



ANHI
ABBOTT NUTRITION
HEALTH INSTITUTE



NEW PODCAST EPISODES :: Nutrition & Immunity

In this five-episode podcast series, you'll hear a panel of world-renown experts discuss the role of nutrition and immunity in the wake of the novel coronavirus, COVID-19. (More episodes are coming soon.)

NEW! Here's a list of our latest episodes:

- **NUTRITION SUPPORT OF THE COVID-19 ICU PATIENT**—Dr David Evans and Dr Paul Wischmeyer discuss the role of nutrition and immunity for patients and practitioners fighting the novel coronavirus Covid-19 in the ICU.
- **A REVIEW OF THE SCCM/ASPEN COVID-19 RECOMMENDATIONS**—Dr Stephen McClave offers an insider view of how the SCCM/ASPEN nutrition therapy guidance for Covid-19 patients in the ICU came to be, and explains some of the highlights of these recommendations. Dr McClave was on the team of experts who co-authored this guidance.
- **IMMUNITY & HMO: ANSWERS TO COMMON QUESTIONS ON INFANT FEEDING**—Dr Karyn Wulf and new mother Courtney Krizek offer a question and answer session on best practices for infant feeding in the middle of the Covid-19 pandemic—or any time a nursing baby is hungry when mom isn't feeling well.

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WEBINAR :: GUIDANCE FOR OPTIMIZING ICU CARE

TITLE Nutrition Care of the Covid-19 Patient: Guidance & Strategies for Clinicians to Optimize Care in the ICU

DATE Thursday, 23 April

TIME Noon-1:30 PM ET

In this webinar, Ainsley Malone (MS, RD, LD, CNSC, FAND, FASPEN) will host Steven McClave (MD) and Mary Rath (RD, CNSC, LD) as they:

- Review the new guiding principles and guidelines from SCCM/ASPEN and ESPEN on the nutritional care of patients with Covid-19
- Translate this new guidance into practical nutrition care approaches for clinicians in the ICU setting
- Demonstrate front-line clinician perspectives for addressing nutrition in the Covid-19 patient population

[FREE continuing education: 1.5 RN CE/RD CPEU]

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WEBINAR :: STRATEGIES FOR OPTIMIZING RECOVERY

TITLE Nutrition Care of the Covid-19 Patient: Strategies for Clinicians to Optimize Recovery

DATE Thursday, 30 April

TIME Noon-1:30 PM ET

In this webinar, Refaat Hegazi (MD, PhD, MPH, MS) will host David Evans (MD, EDIC) and Scott Urquhart (PA-C, DFAAPA) as they:

- Examine the impact of ICU stay on the recovery of Covid-19 patients in terms of nutritional status, muscle mass and post-ICU weakness
- Describe clinical challenges with nutrition care in the outpatient setting to optimize recovery
- Discuss practical approaches for clinicians caring for Covid-19 patients in their recovery to optimize outcomes

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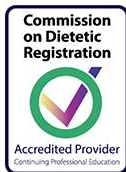
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