



CONTINUING EDUCATION COURSES

FOR HEALTHCARE PROFESSIONALS

2021

Visit anhi.org/uk




















EDUCATIONAL PROGRAMMES

This icon indicates if a course counts towards a Certificate of Training:



Title	Run Time (Minutes)
VIDEOS	
ADULT	
MUSCLE MASS	
 Nourish the Muscle: Impact Clinical Outcomes Across the Continuum of Care	48
 Improving Patient Outcomes: New Insights & Evidence on the Importance of Muscle & Targeted Nutrition	64
Muscle Matters: Preventing Muscle Loss Video Series	
• Muscle Matters: Preventing Muscle Loss - Full Symposium	53
• Understanding the Impact of Sarcopenia in Frailty: Going from Strength to Strength	22
• The Science Behind Muscle Loss in Chronic Disease & Acute Trauma	23
• Muscle Matters: Preventing muscle loss Symposium Q&A	8
The Importance of Nutrition to Prevent and Treat Low Muscle Mass	4
 How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	57
Screening & Assessment	
Finding & Diagnosing Sarcopenia Video Series	
• EWDSOP2 Clinical Algorithm – Find	
• EWDSOP2 Clinical Algorithm – Assess	1
• EWDSOP2 Clinical Algorithm - Confirm	2
• EWDSOP2 Clinical Algorithm - Severity Scoring	2
• EWDSOP2 Clinical Algorithm - Severity Balance Test	4
• EWDSOP2 Clinical Algorithm - Severity Gait Speed Test	2
• EWDSOP2 Clinical Algorithm - Severity Chair Stand Test	2
 Nutrition & Hydration Screening in Primary Practice	48
SPECIAL CONDITIONS	
Oncology	
 Nutrition in Oncology: Essential Aspects to Deliver Outcomes across the Continuum of Care	55
 Benefits of Bolus Feeding in Tube Fed Patients with Head and Neck Cancer	45
 Optimal Nutrition Care to Improve Outcomes for Oncology Patients	55
Oncology Nutrition Round Table Video Series	
• Nutrition Intervention: The Benefits of a Multimodal Approach	4
• The Prevalence & Impact of Malnutrition, Cachexia & Muscle Loss in Patients with Cancer	4
• The Multidisciplinary Team: Providing Optimal Nutrition Care for Patients with Cancer	4
New course	

EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
Falls & Fractures	
 Optimising Nutrition to Improve Muscle Strength in Individuals at Risk for Falls	55
COPD	
 The Role of Specialist Nutrition in Achieving Optimal Outcomes for COPD Patients - Across the Continuum of Care	56
COVID-19	
 Nutrition Care of the COVID-19 Patient: Strategies for Clinicians to Optimise Recovery	64
Wounds	
 Nutrition Care for Pressure Ulcers: Guidelines to Optimise Outcomes	47
MALNUTRITION	
Power of Taste	27
PAEDIATRIC	
GROWTH AND DEVELOPMENT	
 Measures to Identify Paediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores	37
 Nutrition Needs Of Infants And Children With Malnutrition And Faltering Growth	47
 Identifying Paediatric Malnutrition: A Practical Approach to Screening Tools	45
SPECIAL CONDITIONS	
 Comparison of ASPEN/SCCM & ESPNIC Paediatric Critical Care Nutritional Guidelines	59
 Shining a Light on Vitamin D During COVID-19	56
 Current Challenges in Paediatric Cystic Fibrosis Care: Implications for Nutrition and Well-being	50
 Challenges in the Dietary Management of Childhood Cancers	42
PROFESSIONAL DEVELOPMENT	
 Remote Consultations: Psychological Considerations	43
 Best Practice Guidelines for Remote Paediatric Consultations	70
 Connected Consultations: Harnessing the Power of Psychology to Improve the Parent & Patient Journey	20
 One Year in the COVID-19 Pandemic: Key Learnings for Paediatric Dietetic Practice	49
INFANT	
ALLERGY & IMMUNITY	
 The Allergic Child: Sharing Insights for Remote Management	56
 Managing Childhood Food Allergies during the 2020 COVID-19 Pandemic	53
Understanding Food Protein Induced Enterocolitis Syndrome (FPIES): A Dietetic-led Approach to Management	60

New course

EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
HUMAN MILK OLIGOSACCHARIDES	
Allergy Summit Video Series	
• Pre-clinical Evidence for the Role of 2'-FL HMO in Immune Modulation	31
• Human Milk Oligosaccharides: Breast Milk Beneficial Factors	32
• Immune Dysregulation in Allergy	51
• Clinical Evidence for 2'-FL in Immune Health	21
• Diagnosis & Appropriate Identification of Food Allergy	74
Human Milk Oligosaccharides: Epidemiologic Considerations and new research	3
An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	51

PODCASTS

ADULT

MUSCLE MASS, MALNUTRITION

Screening & Assessment

Remote Malnutrition Application for Primary Practice (R-MAPP)

22

Special conditions

Sarcopenic Obesity: Nutritional and Exercise Interventions to Improve Patient Outcomes

32

PAEDIATRIC

SPECIAL CONDITIONS

Hot Topics in the Dietary Management of IBD

17

INFANT

HUMAN MILK OLIGOSACCHARIDES

Human Milk & HMOs in Nutrition, Neonatal Development & Immunity

13

The Establishment of a Healthy Infant Microbiome & the Role of Human Milk Oligosaccharides

30

HMO and the Gut Microbiome

7

A Gut (Brain) Feeling about HMOs

41

New course

EDUCATIONAL PROGRAMMES

INFOGRAPHICS

ADULT

MUSCLE MASS

Why Maintaining Muscle Matters

The Role of Leucine & β -hydroxy- β -methylbutyrate (HMB)

Screening & Assessment

Muscle Matters: Finding & Diagnosing Sarcopenia

Telehealth Infographic – Nutrition Counselling & Positive Patient Engagement

SPECIAL CONDITIONS

Oncology

For Patients: Oncology Infographics

INFANT

HUMAN MILK OLIGOSACCHARIDES

Human Milk Oligosaccharides

2'-Fucosyllactose (2'-FL)

ARTICLES

ADULTS

MUSCLE MASS

The Underappreciated Role of Low Muscle Mass in the Management of Malnutrition

Implications of Low Muscle Mass Across the Continuum of Care

GLIM Consensus Paper on Diagnosing Malnutrition

PAEDIATRIC

New Guidelines & Position Papers in Paediatric Nutrition: A 2015-2020 Overview

INFANT

HUMAN MILK OLIGOSACCHARIDES

What is All the Fuss About the Gut Microbiome and 2'-FL?

Paediatric Currents: Human Milk Oligosaccharides: Developing Infant Health and Immunity

New course

Visit anhi.org/uk

**WE MAKE IT EASY TO STAY CURRENT ON
NUTRITION SCIENCE AND HELP YOUR PATIENTS
BE WELL-NOURISHED.**



Free continuing
education



Certificates of
training



Videos and
podcasts



Infographics and
other printable
materials



Nutrition science
articles and briefs