



DECEMBER 2021 NEWSLETTER

How Probiotics Can Help My Preterm Infant

Infancy is an important time in developing a healthy gut microbiome. Probiotics increase the number of good bacteria in the gut, promoting a healthy microbiome.

This infographic will help you explain probiotics to parents or caregivers, and how a healthy gut supports other body systems.

[DOWNLOAD INFOGRAPHIC](#)

Neonatal Alimentary System



In this course, Mary Kaminski, DNP, APRN, NNP-BC; Bonnie Gahn, MSN, MA, APRN; and Ashley Bronston, MS, RDN, LDN; will identify the normal developmental stages of the neonatal alimentary tract; describe the practices of GI system assessment; recognize the pathophysiology, clinical presentation, and management of several neonatal gastrointestinal conditions; and more.

FREE Continuing Education: 1.0 RN CE; 1.0 RD CPEU

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Soy For Childhood Growth



Supporting growth and development can be challenging when a child has a food intolerance or allergy. Soy is a healthy option that is an excellent source of plant-based/vegan nutrition.

This infographic will help you explain the benefits of soy to parents and caregivers who may be exploring alternative options for protein consumption for their child.

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Diabetes Management and COVID-19: What Have We Learned?



In this course, Elena A Christofides, MD, FACE, will identify the impact of COVID-19 on people with diabetes mellitus (DM); discuss the effect of DM on COVID-19 infection; review evidence of best practices for clinicians caring for people with DM and COVID-19 to improve outcomes; and examine the role of nutrition to improve outcomes in people with DM and COVID-19. Originally presented as a live webinar on June 24, 2021.

FREE Continuing Education: 0.5 RN CE; 0.5 RD CPEU

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Malnutrition, Muscle Loss, and Body Composition: Latest Advances and Innovations for the Future Series



This free educational series was originally presented at the 119th Abbott Nutrition Research Conference held on June 22, 2021. It focuses on malnutrition, muscle loss, body composition, and more.

FREE Continuing Education: Up to 3.0 RN CE; 3.0 RD CPEU

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CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.