ANHI Course Catalog — as of 14 June 2024

Self-study and group programs

Neonatal

- Acute Kidney Injury in the NICU Patient
- Benefits of Breastfeeding
- Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad
- Eat, Sleep, Console
- Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New
- Human Milk Oligosaccharides in the Preterm Infant: Impact on the Developing Immune System
- Implementing Individualized Infant Feeding: All About the Cues and More
- Neonatal Fundamentals: Discharge and Follow-Up
- Neonatal Fundamentals: Enteral Nutrition
- Neonatal Fundamentals: Infant Nutrition Assessment
- Neonatal Fundamentals: Parenteral Nutrition
- Neonatal Opioid Withdrawal Syndrome
- Neonatal Short Bowel Syndrome
- Nutrition Assessment of the Preterm Infant
- Nutrition Management of Refeeding Syndrome in the Critically Ill Child and Neonate
- Spotlight on the Gut-Brain Axis
- Strategies for the Development of Safe Oral Feeding Among Preterm Infants
- The Emerging Role of the Gut Microbiome in Health and Immunity
- The Puzzle of the Infant Brain: Association of Nutrients with Cognitive Development
- Understanding the Impact of HMOs: A Closer Look at the Evidence and Supporting Research
- What's New in the Science of HMOs: New Research and Future Directions
Pediatric

- Advances in Propionic Acidemia
- Detecting Pediatric Malnutrition: Tools for Screening and Criteria for Diagnosing
- Energy Expenditure in Fatty Acid Oxidation Disorders
- Ethical Issues in Pediatric Care
- Identification and Diagnosis of Pediatric Malnutrition
- Hot Topics in Pediatric Nutrition
- Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores
- Nutrition During Childhood Cancer Treatment: Current Understanding and a Path for Future Research
- Nutrition for the Neurologically Impaired Child
- Nutrition Interventions in Sick Pediatric Patients
- Nutritional Management of Pompe Disease
- Pediatric Intestinal Failure
- Pediatric Nutrition-Focused Physical Exam
- Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 1)
- Peri-Operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 2)
- Practical Strategies for Achieving Growth Potential in Children
- The Importance of Anthropometric Data in Infant and Pediatric Populations
- Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition
- Utilization of NHANES Data to Assess Pediatric Undernutrition
- Using Biochemical Laboratory Results to Inform Dietary Management
Adult

- Adapting the Nutrition-Focused Physical Exam to Identify Adult Malnutrition in Critically Ill Patients with Obesity
- Addressing Gastrointestinal Tolerance in the ICU Setting
- Addressing Weight Stigma in the Healthcare Setting
- Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU
- Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change
- Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients
- Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU
- Carbohydrate Quality: What Do I Tell My Patients?
- Choosing Wisely: Enteral Feeding Tube Selection, Placement and Considerations
- Enteral Nutrition Tolerance and Gut Health
- Enteral Nutrition: Transitions of Care From Hospital to Home
- Enteral Tube Feeding 101
- Enteral Tube Feeding: Gastrointestinal Complications
- Enteral Tube Feeding: Surgical and Metabolic Complications
- Good Tubes Gone Bad: Management and Prevention of Common Tube Site Complications
- Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care
- Malnutrition Screening in Patients with Obesity in the Hospital Setting
- Measuring Body Composition and Optimal Nutrition Support in the ICU Setting
- Nutrition and Wounds: Implementing an Evidence-Based Plan of Care
- Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes
- Nutrition Focused Physical Exam - Part 1: Subcutaneous Fat and Muscle Loss
- Nutrition Focused Physical Exam - Part 2: Micronutrients, Fluid Accumulation and Functional Status
Adult, Continued

- Optimal Nutrition Therapy During and Post-ICU
- Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population
- Practical Applications: Providing Culturally Relevant, Person-Centered Diabetes Care
- Practical Management of Home Tube Feeding
- Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 1)
- Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 2)
- Putting Evidence into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting
- Special Considerations: Impacting Enhanced Recovery After Surgery (ERAS) in Patients with Diabetes
- Successful Transition of Tube Feeding: From Hospital to Home
- Transforming Healthcare Delivery: Leveraging the Global Malnutrition Composite Score for Quality Improvement, Health Equity, and Patient Outcomes
- The Role of Nutrition in Pressure Injury Management in Patients with Diabetes
- Traumatic Brain Injury: Emerging Research, Clinical Consequences, and Nutrition Recommendations from a Multidisciplinary Perspective (Part 1)
- Traumatic Brain Injury: Emerging Research, Clinical Consequences, and Nutrition Recommendations from a Multidisciplinary Perspective (Part 2)
- Update on the 2022 ASPEN Critical Care Guidelines
- When it Matters Most: Muscle and Nutrition in Critical Care
- Wound Module 1: A Closer Look: Understanding Chronic Wounds
- Wound Module 2: Pressure Injuries and the Management of Chronic Wounds
- Wound Module 3: Making the Connection: Chronic Wounds and Nutrition
Professional Development

- A New Code: Creating a Culture of Compassion Amongst Colleagues in Healthcare*
- Cultivating a Healthy Work Culture by Addressing Bullying and Incivility
- LGBTQ+ Diversity in Maternal Child Healthcare*
- Is There a Role for Nutrition in the Management of Maternal Mood Disorders?

* These courses are accredited for RN CE only