



**ANHI**  
ABBOTT NUTRITION  
HEALTH INSTITUTE

# IMPROVING LIVES THROUGH THE POWER OF NUTRITION



# At ANHI, we believe nutrition changes lives.

Our goal is to *make it easier* for you to help your patients be well nourished.

We provide you and your patients with *science-based nutrition resources*.

We connect you to the *finest minds in the field* of nutrition.

“I love the idea that children, mothers, families in any part of the world can be happier, healthier and more well, because we have taken the time to make nutrition available to them and important in their lives.”

~ Amie Heap, MPH, RD  
Director of ANHI

# Science & innovation are part of Abbott's DNA.

For *more than 100 years*, we've been helping people live life to the fullest.

- *Est 1888* – Abbott Laboratories
- *Est 1964* – Ross Laboratories became a division of Abbott Laboratories and was later named Abbott Nutrition
- *Est 2007* – Abbott Nutrition Health Institute

“The main reason why I joined Abbott is because of this heritage and legacy. When you look at all the achievements in different therapeutic areas—not only in nutrition—it is very impressive.”

~ Hakim Bouzamondo, MD, MSc, MBA  
DVP of Global Research & Development, Abbott

**We partner with experts who advance nutrition science, and we provide a platform to help you connect with them.**

**We host hundreds of *live events*:**

- ***Symposia*** at international & regional *congresses* — like AAP, ESPEN, ASPEN, ESPGHAN, FNCE
- ***Training*** for residents & nutrition professionals — like the Neonatal Fellows Meeting, Nutrition-focused Physical Exam
- ***Education collaborations*** with academic institutions — like Duke Clinical Research Institute, Imperial College of London

**Our HCPs have accessed thousands of *office- & hospital-based* programs annually**

“ANHI helps raise the awareness of the importance of nutrition through education, resources, working with a multidisciplinary team...they can really elevate the role of nutrition.”

~ Alison Steiber, PhD, RD, LD  
Chief Science Officer,  
Academy of Nutrition &  
Dietetics



# We offer nutrition science you can digest on your own and apply to your practice.

- ***Free, accredited*** continuing education
- ***Certificates of Training*** to gain expertise on specialized topics
- ***Meet the Expert*** videos that give practical advice on applying nutrition to your practice
- ***Short podcasts*** on focused topics
- ***Printable materials*** to help educate patients on nutrition topics that matter

“There’s so much more to learn about nutrition, about the interactions of the nutrients together. And we’re on a great road to help people.”

~ *Melody Thompson, MS, RD*  
Senior Research Scientist,  
Abbott

# We invite you to partner with ANHI.

You'll find:

- Support through a ***global network*** of nutrition experts
- ***Simplified solutions*** for nutrition and overall wellness
- Models to create nutritionally ***savvy practices & communities***

By working together, we can ***make a difference*** in the lives of the patients you serve.

“It’s the things we do around the nutrition and physical recovery of patients that are going to give them their lives back.”

~ Dr Paul Wischmeyer, MD, PhD  
Duke University,  
School of Medicine



**If you're like us, you believe improving lives through the power of good nutrition is worth our best efforts.**

***You can help us* develop innovative solutions to transform nutrition in your community and around the world.**

**We invite you to share your ideas with us.**

**LEARN MORE AT [ANHI.ORG](https://anhi.org)**

**#nutritionchangeslives**



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[WWW.ANHI.ORG](http://WWW.ANHI.ORG)