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[SELF-STUDY COURSE]
**Lactation Support:
Incorporating Telemedicine into Practice**

In this course, Jamie B Owens, RN, IBCLC, an International Board-Certified Lactation Consultant, will: describe the benefits of human milk and breastfeeding; review strategies to help overcome common barriers; and discuss breastfeeding support through telemedicine. **Note:** We originally presented this program as a live webinar on 20 August 2020.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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**Health Economic Outcomes Research:
Impact & Value of Surgical Nutrition**

In this course, Cory Brunton, MS, BSN, RN, Kirk Kerr, PhD, and Cheryl Crisafi, MSN, RN, CNL, describe the role and importance of perioperative nutrition; provide examples of health economics outcomes research that investigate the role of surgical nutrition; and discuss best practice recommendations to successfully implement a hospital based surgical nutrition quality improvement program. **Note:** We originally presented this program at the 2020 Virtual Academy of Medical-Surgical Nurses Conference.

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[ARTICLE]

New Dietary Guidelines Include Focus on Older Adults

The latest Dietary Guidelines for Americans (DGAs) highlight the importance of a healthy diet at every life stage, including for older adults. This American Society on Aging blog unpacks some of the DGA recommendations for those ages 60+ and discusses an opportunity for policy advocacy.

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Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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