



**ANHI**  
ABBOTT NUTRITION  
HEALTH INSTITUTE

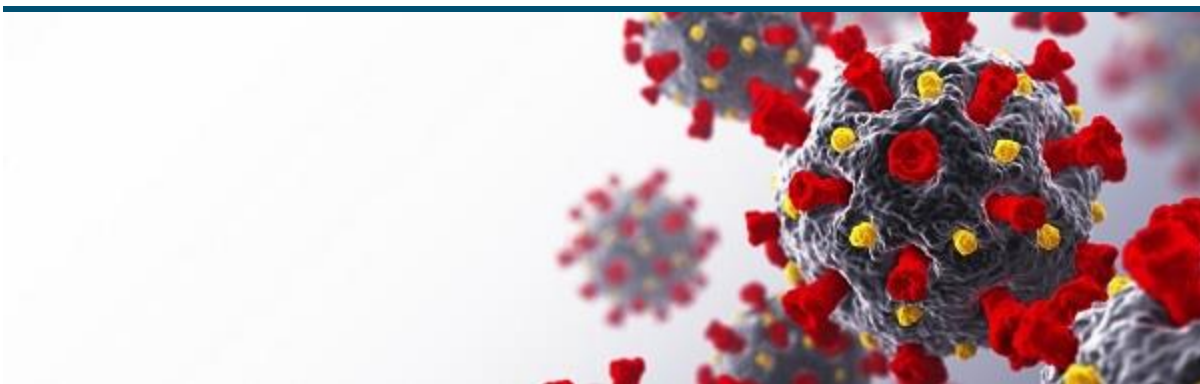


## VALUE-BASED HEALTHCARE & QUALITY

Quality healthcare is important for everyone, and value-based and quality programs are part of the quality strategy to reform how healthcare is delivered and paid for in the United States. For this reason, our site now hosts an initiative that:

- Outlines value-based and quality programs across the continuum of care
- Provides basic information and resources about value-based and programs
- Provides opportunities for alignment with quality nutrition care

[EXPLORE THE INITIATIVE](#)



## COVID-19 KNOWLEDGE HUB

With Covid-19 resurging around the world, now may be the time to revisit our new Covid-19 Knowledge Hub, which offers a large collection of ANHI-exclusive resources to help you help your patients, staff and their families navigate, manage and address the pandemic.

You'll find webinar and podcast recordings, articles, infographics and other nutrition science education resources in a single location, so you can quickly find what you need, and get back to the important work of caring for your patients.

[EXPLORE THE HUB](#)



## CLINICAL DEMONSTRATION VIDEO SERIES

Measuring and monitoring infant and pediatric growth is an important part of child health observation. Screening and assessment can help to detect overweight and underweight, short stature and faltering growth potentially due to underlying medical problems. It can also provide parents, caregivers and healthcare professionals alike reassurance that the child is growing at a normal and healthy rate.

In this video series, Meggie Meara, MSN, RN, RD, demonstrates clinical methods to measure:

- Infant weight
- Infant length
- Head circumference
- Toddler weight
- Toddler height

WATCH VIDEOS



## WHAT'S NEW IN ANHI PODCASTS

Tired of looking at your screen? We've added a handful of podcast episodes this month to help you learn the latest in therapeutic nutrition, hands-free, including:

[\*\*National Blueprint: Achieving Quality Malnutrition Care for Older Adults\*\*](#) – In this 28-minute episode, Kristi Mitchell, MPH, and Meredith Whitmire, JD, discuss some of the blueprint strategies to improve health outcomes for older adults across the continuum of care and acute, post-acute, and community settings.

[\*\*A Clinician's Perspective on Nutrition in Telemedicine Visits During the Covid-19 Pandemic\*\*](#) – In this 21-minute episode, Stephen C Koesters, MD, MBA, and Jeanne Hendricks, RDN, discuss how best to identify the needs for a successful virtual patient experience, and present front-line examples of how to discuss nutrition in a virtual setting.

[\*\*Nutrition Care for Poorly-Nourished Outpatients\*\*](#) – In this 24-minute episode, Kurt Hong, MD, PhD, discusses a recent study titled “Nutrition Care for Poorly Nourished Outpatients Reduces Resource Use and Lowers Costs,” which assessed the outcomes of a nutrition-focused quality improvement program (QIP) on healthcare resource use and costs in poorly nourished outpatients.

HEAR PODCASTS

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## SARCOPENIA: TAKING CHARGE OF YOUR HEALTH AS YOU AGE

Starting as early as age 30, we all begin to gradually lose muscle mass and strength. Some of us lose it more quickly because of a serious condition called sarcopenia, which becomes more common with age—affecting 10 to 20 percent of older adults. It can lead to disability, loss of independence, more frequent hospitalizations, the need for long-term care, and even death.

In this video by the Alliance for Aging Research, Suzette Pereira, PhD, will tell you more about this condition.

[WATCH VIDEO](#)



## ASSESSING BODY COMPOSITION TO OPTIMIZE GROWTH

In this course, you'll identify body composition assessment tools for pediatric patients; discuss the need for early identification of nutritional risk; review nutrition interventions to support catch-up growth; and describe the causes and consequences of faltering growth and windows of opportunity for catch-up growth. Originally presented at the

Nutrition & Growth Conference on August 27, 2020.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

ENROLL



## THE IMPORTANCE OF NUTRITION TO PREVENT & TREAT LOW MUSCLE MASS

This video, shared with us by Dr Carla Prado, serves as an educational tool to help teach your patients about the importance of maintaining muscle mass, and to better understand the essential role nutrition can play in creating and maintaining.

WATCH VIDEO

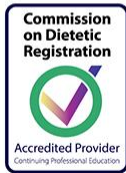
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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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