

# ANHI Course Catalog – as of 5 August 2024

*Self-study and group programs*

## Neonatal

- [Acute Kidney Injury in the NICU Patient](#)
- [An Allergy Modulating Human Milk Oligosaccharide – 2'-Fucosyllactose](#)
- [Benefits of Breastfeeding](#)
- [Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad](#)
- [Eat, Sleep, Console](#)
- [Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New](#)
- [Human Milk Oligosaccharides in the Preterm Infant: Impact on the Developing Immune System](#)
- [Implementing Individualized Infant Feeding: All About the Cues and More](#)
- [Marijuana Use During Pregnancy and Breastfeeding: Weeding Through the Evidence](#)
- [Neonatal Fundamentals: Discharge and Follow-Up](#)
- [Neonatal Fundamentals: Enteral Nutrition](#)
- [Neonatal Fundamentals: Infant Nutrition Assessment](#)
- [Neonatal Fundamentals: Parenteral Nutrition](#)
- [Neonatal Opioid Withdrawal Syndrome](#)
- [Neonatal Short Bowel Syndrome](#)
- [Nutrition Assessment of the Preterm Infant](#)
- [Nutrition Management of Refeeding Syndrome in the Critically Ill Child and Neonate](#)
- [Optimizing Human Milk in the NICU and at Discharge](#)
- [Safeguarding Preparation and Delivery of Infant Feedings in the NICU](#)
- [Spotlight on the Gut-Brain Axis](#)
- [Strategies for the Development of Safe Oral Feeding Among Preterm Infants](#)

## Neonatal

- [The Emerging Role of the Gut Microbiome in Health and Immunity](#)
- [The Puzzle of the Infant Brain: Association of Nutrients with Cognitive Development](#)
- [Understanding the Impact of HMOs: A Closer Look at the Evidence and Supporting Research](#)
- [What's New in the Science of HMOs: New Research and Future Directions](#)

**Note:** See Pediatric, Adult & Professional Development courses beginning on the next page.

## Pediatric

- [Advances in Propionic Acidemia](#)
- [Detecting Pediatric Malnutrition: Tools for Screening and Criteria for Diagnosing](#)
- [Energy Expenditure in Fatty Acid Oxidation Disorders](#)
- [Ethical Issues in Pediatric Care](#)
- [Identification and Diagnosis of Pediatric Malnutrition](#)
- [Hot Topics in Pediatric Nutrition](#)
- [Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores](#)
- [Nutrition During Childhood Cancer Treatment: Current Understanding and a Path for Future Research](#)
- [Nutrition for the Neurologically Impaired Child](#)
- [Nutrition Interventions in Sick Pediatric Patients](#)
- [Nutritional Management of Pompe Disease](#)
- [Pediatric Intestinal Failure](#)
- [Pediatric Nutrition-Focused Physical Exam](#)
- [Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients \(Part 1\)](#)
- [Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients \(Part 2\)](#)
- [Practical Strategies for Achieving Growth Potential in Children](#)
- [The Importance of Anthropometric Data in Infant and Pediatric Populations](#)
- [Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition](#)
- [Utilization of NHANES Data to Assess Pediatric Undernutrition](#)
- [Using Biochemical Laboratory Results to Inform Dietary Management](#)

**Note:** See Adult & Professional Development courses beginning on the next page.

## Adult

- [Adapting the Nutrition-Focused Physical Exam to Identify Adult Malnutrition in Critically Ill Patients with Obesity](#)
- [Addressing Gastrointestinal Tolerance in the ICU Setting](#)
- [Addressing Weight Stigma in the Healthcare Setting](#)
- [Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU](#)
- [Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change](#)
- [Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients](#)
- [Bariatric Surgery: Developing an Understanding of the Evidence, Procedures and Expected Outcomes \(Module 1\)](#)
- [Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU](#)
- [Carbohydrate Quality: What Do I Tell My Patients?](#)
- [Choosing Wisely: Enteral Feeding Tube Selection, Placement and Considerations](#)
- Critical Care Series:
  - [Implementing Early Feeding Practices in Critical Care](#)
  - [Improving the Quality of Nutrition Care for Critically Ill Patients](#)
  - [Making Early Enteral Nutrition Happen](#)
  - [The Importance of Early Enteral Nutrition for Critically Ill Patients](#)
- [Identifying Considerations Across the Continuum of Care: Best Practices for a Multidisciplinary Approach \(Module 4\)](#)
- [Enteral Nutrition Tolerance and Gut Health](#)
- [Enteral Nutrition: Transitions of Care From Hospital to Home](#)
- [Enteral Tube Feeding 101](#)
- [Enteral Tube Feeding: Gastrointestinal Complications](#)
- [Enteral Tube Feeding: Surgical and Metabolic Complications](#)

## Adult, Continued

- [Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations](#)
- [Good Tubes Gone Bad: Management and Prevention of Common Tube Site Complications](#)
- [Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care](#)
- [Malnutrition Screening in Patients with Obesity in the Hospital Setting](#)
- [Measuring Body Composition and Optimal Nutrition Support in the ICU Setting](#)
- [New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes](#)
- [Nutrition and Wounds: Implementing an Evidence-Based Plan of Care](#)
- [Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes](#)
- [Nutrition Focused Physical Exam - Part 1: Subcutaneous Fat and Muscle Loss](#)
- [Nutrition Focused Physical Exam - Part 2: Micronutrients, Fluid Accumulation and Functional Status](#)
- [Optimal Nutrition Therapy During and Post-ICU](#)
- [Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population](#)
- [Practical Applications: Providing Culturally Relevant, Person-Centered Diabetes Care](#)
- [Practical Management of Home Tube Feeding](#)
- [Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients \(Part 1\)](#)
- [Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients \(Part 2\)](#)
- [Putting Evidence into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting](#)
- [Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery \(Module 2\)](#)
- [Special Considerations: Impacting Enhanced Recovery After Surgery \(ERAS\) in Patients with Diabetes](#)
- [Successful Transition of Tube Feeding: From Hospital to Home](#)
- [Transforming Healthcare Delivery: Leveraging the Global Malnutrition Composite Score for Quality Improvement, Health Equity, and Patient Outcomes](#)

## Adult, Continued

- [The Long and Short of It: Postoperative Nutrition to Support Long-term Success After Bariatric Surgery \(Module 3\)](#)
- [The Role of Nutrition in Pressure Injury Management in Patients with Diabetes](#)
- [Traumatic Brain Injury: Emerging Research, Clinical Consequences, and Nutrition Recommendations from a Multidisciplinary Perspective \(Part 1\)](#)
- [Traumatic Brain Injury: Emerging Research, Clinical Consequences, and Nutrition Recommendations from a Multidisciplinary Perspective \(Part 2\)](#)
- [Update on the 2022 ASPEN Critical Care Guidelines](#)
- [When it Matters Most: Muscle and Nutrition in Critical Care](#)
- [Wound Module 1: A Closer Look: Understanding Chronic Wounds](#)
- [Wound Module 2: Pressure Injuries and the Management of Chronic Wounds](#)
- [Wound Module 3: Making the Connection: Chronic Wounds and Nutrition](#)

**Note:** See Professional Development courses on the next page.

## Professional Development

- [A New Code: Creating a Culture of Compassion Amongst Colleagues in Healthcare](#) \*
- [Cultivating a Healthy Work Culture by Addressing Bullying and Incivility](#)
- [Is There a Role for Nutrition in the Management of Maternal Mood Disorders?](#)
- [LGBTQ+ Diversity in Maternal Child Healthcare](#) \*
- [Motivational Interviewing: Application in Working with Patients and Families](#)

\* These courses are accredited for RN CE only