



# JUNE 2019 NEWSLETTER

## EXPLORE THE NEW ANHI COMMUNITY

We're pleased to introduce the new ANHI Community, designed to offer you a secure space to speak directly with your peers and experts about today's most important nutrition science topics and innovations. As an ANHI.org registrant, you now have access to:

- **EXPERT VOICES**—a forum featuring the latest research and viewpoints of global experts
- **DISCUSSIONS**—a forum that encourages direct, peer-to-peer and peer-to-expert communication
- **SPECIAL EVENTS**—webinars and podcasts—we'll livestream and record in case you can't attend the live broadcast

### JOIN TODAY

- **If you're an anhi.org registrant:** Simply log on to [anhi.org](http://anhi.org) and click "COMMUNITY" at the top of the page.
- **If you're not yet an anhi.org registrant:** Go to [anhi.org/register](http://anhi.org/register) and complete the online form to become a community member.

### UPCOMING EVENTS

#### 24 June      **Review: Global Nutrition Report**

**Amie Heap, MPH, RD**  
*Director – Abbott Nutrition Health Institute  
Columbus, Ohio, USA*

#### **Perspective: Chronic Conditions & Nutrition in the Community Setting**

**Peter A. McCullough, MD, MPH**  
*Vice Chief of Internal Medicine  
Baylor University Medical Center  
Dallas, Texas, USA*

#### **Perspective: Safe Handling & Delivery of Nutrition in the NICU**

**Caroline Steele, MS, RD, CSP, IBCLC, FAND**  
*Director – Clinical Nutrition & Lactation  
Children's Hospital of Orange County  
Orange, California, USA*

#### 1 July      **REVIEW: ICOPE Guidelines**

**Mary Beth Arensberg, PhD, RDN, LD, FADA**  
*Director – Abbott Nutrition Health Policy & Programs  
Columbus, Ohio, USA*

#### 8 July      **REVIEW: ERAS Guidelines**

**Refaat Hegazi, MD, PhD, MPH, MS, PNS, MBA**  
*Medical Director, Abbott Nutrition Scientific & Medical Affairs  
Columbus, Ohio, USA*

[EXPLORE](#)

## PEDIATRIC CURRENTS: SCREENING FOR MALNUTRITION RISK IN PEDIATRICS



Globally, malnutrition leads to poor growth and cognitive impairment and is a major cause of morbidity and mortality in children. For children in the United States and Europe, malnutrition leads to a more complex postoperative course and post-op complications, growth failure, reduced height velocity, and reduced cognitive and developmental ability, as well as increased hospital lengths of stay, costs of care, readmission rates, infection rates, and mortality rates. Although the true prevalence of pediatric malnutrition in the United States is unknown, it has been reported that coded diagnoses of malnutrition in children are around 2.3%; however, prevalence in hospitalized children has been reported to be as high as 13-25%.

In our newest edition of PEDIATRIC CURRENTS, the article **"SCREENING FOR MALNUTRITION RISK IN PEDIATRICS"** presents the value of screening children for malnutrition; defines and recognizes the difference between nutrition *screen* and nutrition *assessment*; and identifies four clinically validated pediatric nutrition screening tools.

**FREE CONTINUING EDUCATION:** 1.0 RN CE, 1.0 RD CPEU

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## NEONATAL HEALTH & MICROBIOME WEBINAR SERIES



In each of these four interrelated, live webinars, a two-member faculty panel discusses optimal approaches to neonatal nutrition, using case examples to illustrate key points and emphasize the role of nutrition in promoting long-term health. Each event will allow time for an open-audience discussion. **Note:** This series is supported by an Abbott Nutrition educational grant.

**FREE CONTINUING EDUCATION:** Up to 3.0 CME/CE/CPEU credits

### Webinar Schedule:

- **Mysteries of the Microbiome: What You Need to Know About Its Impact on Infant Health**  
**Date:** 26 June  
**Time:** 6 PM ET  
**Faculty:** *Michael Caplan, MD; Philip Sherman, MD, FRCPC*
- **Necrotizing Enterocolitis: Unraveling the Mysteries of Its Causes, Treatment & Prevention**  
**Date:** 10 July  
**Time:** 7 PM ET  
**Faculty:** *Mark Underwood, MD; Philip Sherman, MD, FRCPC*
- **Optimizing Nutrition in the NICU: Putting Prebiotics & Probiotics to Work**  
**Date:** 17 July  
**Time:** 7 PM ET  
**Faculty:** *Michael Caplan, MD; Mark Underwood, MD*
- **Guidance from the Guidelines: What is the Role of Prebiotics & Probiotics in Neonatal & Infant Nutrition?**  
**Date:** 24 July  
**Time:** 7 PM ET  
**Faculty:** *Ravi Patel, MD; John Rosen, MD*

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## SURGERY TOOL KIT



Do you routinely refer patients for surgery? Good nutrition can make a difference in how quickly they'll heal, how well they'll fight infection, and how soon they'll be released from the hospital.

It's important to discuss perioperative nutrition with patients, and our new Surgery Tool Kit can help you do just that by:

- Teaching them what questions to ask about nutrition
- Helping them understand the roles of each member of the nutrition care team
- Discussing general nutrition tips to follow as their surgery date approaches

### RELATED RESOURCES

- **Video:** [The Importance of Perioperative Nutrition](#): Paul Wischmeyer, MD, EDIC
- **Video:** [The Importance of Perioperative Nutrition](#): Kathryn Starr, PhD
- **Video:** [Nutrition is a Team Sport](#)
- **Video:** [How to Prepare](#)

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Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials.

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