



AUGUST 2019 NEWSLETTER

THE IMPACT OF NUCLEOTIDES ON IMMUNITY & HEALTH

In this course, you'll review the structure and main functions of nucleotides; describe the main clinical outcomes associated with nucleotides in the infant population; identify mechanisms of action that support infant health; and more.

FREE CONTINUING EDUCATION: 0.5 RN CE; 0.5 RD CPEU

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NEW INSIGHTS ON THE ROLE OF NUTRITION IN ENHANCED RECOVERY AFTER SURGERY (ERAS)



Good nutrition before and after surgery can help patients heal faster, fight infection, and get home sooner. It can help prevent loss of muscle and reduce the risk of complications. But today, 1 out of 3 surgical patients is at high risk for being malnourished, and only 1 in 5 malnourished patients receives nutrition supplementation before surgery. (See our new [Surgery Toolkit](#) for more details and citations.)

In this course, you'll review the role of nutrition in ERAS protocols; discuss how immunonutrition can be integrated into ERAS protocols; and identify ways to incorporate nutrition-based ERAS protocols into practice.

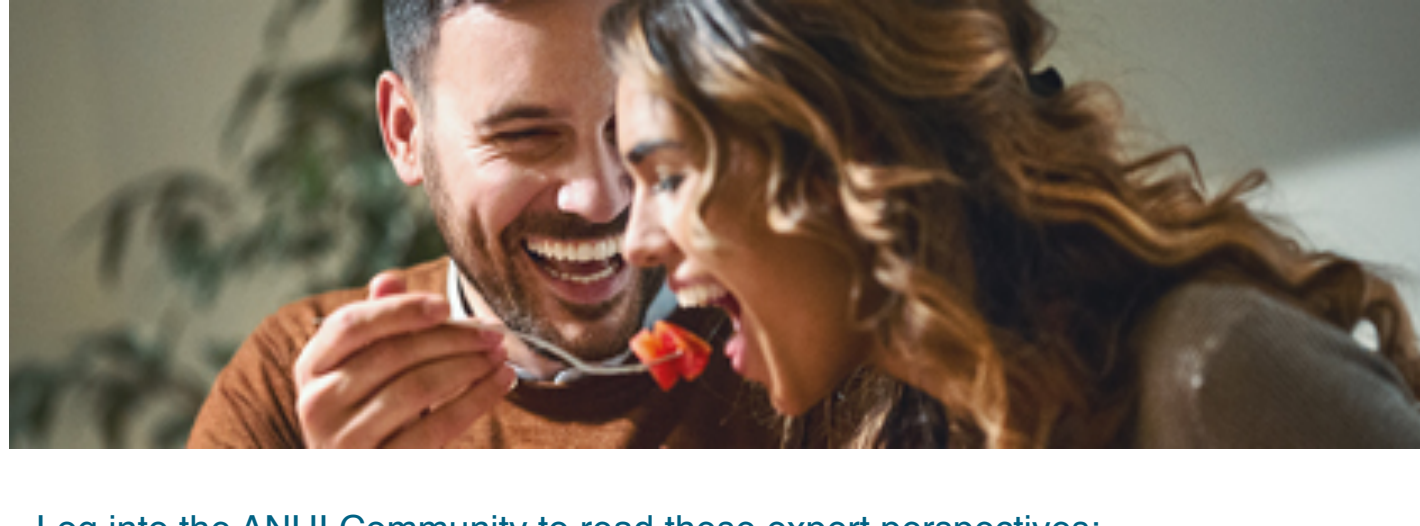
FREE CONTINUING EDUCATION: 1.0 RN CE, 1.0 RD CPEU

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Want to learn more? Download these new perioperative surgery resources:

- [Surgery Toolkit for Patients](#)
- [Perioperative Nutrition Video Series](#)

THE ANHI COMMUNITY: WHAT'S NEW



Log into the ANHI Community to read these expert perspectives:

- **PODCAST: Reducing Hospitalization & Costs in Home Healthcare** – Jamie Partridge, PhD, MBA
- **DISCUSSION: The Role of Probiotics** – Heaven Holdbrooks, RN, MSN, PNP, CNS, RNC-NIC, & Laura Meredith-Dennis, RD, MAS
- **REVIEW: NHANES Guidelines (A Pediatric Perspective)** – Robert Murray, MD, FAAP
- **REVIEW: NHANES Guidelines (A Pediatric Perspective)** – Chris Taylor, PhD, RDN, LD, FAND
- **REVIEW: ERAS GUIDELINES** – Refaat Hegazi, MD, PhD, MPH, MS, PNS, MBA

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MALNUTRITION SCREENING IN ADULTS: COMBINING EVIDENCE & CLINICAL PRACTICE TO IMPROVE PATIENT CARE



In this course, you'll review the background and evolution of validated malnutrition screening tools for adults; summarize new evidence; and discuss the use of these tools through real-world examples and clinical practice.

FREE Continuing Education: 1.0 RN CE, 1.0 RD CPEU

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MALNUTRITION AWARENESS WEEK: FREE WEBINAR



According to the American Society for Parenteral & Enteral Nutrition, 11 patients go undiagnosed with malnutrition every 60 seconds, resulting in longer hospital stays, increased medical costs, and increased mortality.

Malnutrition Awareness Week is September 23-27 this year. In support, Abbott is offering a wide array of programming to help bring attention to the need for clinical intervention, including this free webinar:

TOPIC	Improving Nutrition Status in the Cancer Patient With Nutritional and Pharmacological Therapies
DATE	24 September
TIME	4-5 PM ET
FACULTY	<p>Todd Mattox, PharmD, BCNSP Medical and Surgical Clinical Pharmacist Moffitt Cancer Center (Tampa, Florida, USA)</p> <p>Mary Marian, DCN, RDN, CSO, FAND Assistant Professor of Practice/DPD Director Department of Nutrition Sciences University of Arizona (Tucson, Arizona, USA)</p>
CREDITS	1.0 RN CE, 1.0 RD CPEU

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Want to learn more?

- Read this series of [ARTICLES & ABSTRACTS](#) highlighting the impact of malnutrition quality improvement on interdisciplinary patient care and clinical nutrition practice, published in the *Journal of the Academy of Nutrition & Dietetics*.

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