



**ANHI**  
ABBOTT NUTRITION  
HEALTH INSTITUTE



## ONCOLOGY NUTRITION IN 2020

In this course, Carla Prado, PhD, RDN, Suzanne Dixon, MPH, MS, RDN, and Rhone Levin, MEd, RDN, CSO, LD, FAND, discuss the state of oncology nutrition in 2020. They'll review current evidence on the benefits of nutrition intervention for improving muscle mass and strength in oncology patients; highlight nutrition care guidelines for oncology patients; and explain how to implement nutrition guidelines into clinical practice to improve patient outcomes. Originally presented as a live webinar on July 22, 2020.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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**Interested in learning more?** [In this 18:55-minute podcast](#), Jyoti Benjamin, MS, RD, CSO, CD, FAND, and Annette Quinn, MSN, RN, discuss the roles each member of the multidisciplinary team can play in offering nutrition care for the oncology patient, both in normal times and through the lens of Covid-19. This podcast is a supplemental recording for ANHI's 22 July 2020 webinar, "Oncology Nutrition: The Intersection of Evidence, Guidelines & Clinical Practice."

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## PEDIATRIC FOOD INSECURITY & THE COVID-19 PANDEMIC

Pediatric Food Insecurity is pervasive not just in this pandemic, but in normal times, as well. A series of surveys across conducted across the past decade conclude that 10-20% of American children and their families face obstacles in obtaining the nutrition they need.

In this 11:53-minute podcast episode, Ana Avalos, MD, FAAP, discusses an article she recently co-authored and published in the *Journal of Pediatrics*, called "High Level of Food Insecurity Among Families with Children Seeking Routine Care at Federally Qualified Health Centers during the Covid-19 Pandemic." She discusses the hypothesis and findings of the study discussed in the article and shares the role healthcare professionals can play in assessing, identifying and supporting at-risk children.

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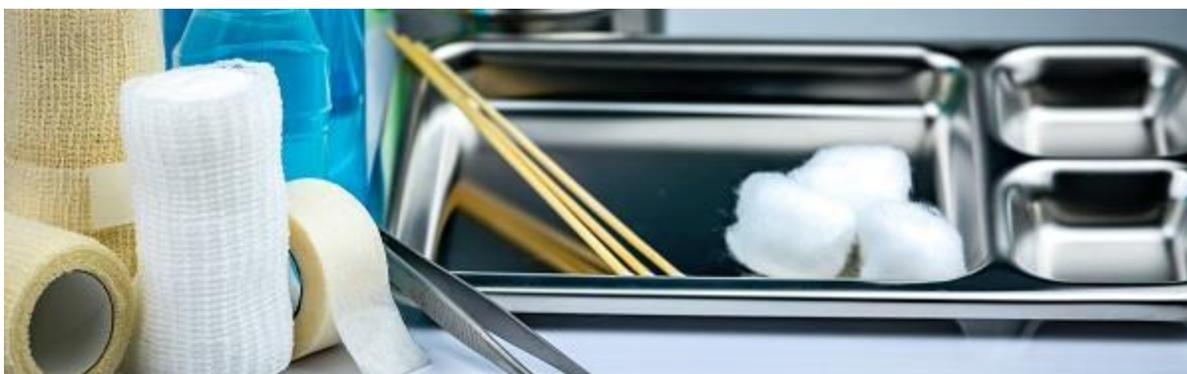


## PEDIATRIC CURRENTS: NUTRITION MANAGEMENT OF CMA IN INFANTS & CHILDREN

In this course, Emely López Barrera, BSc, Carlett Ramírez, MS, RD, and Barbara Marriage, PhD, RD, will identify three international guidelines that provide nutrition recommendations for the management of CMA in infants and children; recognize similarities and differences between the international guidelines; and review feeding recommendations for the various clinical presentations of CMA.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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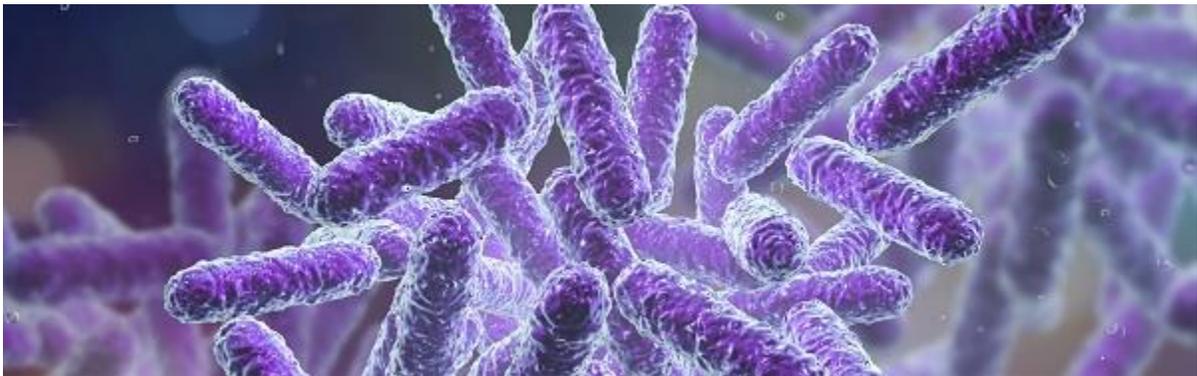
## NUTRITION CARE FOR PRESSURE INJURIES: GUIDELINES TO OPTIMIZE OUTCOMES

In this course, Joyce Pittman, PhD, ANP-BC, FNP-BC, CWOCN, FAAN, and Mary Litchford, PhD, RDN, LDN, will identify the role of nutrition in wound healing; discuss key nutrition-related care updates from the *2019 Prevention and Treatment of Pressure Ulcers/Injuries: Clinical Practice Guidelines*; and determine best practices for implementation of the new guidelines. Originally presented as a live webinar on July 30, 2020.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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**Interested in learning more?** [In this 37:57-minute podcast](#), Mary Litchford, PhD, RDN, LDN, and Joyce Pittman, PhD, ANP-BC, FNP-BC, CWOCN, FAAN, discuss the 2019 care guidelines and how to apply them generally. They'll also spend some time looking at nutrition and pressure injuries through the lens of Covid-19. This podcast is a supplemental recording for ANHI's 30 July 2020 webinar, "Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes."



## [WEBINAR] SPOTLIGHT ON THE GUT-BRAIN AXIS

In this webinar, Lisa Renzi, PhD, will tell the historical perspective of the gut microbiota and gut-brain axis, examine how the microbiota is acquired and review the relationship between the gut brain axis and cognitive and immune function.

**When:** Wednesday, 30 September

**Time:** 11 AM ET

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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## [WEBINAR] NUTRITION SOLUTIONS FOR COMMON INFANT FEEDING ISSUES

In this webinar, Pedro Alarcon, MD, will explain nutritional requirements for infants, describe common signs and symptoms of feeding issues and review management strategies for infants with feeding problems.

**When:** Tuesday, 13 October

**Time:**

- **In English:** 8 AM ET
- **En Español:** 7 PM ET

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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