



**ANHI**  
ABBOTT NUTRITION  
HEALTH INSTITUTE



## IMPORTANT INITIATIVES

We collaborate often to ensure we're bringing you the best nutrition science news from a variety of perspectives. Take a moment to explore the outcomes of some of our recent partnerships.

### [MALNUTRITION QUALITY IMPROVEMENT INITIATIVES \(MQii\)](#)

MQii was established in 2013 through a partnership with the Academy of Nutrition and Dietetics, Avalere Health, and other stakeholders, to advance evidence-based, high-quality patient-driven care for hospitalized older adults (age 65 and older) who are malnourished or at risk for malnutrition.

### [GROWTH AMBASSADORS](#)

Growth Ambassadors are a collection of expert healthcare professionals from around the world who want to build awareness about the importance of childhood nutrition and growth, especially as it relates to measuring, identifying and treating children at risk of undernutrition or growth faltering.

### [DECADE OF HEALTHY AGEING](#)

The World Health Organization (WHO) describes the Decade of Healthy Ageing as, "an opportunity to...[take] collaborative action to improve the lives of older people, their

families, and the communities in which they live.” We’ve curated a series of resources to help healthcare practitioners work toward this important goal.

SEE IMPORTANT INITIATIVES



## ATTENDING A NUTRITION CONFERENCE IN MARCH?

We are, too—actually, we plan to attend several—and we hope you'll join us at the accredited education programs we'll offer at each event.

Here's what we're planning:

### CLINICAL NUTRITION MANAGEMENT (CNM) 2020

- **SYMPOSIUM:** "Utilizing the Malnutrition Quality Improvement Initiatives (MQii) to Strengthen Transitions of Care"
  - **FACULTY:** Angela Lago, MS, RD, LDN, CNSC; Skip Allen, MS, RD, LDN, CLT
  - **DATE:** Friday, 20 March
  - **TIME:** 2:15-3:15 PM PT
  - **LOCATION:** Embassy Suites, Hilton Portland, Portland, Oregon, United States

### 7TH INTERNATIONAL NUTRITION & GROWTH

- **SYMPOSIUM:** "Pediatric Nutrition for Childhood Growth"
  - **FACULTY:** Luise Marino, PhD, RD; Dan Nemet, MD
  - **DATE:** Thursday, 26 March
  - **TIME:** 15:30-16:30
  - **LOCATION:** London, England, United Kingdom

- [REGISTER](#)

### [AMERICAN SOCIETY FOR PARENTERAL & ENTERAL NUTRITION \(ASPEN\) 2020](#)

- **DINNER SYMPOSIUM 1:** "Improving Outcomes with Early, Individualized Nutrition Intervention: It's Worth the EFFORT"
  - **FACULTY:** Ainsley Malone, MS, RD, LD, CNSC, FAND, FASPEN; Prof Dr Med Philipp Schuetz, MPH; Kelly Tappenden, PhD, RD;
  - **DATE:** Sunday, 29 March
  - **TIME:** 7-9 PM ET
  - **REGISTRATION:** Not needed - first come, first served
  - **LOCATION:** Tampa Marriott Water Street, Florida Salon IV-V-VI, Tampa, Florida, United States
  - **CREDITS:** 1.5 RN CE/1.5 RD CPEU
- **DINNER SYMPOSIUM 2:** "A Novel & Multidisciplinary Approach to Perioperative Nutrition: The Perioperative Enhancement Team"
  - **FACULTY:** Paul Wischmeyer, MD, EDIC, FASPEN; Elizabeth Villalta, MS, RD, LDN; Refaat Hegazi, MD, PhD, MS, MPH, MB
  - **DATE:** Monday, 30 March
  - **TIME:** 7-9 PM ET
  - **REGISTRATION:** Not needed - first come, first served
  - **LOCATION:** Tampa Marriott Water Street, Salon IV-V-VI, Tampa, Florida, United States
  - **CREDITS:** None

### [ASPEN 2020 STRENGTH AMBASSADOR PROGRAM](#)

- **SYMPOSIUM: STRENGTH AMBASSADORS PROGRAM**
  - **FACULTY:** Refaat Hegazi, Francesco Landi, Nicolaas Deutz, MD, PhD; Carla Prado, Kyle Timmerman, Anayanet Jáquez
  - **DATE:** Friday, 27 March
  - **TIME:** Noon-5:30 PM ET
  - **LOCATION:** The Westshore Grand, A Tribue Portfolio Hotel, Tampa, Florida, United States
  - [REGISTER](#)
- **LIVE WEBINAR:** "New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes"
  - **FACULTY:** Prof. Dr. med. Philipp Schuetz, MPH; Nicolaas E Deutz, MD, PhD
  - **DATE:** Monday, 30 March
  - **TIME:** 8:30-9:30 AM ET
  - **LOCATION:** The Westshore Grand, A Tribue Portfolio Hotel, Tampa, Florida, United States
  - **CREDITS:** Pending accreditation for registered dietitians and nurses
  - [REGISTER](#) to listen

SEE MARCH EVENTS



## OPTIMIZING NUTRITION STATUS OF THE CARDIAC SURGERY PATIENT

The cardiac surgery patient has unique needs, which makes preparing for surgery crucial. By following the Enhanced Recovery After Surgery (ERAS) cardiac guidelines, healthcare professionals can optimize patient outcomes and mitigate potential risks.

In this course, originally presented as a webinar in November 2019, you'll learn how to identify the unique needs of the cardiac surgery patient and the potential effects of surgery; review standard cardiac surgery screening tools and nutrition considerations for the cardiac patient; and discuss recommended ERAS nutrition interventions before and after surgery.

**FREE continuing education:** 1.0 RN CE/1.0 RD CPEU

ENROLL

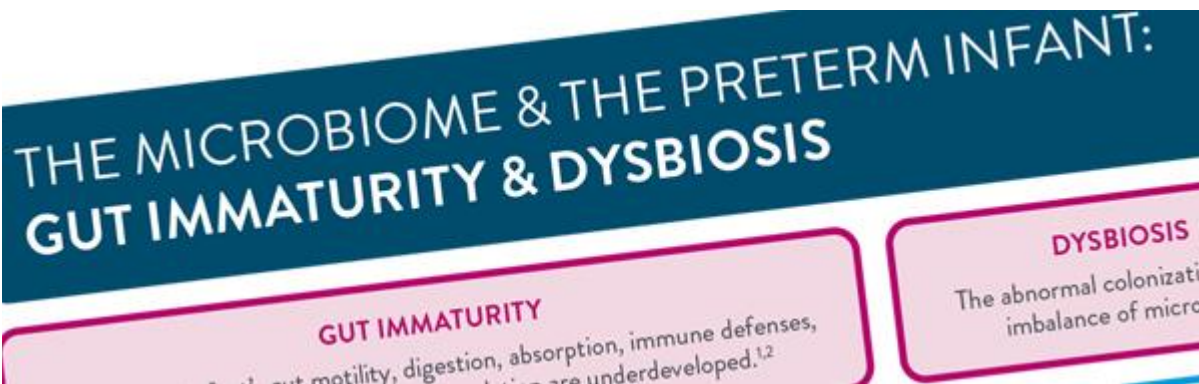


## FOR PHYSICIANS: CONTINUOUS GLUCOSE MONITORING CME COURSES

In these web-based programs supported by an Abbott education grant, physicians will learn how recent developments in continuous glucose monitoring have advanced the management of Type 1 and Type 2 diabetes.

**Credits:** 1.5 or 2.0 AMA PRA Category 1 credit(s)<sup>™</sup>, depending on the course

ENROLL



## INFOGRAPHIC: IMMATURE GUT & DYSBIOSIS

For full-term infants, the gut's immune system and microbiome mature in tandem during the first year of life, leading to better tolerance of foods and beneficial microbes.

In preterm infants, gut immaturity and dysbiosis—the abnormal colonization or imbalance of microbes—can lead to abnormal immune responses and vulnerability to pathogens, which can lead to serious, life-threatening consequences, such as NEC and sepsis.

In this infographic, you'll learn about the risk of dysbiosis developing in the preterm infant's immature gut, as well as the role the microbiome can play in promoting better health while lowering the risk for adverse health consequences.

[SEE INFOGRAPHIC](#)



## MEASURING MID-UPPER ARM CIRCUMFERENCE IN PEDIATRIC PATIENTS

DATE: 30 January 2020  
LOCATION: Columbus, Ohio, USA



## VIDEO: MEASURING MID-UPPER ARM CIRCUMFERENCE IN PEDIATRIC PATIENTS

In this short video, you'll review how to correctly measure mid-upper arm circumference in a pediatric patient.

[WATCH VIDEO](#)

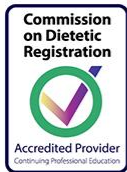


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EXPLORE

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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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	CONFERENCES	CONTACT US	ABBOTT NUTRITION	
	RESOURCES	PRIVACY POLICY	MQII	
	GRANTS	TERMS OF USE	ANHI COMMUNITY	
		NEWSROOM	UNSUBSCRIBE	

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