



# CONTINUING EDUCATION COURSES

FOR HEALTHCARE PROFESSIONALS










2022

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# EDUCATIONAL PROGRAMMES

This icon indicates if a course counts towards a Certificate of Training: 

Title	Run Time (Minutes)
<b>VIDEOS</b>	
<b>ADULT</b>	
<b>MUSCLE MASS</b>	
 Nourish the Muscle: Impact Clinical Outcomes Across the Continuum of Care	48
 Improving Patient Outcomes: New Insights & Evidence on the Importance of Muscle & Targeted Nutrition	64
Muscle Matters: Preventing Muscle Loss Video Series	
• Muscle Matters: Preventing Muscle Loss - Full Symposium	53
• Understanding the Impact of Sarcopenia in Frailty: Going from Strength to Strength	22
• The Science Behind Muscle Loss in Chronic Disease & Acute Trauma	23
• Muscle Matters: Preventing muscle loss Symposium Q&A	8
The Importance of Nutrition to Prevent and Treat Low Muscle Mass	4
 How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	57
 Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism	39
Building Muscle for Better Health Outcomes	5
 Managing Sarcopenia & Frailty: How Can Nutrition & Exercise Improve Clinical Outcomes?	52
 Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?	32
<b>Screening &amp; Assessment</b>	
Finding & Diagnosing Sarcopenia Video Series	
• EWDSOP2 Clinical Algorithm – Find	
• EWDSOP2 Clinical Algorithm – Assess	1
• EWDSOP2 Clinical Algorithm - Confirm	2
• EWDSOP2 Clinical Algorithm - Severity Scoring	2
• EWDSOP2 Clinical Algorithm - Severity Balance Test	4
• EWDSOP2 Clinical Algorithm - Severity Gait Speed Test	2
• EWDSOP2 Clinical Algorithm - Severity Chair Stand Test	2
 Nutrition & Hydration Screening in Primary Practice	48
 Assessing Muscle Mass and Function: Practical Tools and Nutritional Interventions to Improve Patient Outcomes	40
 Integrating Muscle Measures in Practice to Improve Patient-Centred Outcomes	57

New course

# EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
<b>SPECIAL CONDITIONS</b>	
<b>Oncology</b>	
 Nutrition in Oncology: Essential Aspects to Deliver Outcomes across the Continuum of Care	55
 Benefits of Bolus Feeding in Tube Fed Patients with Head and Neck Cancer	45
 Optimal Nutrition Care to Improve Outcomes for Oncology Patients	55
Oncology Nutrition Round Table Video Series	
• Nutrition Intervention: The Benefits of a Multimodal Approach	4
• The Prevalence & Impact of Malnutrition, Cachexia & Muscle Loss in Patients with Cancer	4
• The Multidisciplinary Team: Providing Optimal Nutrition Care for Patients with Cancer	4
 Prehabilitation: Improving Outcomes in Cancer Care	30
 Nutrition in Cancer Care: From Screening to Prehabilitation	53
HMB Supplements to Counteract Muscle Loss in Patients with Cancer	4
 What's New in Oncology? Addressing Muscle Health and Nutrition	48
 Nutrition and Exercise: Supporting Cancer Patients Throughout their Journey	43
<b>Falls &amp; Fractures</b>	
 Optimising Nutrition to Improve Muscle Strength in Individuals at Risk for Falls	55
<b>COPD</b>	
 The Role of Specialist Nutrition in Achieving Optimal Outcomes for COPD Patients - Across the Continuum of Care	56
 Respiratory Disease and Muscle: Nutritional Interventions to Support our Patients	28
<b>COVID-19</b>	
 Nutrition Care of the COVID-19 Patient: Strategies for Clinicians to Optimise Recovery	64
<b>Wounds</b>	
 Nutrition Care for Pressure Ulcers: Guidelines to Optimise Outcomes	47
 Nutrition in Wound Care: Essential Aspects to Improve Patient Outcomes	42
<b>Gastrointestinal tolerance</b>	
 Let's Talk Tolerance: Optimising Nutritional Support and Patient Outcomes in the Neuro ICU and Beyond	59
<b>MALNUTRITION</b>	
 Estimating Adult Nutritional Requirements Using the PENG Pocket Guide to Clinical Nutrition: Putting Theory into Practice	61
Power of Taste	27
<b>PROFESSIONAL DEVELOPMENT</b>	
 The Evolving NHS Landscape and its Drive to Population Health: Where Does Nutrition Fit In?	53

New course

# EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
<b>PAEDIATRIC</b>	
<b>GROWTH AND DEVELOPMENT</b>	
 Measures to Identify Paediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores	37
 Nutrition Needs of Infants and Children With Malnutrition and Faltering Growth	47
 Identifying Paediatric Malnutrition: A Practical Approach to Screening Tools	45
 Paediatric Malnutrition Screening: Supporting Clinical Practice	47
 Reconsidering Feeding Difficulties in Clinical Practice	47
 The Benefits of Dietary Fibre for Children in Health and Disease: An Expert Consensus Review	40
2022 Growth Summit Videos	
 Embedding Nutrition Screening in Clinical Practice: Let's STAMP OUT Paediatric Malnutrition	64
 The Development of a Nutrition Awareness Tool: Pedi R-MAPP	31
<b>SPECIAL CONDITIONS</b>	
 Comparison of ASPEN/SCCM & ESPNIC Paediatric Critical Care Nutritional Guidelines	59
 Shining a Light on Vitamin D During COVID-19	56
 Current Challenges in Paediatric Cystic Fibrosis Care: Implications for Nutrition and Well-being	50
 Challenges in the Dietary Management of Childhood Cancers	42
 Management of Paediatric Disease-Related Malnutrition Where GI Intolerance is a Concern: Practical Case Studies	44
<b>PROFESSIONAL DEVELOPMENT</b>	
 Remote Consultations: Psychological Considerations	43
 Best Practice Guidelines for Remote Paediatric Consultations	70
 Connected Consultations: Harnessing the Power of Psychology to Improve the Parent & Patient Journey	20
 One Year in the COVID-19 Pandemic: Key Learnings for Paediatric Dietetic Practice	49
<b>INFANT</b>	
<b>ALLERGY &amp; IMMUNITY</b>	
 The Allergic Child: Sharing Insights for Remote Management	56
 Managing Childhood Food Allergies during the 2020 COVID-19 Pandemic	53
 Understanding Food Protein Induced Enterocolitis Syndrome (FPIES): A Dietetic-led Approach to Management	60
 The Infant's Microbiome 'Social Network'	38
 Health Inequalities in Paediatric Allergy: How Can We Improve Health Outcomes in Black, Asian and Minority Ethnic (BAME) Communities?	53

New course



# EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
<b>HUMAN MILK OLIGOSACCHARIDES</b>	
Allergy Summit Video Series	
• Pre-clinical Evidence for the Role of 2'-FL HMO in Immune Modulation	31
• Human Milk Oligosaccharides: Breast Milk Beneficial Factors	32
• Immune Dysregulation in Allergy	51
• Clinical Evidence for 2'-FL in Immune Health	21
• Diagnosis & Appropriate Identification of Food Allergy	74
Human Milk Oligosaccharides: Epidemiologic Considerations and new research	3
 An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	51
 HMO Update: Clinical Evidence and Clinical Practice	50
 HMOs: Mechanisms of Action and Emerging Science	36
The Microbiome Lab at Christian Hansen	5
<b>PODCASTS</b>	
<b>ADULT</b>	
<b>MUSCLE MASS, MALNUTRITION</b>	
<b>Screening &amp; Assessment</b>	
Remote Malnutrition Application for Primary Practice (R-MAPP)	22
<b>Sarcopenic Obesity</b>	
Sarcopenic Obesity: Nutritional and Exercise Interventions to Improve Patient Outcomes	32
<b>SPECIAL CONDITIONS</b>	
<b>Oncology</b>	
Prehabilitation: Getting Cancer Patients Fit for Therapy	20
<b>PAEDIATRIC</b>	
<b>SPECIAL CONDITIONS</b>	
Hot Topics in the Dietary Management of IBD	17
<b>INFANT</b>	
<b>HUMAN MILK OLIGOSACCHARIDES</b>	
Human Milk & HMOs in Nutrition, Neonatal Development & Immunity	13
The Establishment of a Healthy Infant Microbiome & the Role of Human Milk Oligosaccharides	30
HMO and the Gut Microbiome	7
A Gut (Brain) Feeling about HMOs	41

New course

# EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
<b>INFOGRAPHICS</b>	
<b>ADULT</b>	
<b>MUSCLE MASS</b>	
Why Maintaining Muscle Matters	
The Role of Leucine & $\beta$ -hydroxy- $\beta$ -methylbutyrate (HMB)	
<b>Screening &amp; Assessment</b>	
Muscle Matters: Finding & Diagnosing Sarcopenia	
Telehealth Infographic – Nutrition Counselling & Positive Patient Engagement	
<b>SPECIAL CONDITIONS</b>	
<b>Oncology</b>	
For Patients: Oncology Infographics	
<b>INFANT</b>	
<b>HUMAN MILK OLIGOSACCHARIDES</b>	
Human Milk Oligosaccharides	
2'-Fucosyllactose (2'-FL)	
<b>ARTICLES</b>	
<b>ADULTS</b>	
<b>MUSCLE MASS</b>	
The Underappreciated Role of Low Muscle Mass in the Management of Malnutrition	
Implications of Low Muscle Mass Across the Continuum of Care	
The Value of Muscle in Improving Clinical Outcomes	
Frailty and Sarcopenia in Older Adults	
Vitamin D and Protein for Muscle Health	
Integrating Muscle Measures in Practice to Improve Patient Centred Outcomes	
<b>MALNUTRITION</b>	
GLIM Consensus Paper on Diagnosing Malnutrition	
Readmission and Mortality in Malnourished, Older, Hospitalised Adults Treated with a Specialised Oral Nutritional Supplement: A Randomised Clinical Trial	
Is a Standard Oral Nutritional Supplement Right for All Patients?	

New course

# EDUCATIONAL PROGRAMMES

Title	Run Time (Minutes)
<b>ONCOLOGY</b>	
Examining Guidelines and New Evidence in Oncology Nutrition: a Position Paper on Gaps and Opportunities in Multimodal Approaches to Improve Patient Care	
Developing a Nutritional Pathway for Cancer Patients	
Prehabilitation: Synergy for Surgery	
<b>PAEDIATRIC</b>	
New Guidelines & Position Papers in Paediatric Nutrition: A 2015-2020 Overview	
Benefits of Dietary Fibre for Children in Health and Disease	
Pedi R-MAPP: The Development of a Nutritional Awareness Tool for Use as Part of a Nutrition Focused Consultation with Children	
<b>INFANT</b>	
<b>HUMAN MILK OLIGOSACCHARIDES</b>	
What is All the Fuss About the Gut Microbiome and 2'-FL?	
Paediatric Currents: Human Milk Oligosaccharides: Developing Infant Health and Immunity	

New course

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