



ANHI
ABBOTT NUTRITION
HEALTH INSTITUTE



[WEBINAR] BEYOND THE BASICS: ADDRESSING GI INTOLERANCE IN THE ICU

Gastrointestinal intolerance (GI) has significant clinical implications for critical care patients. Recognizing appropriate prevention practices and identifying effective interventions are key in a patient treatment plan. Join **Dr Kelly Tappenden**, registered dietitian and Professor of Gastrointestinal Physiology at the University of Illinois, Urbana Champaign, as she shares her expertise on GI intolerance in the critical setting. [**FREE continuing education: 1.0 RN CE/RD CPEU**]

In this webinar, you'll:

- Hear about the clinical characteristics and mechanisms of action of GI intolerance in the ICU
- Review evidence-based approaches on how to care for ICU patients with GI intolerance
- Learn methods for tailoring nutrition interventions for ICU patients with GI intolerance

DATE: 27 February 2020

TIME:

- **Option 1:** Noon-1 PM ET
- **Option 2:** 3-4 PM ET

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NUTRITION-FOCUSED PHYSICAL EXAM (2-PART SERIES)

In 2012, the Academy of Nutrition & Dietetics, in partnership with the American Society for Parenteral & Enteral Nutrition (ASPEN) released a consensus statement that defined malnutrition as the presence of two or more of these characteristics:

- Insufficient energy intake
- Weight loss
- Loss of muscle mass
- Loss of subcutaneous fat
- Localized or generalized fluid accumulation
- Decreased functional status

By learning how to conduct a nutrition-focused physical exam (NFPE)—a head-to-toe examination of a patient's physical appearance and function—you can help determine and begin to address your patients' nutritional status by uncovering any signs of malnutrition, nutrient deficiencies, or nutrient toxicities.

In this two-part series on the nutrition-focused physical exam, you'll review the prevalence of malnutrition in the adult population; learn how to help identify malnutrition and micronutrient deficiencies; evaluate muscle and fat loss, and more.

FREE continuing education: 1.0 RN CE/1.0 RD CPEU per course

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DETECTING PEDIATRIC MALNUTRITION

In 2018, globally 149 million children under 5 years of age were stunted, 49 million wasted and 40 million overweight, according to the World Health Organization. This means malnutrition is likely to exist in your patient population, and it's important to identify and treat the condition early.

In this course, originally presented as a webinar in Dec 2019, you'll review the goals, purpose and definition of malnutrition indicators as defined by ASPEN and AND; use the malnutrition indicators and identify their implications on the diagnosis of pediatric malnutrition; and understand how to implement pediatric malnutrition screening and rescreening tools.

FREE continuing education: 1.0 RN CE/1.0 RD CPEU

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[INFOGRAPHIC] WHY MAINTAINING MUSCLE MATTERS (UPDATED)

Many patients are at risk for muscle loss, especially those with advancing age and those with acute and chronic conditions. This muscle loss can negatively impact outcomes including

functionality, quality of life, recovery and mortality.

In this updated infographic, you'll see the role muscle plays in overall health, and why maintaining muscle matters.

[DOWNLOAD INFOGRAPHIC](#)



EMERGING ROLE OF LUTEIN
ACROSS THE LIFESPAN:
OVERVIEW

Lisa Renzi, PhD
January 10, 2020 • Athens, GA USA



[VIDEO] THE EMERGING ROLE OF LUTEIN ACROSS THE LIFESPAN

Lutein is an antioxidant belonging to a group called carotenoids, which make the bright yellow, red and orange colors in fruits, vegetables and other plants. While lutein's antioxidant effects can occur anywhere in the body, most of this nutrient's activity is concentrated in the eyes and is known for its protective role against macular degeneration. Unfortunately, the human body does not naturally make the lutein it needs. Getting daily amounts of lutein through diet or nutritional supplements can help maintain good eye health.

In this brief video featuring Lisa Renzi, PhD, you'll learn more about lutein as a dietary carotenoid and review its various roles in the nervous system.

[WATCH VIDEO](#)



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We've updated our Continuing Education Course Catalog to include our latest free accredited course offerings. Explore what's new, then take a course online at a time that best fits your schedule or contact your Abbott Nutrition representative to schedule a group program in your facility.

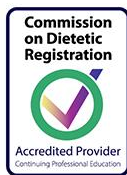
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