



ANHI
ABBOTT NUTRITION
HEALTH INSTITUTE



ANHI AROUND THE WORLD & IN YOUR COUNTRY

For more than 13 years, our mission at Abbott Nutrition Health Institute has been to connect and empower people through science-based nutrition education and resources to optimize health worldwide. In other words, we've always been a global digital platform. But now, we're also beginning to customize our offerings by country, starting with:



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We'll create ANHI sites for additional countries in 2021, so please check back often.

[TOUR THE SITES](#)



ONCOLOGY & NUTRITION CONTINUING EDUCATION SERIES

In this two-part series, Jyoti Benjamin, MS, RD, CSO, CD, FAND, and Annette Quinn, MSN, RN, will describe how good nutrition can benefit oncology patients, and how multidisciplinary approaches in nutrition care can improve patient outcomes.

FREE continuing education: 2.0 RN CE; 2.0 RD CPEU

Part One: Optimal Nutrition Care to Improve Outcomes for Oncology Patients

- Identify the prevalence and impact of poor nutrition in oncology patients
- Describe how good nutrition and side effect management benefits oncology patients
- Discuss the importance of nutrition screening and highlight how early and regular nutrition intervention plays an integral role in improving oncology patient outcomes

Part Two: Optimal Multidisciplinary Approaches in the Nutrition Care of Oncology Patients

- Highlight the benefits of a multidisciplinary team approach
- Describe tools and collaborative strategies for the multidisciplinary team to manage patients' nutrition needs
- Discuss how to influence protocols in oncology clinics to better address malnutrition related to cancer diagnoses and treatments

[ENROLL IN SERIES](#)



PEDIATRIC MALNUTRITION CERTIFICATE OF TRAINING

The World Health Organization reports that one-third of the global population suffers from malnutrition complications, like stunting, wasting, obesity, vitamin and mineral deficiency, and some non-communicable diseases. In this certificate of training program on pediatric malnutrition, you'll learn what you can do to reduce the burden of malnutrition in the communities you serve.

To complete your certificate, you'll enroll in and complete seven required courses, three electives and a capstone exam.

FREE continuing education: 10.0 RN CE; 10.0 RD CPEU

Note: Four of the programs under this certificate are completely new:

- [Pediatric Nutrition-Focused Physical Exam](#) (1.0 RN CE; 1.0 RD CPEU)
- [Identification & Diagnosis of Pediatric Malnutrition](#) (1.0 RN CE; 1.0 RD CPEU)
- [Nutrition Assessment of the Preterm Infant](#) (1.0 RN CE; 1.0 RD CPEU)
- [The Importance of Anthropometric Data in Infant & Pediatric Populations](#) (1.0 RN CE; 1.0 RD CPEU)

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2020 CYSTIC FIBROSIS NUTRITION PRACTICE GUIDELINE

In this 18-minute podcast episode, Catherine M McDonald, PhD, MS, RDN, CSP, discusses The Academy of Nutrition & Dietetics' Evidence Analysis Center systematic review of the literature to develop an evidence-based practice guideline for primary nutrition issues in cystic fibrosis.

[HEAR PODCAST](#)

What is Leucine?

- Leucine is one of nine essential amino acids, a branched chain amino acid, that must be consumed in the diet.
- Leucine is important for muscle protein synthesis and many metabolic functions.¹



What is Beta-hydroxy-beta-methylbutyrate (HMB)?

- HMB is a metabolite derived from the amino acid leucine.
- HMB works with protein and amino acids to support muscle protein synthesis while reducing protein breakdown that can lead to muscle loss.²⁻⁴

[INFOGRAPHIC] THE ROLE OF LEUCINE & B-HYDROXY-B-METHYL BUTYRATE (HMB)

Leucine is one of nine essential amino acids—a branched-chain amino acid—humans need to consume in their diets. It's important for muscle protein synthesis and many metabolic functions. HMB is a metabolite derived from leucine. It works with protein and amino acids to support muscle protein synthesis while reducing protein breakdown that can lead to muscle loss.

Research shows that nutrition strategies that include dietary protein, amino acids and amino acid metabolites can improve muscle mass, strength and function.

[SEE INFOGRAPHIC](#)



[WEBINAR] CROHN'S DISEASE EXCLUSION DIET (CDED) FOR TREATMENT OF IBD

DATE: Wednesday, 11 November

TIME: Noon-1 PM ET

In this live webinar, Lindsey Albenberg, DO, Jen Smith, MS, RD, CSP, LD, LMT, and moderator Sandra Kim, MD, will describe the International Organization for the Study of Inflammatory Bowel Diseases (IOIBD) expert opinion on dietary guidance for IBD; review food groups, dietary components, and food additives selected as the most important to address with patients; and discuss implementation of a CDED with patients in clinical practice.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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UTILIZING THE MALNUTRITION QUALITY IMPROVEMENT INITIATIVE (MQii) TO STRENGTHEN TRANSITIONS OF CARE

In this course, you'll review best-in-class examples describing how to capture data from key nutrition interventions; describe the critical role of the dietitian in leading interdisciplinary teams to improve patient outcomes; and demonstrate how to improve nutrition outcomes in transitions of care by implementing an RDN in-home approach.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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