

OBJECTIVES

- Describe best practices in nutrition that build healthy bones and control reflux symptoms in preterm infants.
- Review how evidence-based skin care practices can protect the newborn's microbiome.
- Describe the essential elements of a post discharge feeding plan in the term, late preterm and preterm infant.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

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For registration questions, contact
The Curry Rockefeller Group, LLC
(866) 320-5806

REGISTRATION (ONLINE ONLY)

TO REGISTER ONLINE, PLEASE VISIT:

<https://info.eatwellglobal.com/nutrition-and-skin-care-in-the-nicu-patient>

RN: 4 CE_s

RD: 4 CPEU_s

WHO SHOULD ATTEND:

Advanced Practice Nurses, Clinical Nurse Specialists, Clinical Nutrition Managers, Lactation Consultants, Mother-Baby Nurses, Neonatal Registered Dietitians, Neonatal/Nursery Nurses, Neonatal Nurse Practitioners, Nurse Educators, Registered Dietitians, Registered Nurses, Labor and Delivery Nurses



NUTRITION AND SKIN CARE IN THE NICU PATIENT

WEBINAR
MONDAY, NOVEMBER 6, 2023
8:30 AM – 1:00 PM PST

PRE-REGISTRATION REQUIRED

SPEAKERS

Sharon Groh-Wargo, PhD, RD

Terrie Lockridge, MSN, RNC-NIC, C-ELBW

THIS PROGRAM QUALIFIES FOR:
4 CES FOR REGISTERED NURSES
4 CPEUS FOR REGISTERED DIETITIANS

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.



Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.



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NUTRITION AND SKIN CARE IN THE NICU PATIENT

OUR SPEAKERS



Sharon Groh-Wargo
PhD, RD

Sharon Groh-Wargo PhD, RDN is Professor, Nutrition and Pediatrics, at Case Western Reserve University School of Medicine in Cleveland, Ohio. Dr. Groh-Wargo has over 40 years of experience as a neonatal dietitian, is a nationally known speaker and researcher, and has authored numerous publications on neonatal nutrition. She is a contributor to all three editions

of the Academy of Nutrition and Dietetics' *Pocket Guide to Neonatal Nutrition* and authored a chapter on "Lactoengineering" for the 3rd edition of *Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities*. She participates in the BEGIN Project – *Breastmilk Ecology: Genesis of Infant Nutrition* – sponsored by the NIH in cooperation with the Academy of Nutrition and Dietetics, which was convened to investigate human milk as a unique biological system. Dr. Groh-Wargo received the Academy of Nutrition and Dietetics' Medallion Award in recognition of her professional contributions.



Terrie Lockridge
MSN, RNC-NIC, C-ELBW

Terrie is a neonatal clinical nurse specialist with many years of professional practice devoted to supporting newborns at risk. She has experience in many different aspects of neonatal critical care, including ECMO, post-operative cardiac care, neuroprotection, transport, delivery room resuscitation, and stabilization. Terrie is a member of the

National Association of Neonatal Nurses (NANN), the Academy of Neonatal Nurses (ANN) and past president of the Pacific NW Association of Neonatal Nurses (PNANN). She has been a STABLE Program and Neonatal Resuscitation Program (NRP) Instructor since the start of both curriculums. Terrie is an accomplished author, having contributed to peer reviewed journals and textbook chapters. She is a recipient of the DAISY Award for Extraordinary Nurses. Terrie currently works as a NICU nurse at a Seattle tertiary center with nearly 10,000 births yearly, and she brings a practical approach to her educational offerings that combines pragmatic clinical information with the latest in evidence-based practice.

8:30AM-8:40AM	WELCOME/INTRODUCTIONS
8:40AM-9:50AM	Nutritional Management of the Patient with GERD and Preterm Infant Bone Health Sharon Groh-Wargo, PhD, RD
9:50AM-10:00AM	BREAK
10:00AM-11:20AM	Newborn Skin Microbiome - Impact of Skin Care Practices Terrie Lockridge, MSN, RNC-NIC, C-ELBW
11:20AM-12:30PM	Neonatal Nutrition at Hospital Discharge Across the Gestational Age Spectrum Sharon Groh-Wargo, PhD, RD
12:30PM-12:50PM	Q&A
12:50PM-1:00PM	EVALUATION/ADJOURN

In addition to completing an online evaluation, participants of our programs can provide feedback directly to CDR at www.cdrnet.org.