



**FREE**  
**2.0**  
 RN | CE  
 RD | CPEU\*

## The Interface of Nutrition and Pressure Injury Prevention: Following a Hospital Patient Journey

### OBJECTIVES:

- Identify key touch points in the assessment of risk and explore the interconnection between the roles of nursing and registered dietitians.
- Identify protocols and interventions that engage a nutrition-focused multidisciplinary approach to pressure injury prevention.
- Discuss current and emerging evidence-based research on the process of wound healing and highlight nutrition interventions to augment wound healing.
- Distinguish implications for clinical practice and reinforce learnings through clinical case studies.

### DATES:

- Thursday, 6 June, 2024  
Time: Noon-2 PM ET
- Wednesday, 28 August, 2024  
Time: Noon-2 PM ET
- Wednesday, 25 September, 2024  
Time: Noon-2 PM ET
- Wednesday, 6 November, 2024  
Time: Noon-2 PM ET

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Participants can only claim credit for one of the learning formats (live program, group program, or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

\*The CPE activity application for *The Interface of Nutrition and Pressure Injury Prevention: Following a Hospital Patient Journey* is pending CDR review and approval for 2.0 CPEUs.



## SPEAKER:



### CARLEY RUSCH PhD, RDN, LDN

Medical Science Liaison, Medical Affairs and Research  
Abbott Nutrition Division

Carley Rusch serves as a Medical Science Liaison in Medical Affairs & Research at Abbott specializing in Adult Therapeutic Nutrition. Prior to joining Abbott, Dr. Rusch completed her bachelor's degree in Food Science and Human Nutrition at the University of Florida (UF) specializing in Dietetics. She earned her master's degree and completed her dietetic internship through the MS-DI program at UF. During her dietetic training, she also served as a research coordinator on a variety of study protocols, including topics on gastrointestinal dysfunction, inflammation, pre- and probiotics, and the gut microbiome.

She then went on to work as an inpatient dietitian at AdventHealth Orlando and served as a preceptor for their dietetic internship program. Her clinical experience spans a variety of disease states such as cancer, gastrointestinal and neurological disorders, malnutrition and critical care. Following her time working in clinical practice, Dr. Rusch completed her PhD in Nutritional Sciences at UF. Her doctoral research investigated the effect of the Mediterranean diet on improving constipation and intestinal inflammation in Parkinson's disease. During her graduate programs, she has taught multiple undergraduate and graduate courses on nutrition, metabolism, and research methods. In 2020, she was awarded Recognized Young Dietitian of the Year by the Florida Academy of Nutrition and Dietetics. Dr. Rusch has several publications in peer-reviewed journals and been invited to present at national and international conferences.

## SPEAKER:



### KATHLEEN VOLLMAN MSN, RN, CCNS, FCNS, FCCM, FAAN

Clinical Nurse Specialist, Consultant, Educator, & Entrepreneur  
President, Advancing Nursing LLC  
Northville, MI

Ms Vollman is a Critical Care Clinical Nurse Specialist and Consultant. She has published & lectured nationally and internationally on a variety of pulmonary, critical care, prevention of health care acquired injuries including pressure injury and CAUTI/CLABSI's and other HAI's, work culture and sepsis recognition & management. She serves as a subject matter expert on these topics for the American Hospital Association and Michigan Hospital Association. From 1989 to 2003 she functioned in the role of Clinical Nurse Specialist for the Medical ICU's at Henry Ford Hospital in Detroit Michigan. Currently her company, ADVANCING NURSING LLC, is focused on creating empowered work environments for healthcare practitioners through the acquisition of better skills, attainment of greater knowledge, and implementation of process improvement.

#### Notable Inductions and Appointments:

- College of Critical Care Medicine (2004)
- American Academy of Nurses (2009)
- CNS Institute (2019)
- Appointed to serve as an honorary ambassador to the World Federation of Critical Care Nurses
- President: World Federation of Critical Care Nurses (2023-2025)
- Board of Directors NPIAP (2023)