



CONTINUING EDUCATION COURSES

FOR HEALTHCARE PROFESSIONALS

2022









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EDUCATIONAL PROGRAMMES

This icon indicates if a course counts towards a Certificate of Training:



Title		Run Time (Minutes)
VIDEOS		
ADULT		
MUSCLE MASS		
 Nourish the Muscle: Impact Clinical Outcomes Across the Continuum of Care		48
 Improving Patient Outcomes: New Insights & Evidence on the Importance of Muscle & Targeted Nutrition		64
Muscle Matters: Preventing Muscle Loss Video Series		
• Muscle Matters: Preventing Muscle Loss - Full Symposium		53
• Understanding the Impact of Sarcopenia in Frailty: Going from Strength to Strength		22
• The Science Behind Muscle Loss in Chronic Disease & Acute Trauma		23
• Muscle Matters: Preventing muscle loss Symposium Q&A		8
The Importance of Nutrition to Prevent and Treat Low Muscle Mass		4
 How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D		57
 Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism		39
Building Muscle for Better Health Outcomes		5
 Managing Sarcopenia & Frailty: How Can Nutrition & Exercise Improve Clinical Outcomes?		52
 Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?		32
Screening & Assessment		
Finding & Diagnosing Sarcopenia Video Series		
• EWDSOP2 Clinical Algorithm – Find		
• EWDSOP2 Clinical Algorithm – Assess		1
• EWDSOP2 Clinical Algorithm - Confirm		2
• EWDSOP2 Clinical Algorithm - Severity Scoring		2
 • EWDSOP2 Clinical Algorithm - Severity Balance Test		4
• EWDSOP2 Clinical Algorithm - Severity Gait Speed Test		2
• EWDSOP2 Clinical Algorithm - Severity Chair Stand Test		2
Nutrition & Hydration Screening in Primary Practice		48
 Assessing Muscle Mass and Function: Practical Tools and Nutritional Interventions to Improve Patient Outcomes		40

New course

EDUCATIONAL PROGRAMMES

SPECIAL CONDITIONS

Oncology

	Nutrition in Oncology: Essential Aspects to Deliver Outcomes across the Continuum of Care	55
	Benefits of Bolus Feeding in Tube Fed Patients with Head and Neck Cancer	45
	Optimal Nutrition Care to Improve Outcomes for Oncology Patients	55
	Oncology Nutrition Round Table Video Series	
	• Nutrition Intervention: The Benefits of a Multimodal Approach	4
	• The Prevalence & Impact of Malnutrition, Cachexia & Muscle Loss in Patients with Cancer	4
	• The Multidisciplinary Team: Providing Optimal Nutrition Care for Patients with Cancer	4
	Prehabilitation: Improving Outcomes in Cancer Care	30
	Nutrition in Cancer Care: From Screening to Prehabilitation	53
	HMB Supplements to Counteract Muscle Loss in Patients with Cancer	4

Falls & Fractures

	Optimising Nutrition to Improve Muscle Strength in Individuals at Risk for Falls	55
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COPD

	The Role of Specialist Nutrition in Achieving Optimal Outcomes for COPD Patients - Across the Continuum of Care	56
	Respiratory Disease and Muscle: Nutritional Interventions to Support our Patients	28

COVID-19

	Nutrition Care of the COVID-19 Patient: Strategies for Clinicians to Optimise Recovery	64
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Wounds

	Nutrition Care for Pressure Ulcers: Guidelines to Optimise Outcomes	47
	Nutrition in Wound Care: Essential Aspects to Improve Patient Outcomes	42

Gastrointestinal tolerance

	Let's Talk Tolerance: Optimising Nutritional Support and Patient Outcomes in the Neuro ICU and Beyond	59
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MALNUTRITION

	Estimating Adult Nutritional Requirements Using the PENG Pocket Guide to Clinical Nutrition: Putting Theory into Practice	61
	Power of Taste	27

PROFESSIONAL DEVELOPMENT

	The Evolving NHS Landscape and its Drive to Population Health: Where Does Nutrition Fit In?	53
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New course

EDUCATIONAL PROGRAMMES

PAEDIATRIC

GROWTH AND DEVELOPMENT

	Measures to Identify Paediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores	37
	Nutrition Needs of Infants and Children With Malnutrition and Faltering Growth	47
	Identifying Paediatric Malnutrition: A Practical Approach to Screening Tools	45
	Paediatric Malnutrition Screening: Supporting Clinical Practice	47
	Reconsidering Feeding Difficulties in Clinical Practice	47
	The Benefits of Dietary Fibre for Children in Health and Disease: An Expert Consensus Review	40
	2022 Growth Summit Videos	

SPECIAL CONDITIONS

	Comparison of ASPEN/SCCM & ESPNIC Paediatric Critical Care Nutritional Guidelines	59
	Shining a Light on Vitamin D During COVID-19	56
	Current Challenges in Paediatric Cystic Fibrosis Care: Implications for Nutrition and Well-being	50
	Challenges in the Dietary Management of Childhood Cancers	42

PROFESSIONAL DEVELOPMENT

	Remote Consultations: Psychological Considerations	43
	Best Practice Guidelines for Remote Paediatric Consultations	70
	Connected Consultations: Harnessing the Power of Psychology to Improve the Parent & Patient Journey	20
	One Year in the COVID-19 Pandemic: Key Learnings for Paediatric Dietetic Practice	49

INFANT

ALLERGY & IMMUNITY

	The Allergic Child: Sharing Insights for Remote Management	56
	Managing Childhood Food Allergies during the 2020 COVID-19 Pandemic	53
	Understanding Food Protein Induced Enterocolitis Syndrome (FPIES): A Dietetic-led Approach to Management	60
	The Infant's Microbiome 'Social Network'	38
	Health Inequalities in Paediatric Allergy: How Can We Improve Health Outcomes in Black, Asian and Minority Ethnic (BAME) Communities?	53

New course

EDUCATIONAL PROGRAMMES

HUMAN MILK OLIGOSACCHARIDES

Allergy Summit Video Series

• Pre-clinical Evidence for the Role of 2'-FL HMO in Immune Modulation	31
• Human Milk Oligosaccharides: Breast Milk Beneficial Factors	32
• Immune Dysregulation in Allergy	51
• Clinical Evidence for 2'-FL in Immune Health	21
• Diagnosis & Appropriate Identification of Food Allergy	74

Human Milk Oligosaccharides: Epidemiologic Considerations and new research	3
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An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	51
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HMO Update: Clinical Evidence and Clinical Practice	50
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HMOs: Mechanisms of Action and Emerging Science	36
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The Microbiome Lab at Christian Hansen	5
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PODCASTS

ADULT

MUSCLE MASS, MALNUTRITION

Screening & Assessment

Remote Malnutrition Application for Primary Practice (R-MAPP)	22
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Sarcopenic Obesity

Sarcopenic Obesity: Nutritional and Exercise Interventions to Improve Patient Outcomes	32
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SPECIAL CONDITIONS

Oncology

Prehabilitation: Getting Cancer Patients Fit for Therapy	20
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PAEDIATRIC

SPECIAL CONDITIONS

Hot Topics in the Dietary Management of IBD	17
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INFANT

HUMAN MILK OLIGOSACCHARIDES

Human Milk & HMOs in Nutrition, Neonatal Development & Immunity	13
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The Establishment of a Healthy Infant Microbiome & the Role of Human Milk Oligosaccharides	30
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HMO and the Gut Microbiome	7
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A Gut (Brain) Feeling about HMOs	41
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New course

EDUCATIONAL PROGRAMMES

INFOGRAPHICS

ADULT

MUSCLE MASS

Why Maintaining Muscle Matters

The Role of Leucine & β -hydroxy- β -methylbutyrate (HMB)

Screening & Assessment

Muscle Matters: Finding & Diagnosing Sarcopenia

Telehealth Infographic – Nutrition Counselling & Positive Patient Engagement

SPECIAL CONDITIONS

Oncology

For Patients: Oncology Infographics

INFANT

HUMAN MILK OLIGOSACCHARIDES

Human Milk Oligosaccharides

2'-Fucosyllactose (2'-FL)

ARTICLES

ADULTS

MUSCLE MASS

The Underappreciated Role of Low Muscle Mass in the Management of Malnutrition

Implications of Low Muscle Mass Across the Continuum of Care

The Value of Muscle in Improving Clinical Outcomes

Frailty and Sarcopenia in Older Adults

Vitamin D and Protein for Muscle Health

MALNUTRITION

GLIM Consensus Paper on Diagnosing Malnutrition

Readmission and Mortality in Malnourished, Older, Hospitalised Adults Treated with a Specialised Oral Nutritional Supplement: A Randomised Clinical Trial

Is a Standard Oral Nutritional Supplement Right for All Patients?

ONCOLOGY

Examining Guidelines and New Evidence in Oncology Nutrition: a Position Paper on Gaps and Opportunities in Multimodal Approaches to Improve Patient Care

New course

EDUCATIONAL PROGRAMMES

PAEDIATRIC

New Guidelines & Position Papers in Paediatric Nutrition: A 2015-2020 Overview

Benefits of Dietary Fibre for Children in Health and Disease

INFANT

HUMAN MILK OLIGOSACCHARIDES

What is All the Fuss About the Gut Microbiome and 2'-FL?

Paediatric Currents: Human Milk Oligosaccharides: Developing Infant Health and Immunity

New course

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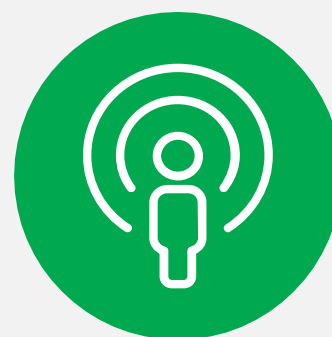
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