PROGRAM OBJECTIVES

- Define the types of perinatal anxiety disorders and identify treatment options.
- Describe the nutritional challenges in caring for the infant of a diabetic mother (IDM).
- Explore self-care techniques that will assist in stress management and improve coworker interaction.
- Describe the essential elements of a post discharge feeding plan in the term, late preterm and preterm infant.
- Discuss the specific needs for diverse families and review communication techniques to provide objective and individualized maternity care to all families.

REGISTRATION (ONLINE ONLY)

RN CE credit: 5.75
RD CPEU credit: 5.75*
TUITION: $15
REGISTER ONLINE BY: JUNE 14TH
CLICK HERE OR SCAN THE QR CODE TO REGISTER:

Payment accepted via credit card, debit card or check.

For a full refund, cancellations must be made at least one week prior to the

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Patrice Scott
patrice.scott@abbott.com
Justin Turner
justin.turner@abbott.com

For registration questions, contact The Curry Rockefeller Group, LLC (866) 320-5806

*The CPE activity application for this program is pending CDR review and approval for 5.75 CPEUs.

THE CHALLENGES OF CARING FOR FAMILIES AND SELF IN MATERNAL-CHILD HEALTHCARE

TUESDAY, JUNE 25, 2024
8:30 AM - 3:30 PM CDT

Hotel Zaza Museum District
5701 Main St.
Houston, TX 77005

SPEAKERS

Sharon Groh-Wargo, PhD, RD
Bonnie Gahn, MSN, MA, APRN

THIS CONFERENCE QUALIFIES FOR:
5.75 CEs FOR NURSES
5.75* CPEUS FOR DIETITIANS

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

This educational activity has been prior-approved by the Commission on Dietetic Registration (CDR). CDR credentialed practitioners will receive the specified continuing professional education units (CPEUs) for completion of this program/material.
**OUR SPEAKERS**

**Sharon Groh-Wargo**  
PhD, RD  
Dr. Groh-Wargo has over 40 years of experience as a neonatal dietitian, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is a contributor to all three editions of the Academy of Nutrition and Dietetics’ Pocket Guide to Neonatal Nutrition and authored a chapter on “Lactoengineering” for the 3rd edition of “Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities”. She participated in the BEGIN Project – Breastmilk Ecology: Genesis of Infant Nutrition - sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.

**Bonnie F. Gahn**  
MSN, MA, APRN  
Bonnie recently retired from the position of Manager of Nursing Education for the Abbott Nutrition Health Institute. However, she continues to work as an educational consultant with ANHI. She also maintains an Adjunct Professor position at The Ohio State University College of Nursing. She has over 35 years of experience in clinical, clinical research, educational and administrative positions within nursing. Her passion is in the NICU and her presentations combine evidence-based research with practical application. She lectures across the country on neonatal clinical topics and professional development topics such as effective communication and intergenerational teams.

**SCHEDULE**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00AM - 8:30AM</td>
<td>REGISTRATION/BREAKFAST</td>
</tr>
<tr>
<td>8:30AM - 9:30AM</td>
<td>PERINATAL ANXIETY DISORDER: IMPACT ON MOM, BABY AND FAMILY</td>
</tr>
<tr>
<td></td>
<td>Bonnie Gahn, MSN, MA, APRN</td>
</tr>
<tr>
<td>9:30AM - 9:45AM</td>
<td>BREAK</td>
</tr>
<tr>
<td>9:45AM - 10:55AM</td>
<td>BIG BABIES: INFANTS OF DIABETIC MOTHERS IN THE NICU AND BEYOND</td>
</tr>
<tr>
<td></td>
<td>Sharon Groh-Wargo, PhD, RD</td>
</tr>
<tr>
<td>10:55AM - 12:00PM</td>
<td>SELF-CARE PRACTICES IN TODAY’S HEALTHCARE ENVIRONMENT</td>
</tr>
<tr>
<td></td>
<td>Bonnie Gahn, MSN, MA, APRN</td>
</tr>
<tr>
<td>12:00PM - 12:45PM</td>
<td>LUNCH</td>
</tr>
<tr>
<td>12:45PM - 2:00PM</td>
<td>NEONATAL NUTRITION AT HOSPITAL DISCHARGE ACROSS THE GESTATIONAL AGE SPECTRUM</td>
</tr>
<tr>
<td></td>
<td>Sharon Groh-Wargo, PhD, RD</td>
</tr>
<tr>
<td>2:00PM - 2:15PM</td>
<td>BREAK</td>
</tr>
<tr>
<td>2:15PM - 3:15PM</td>
<td>EVERY FAMILY IS UNIQUE: DIVERSITY IN MATERNAL CHILD HEALTHCARE</td>
</tr>
<tr>
<td></td>
<td>Bonnie Gahn, MSN, MA, APRN, Sharon Groh-Wargo, PhD, RD</td>
</tr>
<tr>
<td>3:15PM - 3:30PM</td>
<td>Q&amp;A / ADJOURN</td>
</tr>
</tbody>
</table>

Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. If you have questions or concerns about an ANHI program meeting accreditation standards, please contact us or provide feedback to CDR: QualityCPE@eatright.org.