



SEPTEMBER 2019 NEWSLETTER

MALNUTRITION AWARENESS WEEK PODCAST SERIES

23-27 September is **Malnutrition Awareness Week** in the United States, Canada, and Britain. If you're unfamiliar, the week is a multi-organizational campaign created by the American Society for Parenteral & Enteral Nutrition (ASPEN) and presented in partnership with the Canadian Nutrition Society (CNS) and the British Association for Parenteral & Enteral Nutrition (BAPEN). Its purpose is to:

- Educate and encourage healthcare professionals to identify and treat malnutrition earlier
- Educate and encourage consumers and patients to discuss their nutrition status with healthcare professionals
- Increase awareness of nutrition's role in patient recovery

Obviously, malnutrition is a hot topic here at ANHI. To show our support, we'll publish a podcast episode every day throughout Malnutrition Awareness Week to talk about what malnutrition is and how it has become so prevalent across the globe, and also to share case studies that offer ideas to help combat malnutrition in your own communities.

- **23 September** – The Malnutrition Quality Improvement Initiative
- **24 September** – Massachusetts Malnutrition Awareness & Prevention
- **25 September** – Malnutrition Protocol Initiatives at Lee Health (Florida)
- **26 September** – The Ohio Malnutrition Screening Tool
- **27 September** – Congressional Briefing & Resolution for Malnutrition Awareness Week

[LISTEN TO PODCASTS](#)

EXPLORE OUR NEW COURSES



We've updated our Continuing Education Course Catalog to include our latest free accredited course offerings. Explore what's new, then contact your Abbott Nutrition representative to schedule a group program in your facility, or take a course online at a time that best fits your schedule.

[FIND A COURSE](#)

INFOGRAPHIC: DHA & LUTEIN: NUTRIENTS VITAL TO EYE & BRAIN DEVELOPMENT



Docosahexaenoic acid (DHA) and lutein form a power team of nutrients that encourage healthy eye and brain development, especially for infants and children. Unfortunately, many young children don't eat enough DHA- and lutein-enriched foods to support brain and eye health.

This infographic:

- Describes the importance of DHA and lutein in infancy and early childhood
- Discusses what happens when children have a deficiency in either nutrient
- Offers a list of DHA- and lutein-rich foods
- Considers the role of nutritional supplementation to help prevent or treat impairments brought about by DHA and lutein deficiencies

[DOWNLOAD INFOGRAPHIC](#)

NEWS IN HMO RESEARCH—PRESENTED BY LARS BODE, PHD



The body of research continues to grow on human milk oligosaccharides—the third-most-abundant solid component of human milk, which can bolster immunity by serving as food for beneficial bacteria in an infant's gut.

In this course, you'll:

- Define HMOs
- Summarize potential direct and indirect HMO effects
- Discuss maternal genetic and environmental factors that influence HMO composition
- Evaluate the current evidence for the role of HMOs in diseases and disorders in infancy and beyond

FREE continuing education: 1.0 RN CE/1.0 RD CPEU

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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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