients at risk of malnutrition/muscle loss.

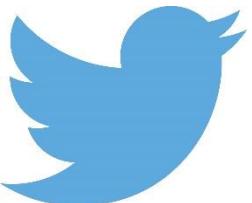
[HEAR PODCAST](#)

UNDERSTANDING FOOD PROTEIN-INDUCED ENTEROCOLITIS SYNDROME (FPIES): A DIETETIC-LED APPROACH TO MANAGEMENT

In this video, Carina Venter, PhD, RD, discusses the presentation and management of non-IgE mediated cow's milk allergy in relation to FPIES; demonstrates how symptom resolution is possible using an appropriate amino acid-based formula; and assesses the impact of FPIES on nutritional status and growth in infancy with reference to current national and international guidelines.

[WATCH VIDEO](#)

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