



# MARCH 2019 NEWSLETTER

## WEBINAR: MALNUTRITION SCREENING IN ADULTS

In partnership with Dietitian Connection, please join us in April for our exclusive webinar, “Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care.”

During this session, you'll:

- Review the background and evolution of validated nutrition screening tools for adults.
- Summarize new evidence on validated malnutrition screening tools by health care setting.
- Discuss the use of validated malnutrition screening tools through real-world examples and clinical practice.

**FREE CONTINUING EDUCATION:** 1.0 RN CE; 1.0 RD CPEU

**WHEN:**

**Webinar 1:**

- **US:** 23 April, 7-8 PM ET
- **Australia:** 24 April, 9-10 AM ET

**Webinar 2:**

- **US:** 25 April, noon-1 PM ET

**FACULTY:**

- Annalynn Skipper, PhD, RDN, FADA, CNSC
- Anne Coltman, MS, RD, LDN, CNSC
- Ainsley Malone, MS, RDN, LD, CNSC, FAND, FASPEN

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## HANDLING HUMAN MILK & FORMULA IN HEALTH CARE FACILITIES (ENGLISH & FRANÇAIS)



Safe preparation and storage procedures are key to maintaining the high quality of human milk and the health of the baby. Clinicians, parents, and caretakers can maintain that high quality by understanding and following the appropriate steps to safely handle and store human breast milk and formula.

**English:** In this course, Caroline Steele, RD, outlines the risks associated with human milk and formula handling in the hospital setting; summarizes US and Canadian standards and best practices; and describes how centralized handling and bar code scanning can reduce errors.

**FREE Continuing Education:** 1.0 RN CE; 1.0 RD CPEU

**Français:** La diététiste Caroline Steele décrit les risques liés à la manipulation du lait maternel et des préparations en milieu hospitalier, les normes et les pratiques exemplaires aux États-Unis et au Canada, et comment la préparation centralisée des biberons et les codes à barres peuvent réduire les erreurs.

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## ENHANCING RECOVERY AFTER SURGERY: MAXIMIZING THE ROLE OF NUTRITION



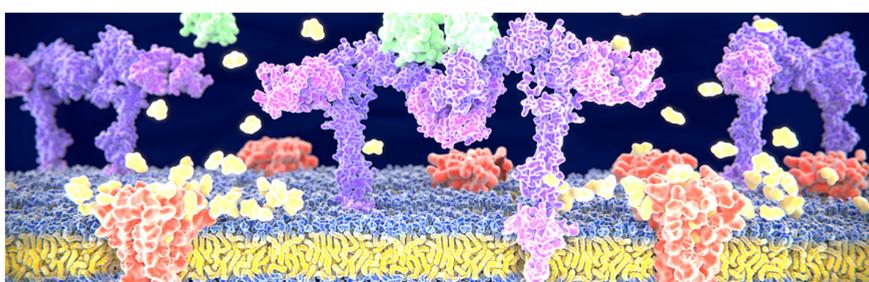
Enhanced Recovery After Surgery (ERAS) is an evidence-based, patient-centric approach to multidisciplinary care in the surgical setting. It involves creating a clinical culture that strives to reduce patients' response to surgical stress and improve their short- and long-term outcomes.

In this course, you'll learn about the nutrition components of ERAS; hear the latest evidence supporting perioperative nutrition; and identify practical implications and the role of multidisciplinary collaboration.

**FREE Continuing Education:** 1.0 RN CE; 1.0 RD CPEU

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## UTILIZING CONTINUOUS GLUCOSE MONITORING DATA TO IMPROVE DIABETES CARE



Continuous Glucose Monitoring (CGM) is a method that tracks glucose levels at regular intervals throughout the day and translates the readings into dynamic data, generating glucose-direction and rate-of-change reports.

In this course, you'll learn how CGM reports facilitate appropriate therapy and lifestyle changes; obtain best practice tips for clinicians to educate patients on use of CGM information; and more.

**FREE Continuing Education:** 1.0 RN CE, 1.0 RD CPEU

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## SUSPECTED INBORN ERRORS OF METABOLISM IN THE NEWBORN



Inborn errors of metabolism are a large group of rare genetic diseases that result from defective enzymes or transport proteins that block a metabolic pathway. These inborn errors may present with any of the characteristic features of liver disease and may result in a newborn's inability to thrive.

In this course, you'll review the clinical findings that may be suspicious of a metabolic disorder; learn about laboratory studies that are performed for suspected metabolic disorders; and outline treatment guidelines, focusing on stabilization and acute management.

**FREE Continuing Education:** 1.0 RN CE; 1.0 RD CPEU

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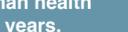
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