

PROGRAM OBJECTIVES

- Discuss the results of the NIH's BEGIN (Breastmilk Ecology: Genesis of Infant Nutrition) project.
- Review the composition of human milk and the impact that length of gestation, mother's diet and xenobiotics can have on milk quality.
- Describe the impact of maternal obesity on labor progression, anesthesia, cesarean birth, postpartum complications, and neonatal outcome.
- Describe the essential elements of a post discharge feeding plan in the term, late preterm and preterm infant.

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses

REGISTRATION (ONLINE ONLY)

RN CE credit: **4.25**
RD CPEU credit: **4.25**

**CLICK HERE OR SCAN
THE QR CODE TO
REGISTER:**



FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Michele Hanks
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For registration questions,
contact Eat Well Global,
anhiwebinars@eatwellglobal.com

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity has been prior-approved by the Commission on Dietetic Registration (CDR). CDR credentialed practitioners will receive the specified continuing professional education units (CPEUs) for completion of this program/material.



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CURRENT TOPICS IN PERINATAL AND NEONATAL CARE

WEBINAR
WEDNESDAY, JULY 31, 2024
10 AM EDT – 2:30 PM EDT

SPEAKERS
Sharon Groh-Wargo, PhD, RD
Nancy O'Brien-Able, MN, RNC-OB

**THIS CONFERENCE QUALIFIES
FOR: 4.25 CE_s FOR NURSES
4.25 CPEUS FOR DIETITIANS**

OUR SPEAKERS



Sharon Groh-Wargo

PhD, RD

Dr. Groh-Wargo has over 40 years of experience as a neonatal dietitian, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is a contributor to all three editions of the Academy of Nutrition and

Dietetics' Pocket Guide to Neonatal Nutrition and authored a chapter on "Lactoengineering" for the 3rd edition of *"Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities"*. She participated in the *BEGIN Project - Breastmilk Ecology: Genesis of Infant Nutrition* - sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.



Nancy O'Brien-Abel

MN, RNC-OB

Nancy is a Perinatal Clinical Nurse Specialist with over 35 years of experience in caring for women with normal and complicated pregnancies. She is an Affiliate Instructor at the University of Washington School of Nursing and a former Teaching Associate for the department

of Obstetrics and Gynecology at the University of Washington Medical School. Nancy is a nationally recognized speaker, author, and consultant on nursing care of women in labor and birth, fetal monitoring, and patient safety. She is an active member of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), contributing to various position statements, evidence-based clinical practice guidelines, and authoring chapters in AWHONN's *Fetal Heart Monitoring Principles and Practice* and in AWHONN's *Perinatal Nursing*. She is an Editorial Board member for the *American Journal of Maternal-Child Nursing*. Nancy received her Master's in Nursing from the Perinatal CNS Program at the University of Washington and is NCC certified. She is passionate about improving the quality of perinatal care for mothers and neonates through current evidence-based clinical practice.

10:00AM - 10:05AM

WELCOME

10:05AM - 11:15AM

HUMAN MILK QUALITY: BEYOND THE BASICS

Sharon Groh-Wargo, PhD, RD

11:15AM - 11:25AM

BREAK

11:25AM - 12:40PM

OBESITY EPIDEMIC: IMPACT ON PREGNANCY, LABOR AND BIRTH, POSTPARTUM AND NEONATAL CARE

Nancy O'Brien-Able, MN, RNC-OB

12:40PM - 12:55PM

BREAK

12:55PM - 2:10PM

NEONATAL NUTRITION AT HOSPITAL DISCHARGE ACROSS THE GESTATIONAL AGE SPECTRUM

Sharon Groh-Wargo, PhD, RD

2:10PM - 2:30PM

Q&A / ADJOURN

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