NEW! EXPLORE THE ANHI KNOWLEDGE HUB
Looking for something new? We've hand-picked our most important health & nutrition resources to help you make more informed decisions about your health. With dozens of articles, videos, podcasts, and courses, these resources are ideal for anyone seeking to improve their health and fitness. Visit the ANHI Knowledge Hub today to start learning more about health and nutrition. Click here to learn more about the Knowledge Hub.

QUOTE OF THE MONTH
"It is not what we do once in a while that matters most, but what we do consistently over the years." - John Wooden

NUTRITION DAY RESULTS AROUND THE GLOBE
Nutrition Day is an international initiative that brings together hospitals and nursing homes around the world to promote better nutrition for elderly people. This year, the theme of Nutrition Day was "Promote Nutrition for Elderly People." The goal was to raise awareness about the importance of nutrition in older adults and to promote healthy eating habits. The results were overwhelming, with many hospitals and nursing homes reporting an increase in the number of patients who received appropriate nutrition support. Those who participated in Nutrition Day also reported an increase in patient satisfaction and a decrease in hospital readmissions. The success of Nutrition Day was due in large part to the collaboration of healthcare professionals and the support of the local communities. The results of Nutrition Day have been significant, and we look forward to participating in future events. Learn more about the latest Nutrition Day results at: NutritionDay.org Results Around the Globe (Part 1 & Part 2)

HHS HEALTHY AGING SUMMIT 2018
Join us at the Healthy Human Services Healthy Aging Retreat in Myrtle Beach, S.C., July 10-11. The conference is for nurses and healthcare professionals interested in the latest research and best practices in healthy aging. The summit will feature keynote speakers, panel discussions, and workshops on topics such as healthy aging policies, research findings, and innovative approaches to healthy aging. The summit will also provide attendees with the opportunity to network with other professionals in the field and share ideas and best practices. The summit is open to anyone interested in healthy aging, and we look forward to seeing you there. For more information, please visit: HealthyHumanServices.org/HealthyAgingSummit

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