



**FREE**  
**1.0**  
RN | CE  
RD | CPEU\*

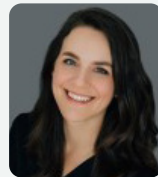
## WEBINAR: The Holistic Support of Patients Post Metabolic-Bariatric Surgery in Primary Care: Nutrition, Muscle Health, and Beyond

### LEARNING OBJECTIVES:

- Discuss best practices and communication considerations for primary care providers to holistically support patients post metabolic-bariatric surgery.
- Identify the role of lean body mass preservation in patient outcomes post metabolic-bariatric surgery.
- Discuss the long-term nutrition and lifestyle considerations for patients post metabolic-bariatric surgery.
- Explore opportunities to reframe the conversation around weight management to include muscle health and body composition.

### SPEAKERS:

#### MODERATOR:



**JILLIAN HYTTEHOVE**  
MA, RD, CSOWM, LDN, CHES

Medical Affairs & External Engagement Liaison  
Medical Affairs & Research, Abbott Nutrition  
Columbus, OH, USA

#### SPEAKERS:



**KARLI BURRIDGE**  
PA-C, MMS, FOMA

Founder, Gaining Health  
Physician Associate and Fellow,  
Obesity Medicine Association  
Glen Ellyn, IL, USA



**NINA CROWLEY**  
PhD, RDN, LD

Professional Affiliations and Education Manager  
seca Medical Measuring Systems and Scales,  
Medical Body Composition Division  
Mt Pleasant, SC, USA

### MEETING INFORMATION:

Date: Tuesday, May 28, 2024

Time: 12-1 PM ET

[Webinar Registration Link](#)



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Participants can only claim credit for one of the learning formats (live program, group program, or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

\*The CPE activity application for The Holistic Support of Patients Post Metabolic-Bariatric Surgery in Primary Care: Nutrition, Muscle Health, and Beyond is pending CDR review and approval for 1.0 CPEUs.

