



ANHI
ABBOTT NUTRITION
HEALTH INSTITUTE



[ARTICLE]

***FastCompany* Recognizes the Mid-Upper Arm Circumference (MUAC) Z-score Tape as a World-changing Idea**

FastCompany has recognized the MUAC z-score tape—a simple, inexpensive, paper-based device that helps identify the risk of malnutrition in children—as one of the World Changing Ideas in Wellness and Developing Nation Technologies for 2021. This recognition indicates that the world's best ideas produce solutions that address global challenges and provide access to the people who need them.

ANHI has a host of educational resources to help healthcare professionals learn more about the tool, why it's important, and how to use it.

[SEE MUAC RESOURCES](#)



HELP SHAPE THE FUTURE OF PEDIATRIC MALNUTRITION SCREENING

The COVID-19 pandemic has had a profound impact on the use of remote and technology-enabled care services. We're seeking to understand how nutritional screening for pediatric patients might have changed over the last 12 months. This will help us identify if new tools and educational resources might be useful to support any changes in practice. Please take this short 10 minute survey and help us get an international view of how the COVID-19 pandemic has shaped and changed pediatric screening practice.

[TAKE SURVEY](#)



[SELF-STUDY COURSE] Nutrition in Early Adolescence: Guidance for Clinical Practice

In this course, Virginia Stallings, MD, will discuss the importance of adolescent nutrition in clinical practice; review the physiological changes with pubertal development and its impact on nutrient needs; and identify nutrients of concern to support adolescent health.

Originally presented as a live webinar on 25 February 2021.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

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[INFOGRAPHIC SERIES FOR PATIENTS] Understanding Diabetic Foot Ulcers

A diabetic foot ulcer is an open sore that usually develops on the bottom of the foot. The wound may begin as a minor injury, burn or reaction to extreme cold. If the wound goes unnoticed, it could become infected and have trouble healing.

Our new four-part infographic series for patients explains:

- What can cause a diabetic foot ulcer
- The role high blood sugar can play in harming your feet
- What factors can increase the risk of developing a foot ulcer
- Basic foot care strategies
- How to identify and care for this type of wound

[DOWNLOAD INFOGRAPHIC](#)



[SELF-STUDY COURSE]
**Practices to Increase Exclusive Breastfeeding:
Core Concepts**

In this course, co-created by the International Lactation Consultant Association, and INJOY Birth and Parenting Education, you'll learn to use effective communication techniques with breastfeeding women and families; understand why the first hours after birth are considered a sensitive period for the initiation of breastfeeding; describe signs of an effective latch; review strategies to safely handle and store expressed milk; and more.

This course consists of an introductory module and four accompanying educational modules. All modules must be completed to obtain credit.

FREE continuing education: 1.5 RN CE; 1.5 RD CPEU

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[SELF-STUDY COURSE]
**Challenges in the Dietary Management
of Childhood Cancers**

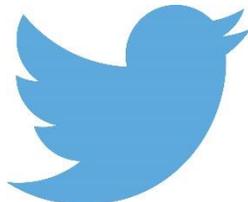
In this webinar, Gemma Renshaw, BSc (Hons), RD, will describe the dietary management of common childhood cancers; identify practical dietary interventions for managing side effects and symptoms associated with childhood cancers; and assess dietary considerations when managing paediatric oncology patients in the community.

Originally presented as a live webinar on 17 March 2021.

FREE continuing education: 1.0 RN CE; 1.0 RD CPEU

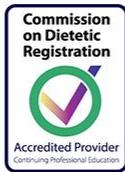
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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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