



ANHI
ABBOTT NUTRITION
HEALTH INSTITUTE

FREE CONTINUING EDUCATION COURSES

FOR HEALTHCARE PROFESSIONALS

February 2024

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Abbott

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FACILITATED EDUCATION EVENTS

We work with clinical experts to develop and record continuing education programs. Our Abbott Nutrition representatives are available to facilitate these programs in your facility.



HOW TO GET STARTED

- 1 | Partner with your representative** to select an education program from our course catalog that is relevant to your practice.
- 2 | Choose a date, time and location** for your education experience.
- 3 | Print a certificate on anhi.org/education** when your program is done!

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CERTIFICATES OF TRAINING

Strengthen your knowledge and build expertise on today's most important nutrition topics by completing a certificate of training and earning continuing education credits.



Adult Malnutrition earn	7	credit hours
Enteral Nutrition earn	7	credit hours
Neonatal Nutrition earn	7	credit hours
Nutrition Facts Label earn	4	credit hours
Pediatric Malnutrition earn	10	credit hours



We also offer free online education courses that are always available so you can complete them when you're ready. Visit anhi.org/education/nutrition-training-certificates

**OUR GOAL
IS TO WORK WITH YOU
TO BUILD A LONG-TERM
EDUCATION PLAN
TAILORED
TO YOUR NEEDS.**



CERTIFICATES OF TRAINING

With a Certificate of Training, you can build your comprehensive knowledge on a topic at your own pace. And you can customize the curriculum to your clinical needs and interests by enrolling in a mix of required and elective courses.

1

SELECT A CERTIFICATE
from the choices below

2

ENROLL IN COURSES
and complete at your
own pace

3

TAKE THE FINAL EXAM
and achieve a score of 80%
or higher to earn your certificate

7.0 RN CE / RD CPEU

REQUIRED:

- Neonatal Fundamental: Infant Nutrition Assessment
- Neonatal Fundamentals: Enteral Nutrition
- Neonatal Fundamentals: Parenteral Nutrition
- Neonatal Fundamentals: Discharge and Follow-Up
- Pediatric Currents: Applying Malnutrition Indicators in the Preterm and Neonatal Population

ELECTIVES (select two):

- Nutrition Assessment of the Preterm Infant
- Benefits of Breastfeeding
- Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad
- Eat, Sleep, Console
- Motivational Interviewing: Application in Working with Patients and Families
- Implementing Individualized Infant Feedings: All About the Cues and More

7.0 RN CE / RD CPEU

REQUIRED:

- Advances in Human Milk Fortification: Evidence for Preterm Infants – Part 1
- Advances in Human Milk Fortification: Evidence for Preterm Infants – Part 2
- Handling Human Milk and Formula in Healthcare Facilities
- Neonatal Alimentary System

ELECTIVES (select three):

- Neonatal Opioid Withdrawal Syndrome
- Spotlight on the Gut-Brain Axis
- NICU Currents: Ethical Issues in Neonatal Care

10.0 RN CE / RD CPEU

REQUIRED:

- Identification and Diagnosis of Pediatric Malnutrition
- Detecting Pediatric Malnutrition: Tools for Screening and Criteria for Diagnosing
- Pediatric Nutrition-Focused Physical Exam
- Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores
- The Importance of Anthropometric Data in Infant and Pediatric Populations
- Nutrition for the Neurologically Impaired Child
- Pediatric Currents: Screening for Malnutrition Risk in Pediatrics

ELECTIVES (select three):

- Nutrition Interventions in Sick Pediatric Patients
- Utilizing NHANES Data to Assess Pediatric Malnutrition
- Practical Strategies for Achieving Growth Potential in Children
- Ethical Issues in Pediatric Care

CERTIFICATES OF TRAINING

7.0 RN CE / RD CPEU

REQUIRED:

- Nutrition-Focused Physical Exam – Part 1: Subcutaneous Fat and Muscle Loss
- Nutrition-Focused Physical Exam – Part 2: Micronutrients, Fluid Accumulation and Functional Status
- Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change

ELECTIVES (select four):

- Nutrition & Health Currents: Identification, Diagnosis, and Treatment of Malnutrition in Adult Hospitalized Patients: An Ethical Perspective
- Addressing Weight Stigma in the Healthcare Setting
- Adapting the Nutrition-Focused Physical Exam to Identify Adult Malnutrition in Critically Ill Patients with Obesity
- Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care
- Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU
- Malnutrition Screening in Patients with Obesity in the Hospital Setting
- Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population

4.0 RN CE / RD CPEU

REQUIRED:

- Decoding the Nutrition Facts Label: Overview
- Decoding the Nutrition Facts Label: Carbohydrates
- Decoding the Nutrition Facts Label: Protein
- Decoding the Nutrition Facts Label: Fat

7.0 RN CE; 7.0 RD CPEU

REQUIRED:

- Enteral Tube Feeding 101
- Enteral Tube Feeding: Gastrointestinal Complications
- Enteral Tube Feeding: Surgical and Metabolic Complications
- Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients

ELECTIVES (select three):

- Update on the ASPEN 2022 Critical Care Guidelines
- Enteral Nutrition Tolerance and Gut Health
- Optimal Nutrition Therapy During and Post-ICU
- Enteral Nutrition: Transitions of Care From Hospital to Home
- Addressing Gastrointestinal Tolerance in the ICU Setting
- Measuring Body Composition and Optimal Nutrition Support in the ICU Setting
- Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU
- New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes
- Putting Evidence into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting
- Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations



Scan the QR code and select a certificate of training to get started

Participants can only claim credit for one of the learning formats (group program or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.

Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.

This educational activity has been prior-approved by the Commission on Dietetic Registration (CDR). CDR credentialed practitioners will receive the specified continuing professional education units (CPEUs) for completion of this program/material.



Visit [anhi.org](https://www.anhi.org) to get started

	Run Time (Minutes)	Nursing CE	Dietitian CPEU
PEDIATRIC			
NEONATAL			
Assessment			
Nutrition Assessment of the Preterm Infant	56	1.0	1.0 Exp: 5/31/2024
Breastfeeding & Safe Handling Practices			
Benefits of Breastfeeding <i>(also available in Spanish)</i>	34	1.0	1.0 Exp: 5/31/2024
Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad <i>(also available in Spanish)</i>	46	1.0	1.0 Exp: 5/31/2024
Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New <i>(also available in French)</i>	51	1.0	1.0 Exp: 5/31/2024
Human Milk Oligosaccharides (HMOs)			
An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	51	1.0	1.0 Exp: 5/31/2024
Spotlight on the Gut-Brain Axis	51	1.0	1.0 Exp: 5/31/2024
Human Milk Fortification			
Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 1	33	0.5	0.5 Exp: 4/23/2024
Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 2	43	1.0	1.0 Exp: 4/23/2024
NICU			
Acid-Base Balance and Blood Gas Interpretation in the Neonate	42	1.0	
Eat, Sleep, Console	57	1.0	1.0 Exp: 4/29/2024
Implementing Individualized Infant Feedings: All About the Cues & More	49	1.0	1.0 Exp: 5/31/2024
Neonatal Alimentary System	60	1.0	1.0 Exp: 5/31/2024
Neonatal Opioid Withdrawal Syndrome	47	1.0	1.0 Exp: 2/25/2024
The Impact of Nucleotides on Immunity and Infant Health	31	0.5	0.5 Exp: 5/31/2024
Neonatal Fundamentals Series			
Neonatal Fundamentals: Infant Nutrition Assessment <i>(updated)</i>	42	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Enteral Nutrition <i>(updated)</i>	48	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Parenteral Nutrition <i>(updated)</i>	79	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Discharge and Follow-Up <i>(updated)</i>	72	1.0	1.0 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
PEDIATRIC			
Allergy & Immunity			
Management of Paediatric Disease-Related Malnutrition Where GI Intolerance is a Concern: Practical Case Studies	44	1.0	1.0 Exp: 5/31/2024
Nutritional Management of Eosinophilic Esophagitis: Food Allergens and Beyond	29	0.5	0.5 Exp: 5/31/2024
Growth & Development			
An Introduction to Mid-Upper Arm Circumference and Its Application in the Pediatric Intensive Care Unit	47	0.75	0.75 Exp: 5/31/2024
Detecting Pediatric Malnutrition: Tools for Screening & Criteria for Diagnosing	62	1.0	1.0 Exp: 5/31/2024
Identification and Diagnosis of Pediatric Malnutrition	61	1.0	1.0 Exp: 5/31/2024
Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-scores	37	1.0	1.0 Exp: 5/31/2024
Nutrition in Early Adolescence: Guidance for Clinical Practice	48	1.0	1.0 Exp: 2/25/2024
Pediatric Nutrition-Focused Physical Exam	49	1.0	1.0 Exp: 5/31/2024
Practical Strategies for Achieving Growth Potential in Children	72	1.0	1.0 Exp: 5/31/2024
Silent Malnutrition and Hidden Hunger	35	0.5	0.5 Exp: 5/26/2024
The Hidden Side of the COVID-19 Pandemic in Children: The Double Burden of Overnutrition and Undernutrition	28	0.5	0.5 Exp: 5/31/2024
The Importance of Anthropometric Data in Infant and Pediatric Populations	31	1.0	1.0 Exp: 5/31/2024
The Importance of Nutrition for Optimizing Growth in Adolescence	68	1.0	1.0 Exp: 5/31/2024
Utilizing NHANES Data To Assess Pediatric Malnutrition	54	1.0	1.0 Exp: 5/31/2024
Special Conditions			
Coronavirus 2019: Treatment in Pediatrics	48	1.0	
Nutrition for the Neurologically Impaired Child	48	1.0	1.0 Exp: 5/31/2024
Pediatric Multisystem Inflammatory Syndrome and COVID-19	47	1.0	1.0 Exp: 5/31/2024
Tube Feeding			
Nutrition Interventions in Sick Pediatric Patients	42	1.0	1.0 Exp: 5/31/2024
The Trend to Blend: Real Food Tube Feeding	41	1.0	1.0 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
ADULT			
CRITICAL CARE			
Measuring Body Composition and Optimal Nutrition Support in the ICU Setting	53	1.0	1.0 Exp: 5/31/2024
New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	50	1.0	1.0 Exp: 5/31/2024
Putting Evidence Into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting	48	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition Series			
Overcoming Barriers to Early Enteral Nutrition: The Importance of Early Enteral Nutrition for Critically Ill Patients (Part 1)	44	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Making Early Enteral Nutrition Happen (Part 2)	36	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Implementing Early Feeding Practices in Critical Care (Part 3)	41	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Improving the Quality of Nutrition Care for Critically Ill Patients (Part 4)	42	1.0	1.0 Exp: 5/31/2024
DIABETES			
Scientific Updates on Novel Concepts in Diabetes Nutrition: Transcultural Diabetes Nutrition Algorithm and Diabetes Remission	18	0.25	0.25 Exp: 5/31/2024
ENTERAL TUBE FEEDING			
Addressing Gastrointestinal Tolerance in the ICU Setting	50	1.0	1.0 Exp: 5/31/2024
Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients	40	1.0	1.0 Exp: 5/31/2024
Empowering Practice: Elevating the Nurse's Role in the Optimization of Enteral Nutrition for Improved Outcomes	31	0.5	
Enteral Nutrition Tolerance and Gut Health	28	0.5	0.5 Exp: 9/22/2025
Enteral Nutrition: Transitions of Care from Hospital to Home	24	0.5	0.5 Exp: 10/17/2025
Enteral Tube Feeding 101	24	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Gastrointestinal Complications	45	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Surgical and Metabolic Complications	84	1.5	1.5 Exp: 5/31/2024
Optimal Nutrition Therapy During and Post-ICU	27	0.5	0.5 Exp: 10/17/2025
Update on the 2022 ASPEN Critical Care Guidelines	24	0.5	0.5 Exp: 9/22/2025
GASTROINTESTINAL (GI)			
Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU	47	1.0	1.0 Exp: 5/31/2024
Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations	58	1.0	1.0 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
GENERAL NUTRITION			
Applying Specific WHO ICOPE Guidelines to Promote Active Aging	67	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Overview	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Carbohydrates	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Protein	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Fat	45	1.0	1.0 Exp: 5/31/2024
Leveraging Nutrition Every Step of the Way: Addressing Nutrition Equity & Early Intervention Strategies During the COVID-19 Pandemic	68	1.0	1.0 Exp: 5/31/2024
MALNUTRITION			
Adult Malnutrition in the Critical Care Setting: Utilizing the Nutrition-Focused Physical Exam in the ICU	74	1.5	1.5 Exp: 5/31/2024
Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care	43	1.0	1.0 Exp: 5/31/2024
Malnutrition Screening in Patients with Obesity in the Hospital Setting	46	1.0	1.0 Exp: 5/31/2024
Nutrition Focused Physical Exam — Part 1: Subcutaneous Fat and Muscle Loss	59	1.0	1.0 Exp: 5/31/2024
Nutrition Focused Physical Exam — Part 2: Micronutrients, Fluid Accumulation and Functional Status	44	1.0	1.0 Exp: 5/31/2024
Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population	41	1.0	1.0 Exp: 5/31/2024
The Future of Nutrition Intervention to Address Malnutrition and Muscle Loss	18	0.5	0.5 Exp: 5/31/2024
MUSCLE MASS			
Assessing Muscle Mass and Function: Practical Tools and Nutritional Interventions To Improve Patient Outcomes	40	0.5	0.5 Exp: 5/31/2024
Managing Sarcopenia & Frailty: How Can Nutrition and Exercise Improve Clinical Outcomes?	52	1.0	1.0 Exp: 5/31/2024
Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?	32	0.5	0.5 Exp: 5/31/2024
Nutrition, Muscle and Strength: Paramount for Optimal Health	37	1.0	1.0 Exp: 5/31/2024
QUALITY IMPROVEMENT & ECONOMIC OUTCOMES			
Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change	44	1.0	1.0 Exp: 5/31/2024
PROFESSIONAL DEVELOPMENT			
Ethical Issues in Pediatric Care	35	1.0	1.0 Exp: 5/31/2024
Motivational Interviewing: Application in Working with Patients and Families	40	1.0	1.0 Exp: 1/16/2027

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
NICU CURRENTS			
Ethical Issues in Neonatal Care <i>(coming soon)</i>		1.0	1.0 Exp: 11/6/2026
Neonatal Abstinence Syndrome: An Escalating Problem for Newborns, Families, and Healthcare Providers		1.0	1.0 Exp: 4/8/2024
PEDIATRIC CURRENTS			
Human Milk Oligosaccharides: Supporting Infant Digestive Health and the Developing Immune System		1.0	1.0 Exp: 5/31/2024
Screening for Malnutrition Risk in Pediatrics		1.0	1.0 Exp: 8/17/2026
NUTRITION & HEALTH CURRENTS (ADULT FOCUS)			
Utilizing the Multidisciplinary Team to Optimize Nutrition Care in Patients with Cancer		1.0	1.0 Exp: 5/31/2024

 New course





Contact your Abbott Nutrition Representative or visit anhi.org to get started

	Run Time (Minutes)	Nursing CE	Dietitian CPEU
PEDIATRIC			
NEONATAL			
Assessment			
Nutrition Assessment of the Preterm Infant	56	1.0	1.0 Exp: 5/31/2024
Breastfeeding & Safe Handling Practices			
Benefits of Breastfeeding <i>(also available in Spanish)</i>	34	1.0	1.0 Exp: 5/31/2024
Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad <i>(also available in Spanish)</i>	46	1.0	1.0 Exp: 5/31/2024
Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New <i>(also available in French)</i>	51	1.0	1.0 Exp: 5/31/2024
Human Milk Oligosaccharides (HMOs)			
2'-Fucosyllactose: An Allergy Modulating Human Milk Oligosaccharide	57	1.0	1.0 Exp: 5/31/2024
Allergies, Immunology, and Human Milk: Exploring Maternal and Infant Factors	48	1.0	1.0 Exp: 5/31/2024
An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	51	1.0	1.0 Exp: 5/31/2024
How HMOs and the Microbiome Communicate with the Gut and Brain	58	1.0	1.0 Exp: 5/31/2024
HMO Update: Clinical Evidence and Clinical Practice	50	1.0	1.0 Exp: 5/6/2024
Human Milk Oligosaccharides in the Preterm Infant: Impact On The Developing Immune System	37	1.0	1.0 Exp: 5/31/2024
Human Milk Oligosaccharides: Mechanisms of Action and Emerging Science	36	0.5	0.5 Exp: 5/31/2024
Nourishing the Microbiome: Impacting Pediatric Immune Health and Growth	89	1.5	1.5 Exp: 5/31/2024
Spotlight on the Gut-Brain Axis	51	1.0	1.0 Exp: 5/31/2024
The Infant's Microbiome "Social Network": How Has the Pandemic Affected Infants with Cow's Milk Allergy?	38	0.5	0.5 Exp: 5/31/2024
The Intersection of Infant Nutrition and Immunity: Learnings From the Pandemic	65	1.0	1.0 Exp: 5/31/2024
The Role of 2'-FL in Inflammation and the Possible Role in Food Allergy	52	1.0	1.0 Exp: 4/7/2024
What's New in the Science of HMOs: New Research and Future Directions	48	1.0	1.0 Exp: 5/31/2024
Human Milk Fortification			
Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 1	33	0.5	
Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 2	43	1.0	1.0 Exp: 4/23/2024
NICU			
Acid-Base Balance and Blood Gas Interpretation in the Neonate	42	1.0	
Eat, Sleep, Console	57	1.0	1.0 Exp: 4/29/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Implementing Individualized Infant Feedings: All About the Cues & More	49	1.0	1.0 Exp: 5/31/2024
Neonatal Opioid Withdrawal Syndrome	47	1.0	1.0 Exp: 5/31/2024
Neonatal Short Bowel Syndrome	60	1.0	1.0 Exp: 5/31/2024
Strategies for the Development of Safe Oral Feeding Among Preterm Infants	61	1.0	1.0 Exp: 5/31/2024
Suspected Inborn Errors of Metabolism in the Newborn <i>(also available in Spanish)</i>	49	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals Series			
Neonatal Fundamentals: Infant Nutrition Assessment <i>(updated)</i>	42	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Enteral Nutrition <i>(updated)</i>	48	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Parenteral Nutrition <i>(updated)</i>	79	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Discharge and Follow-Up <i>(updated)</i>	72	1.0	1.0 Exp: 5/31/2024
PEDIATRIC			
Allergy & Immunity			
Clinical Presentations of Cow's Milk Allergy in Infants and Children	64	1.0	1.0 Exp: 5/31/2024
Diagnostic and Therapeutic Advances in Eosinophilic Esophagitis	48	1.0	1.0 Exp: 5/31/2024
Food Allergies, Intolerances, and Sensitivities in Pediatric Practice: The Role of the Registered Dietitian Nutritionist	57	1.0	1.0 Exp: 5/31/2024
Management of Paediatric Disease-Related Malnutrition Where GI Intolerance is a Concern: Practical Case Studies	44	1.0	1.0 Exp: 5/31/2024
Pediatric Food Allergies	70	1.0	1.0 Exp: 5/31/2024
Understanding Food Protein-Induced Enterocolitis Syndrome: A Dietetic Led Approach to Management	50	1.0	1.0 Exp: 5/18/2024
Growth & Development			
Adolescent Nutrition: An Important But Often Neglected Health Topic	40	0.5	0.5 Exp: 5/27/2024
An Introduction to Mid-Upper Arm Circumference and Its Application in the Pediatric Intensive Care Unit	47	0.75	0.75 Exp: 5/31/2024
Beyond Anthropometrics: Evolving Science of Biomarkers for Assessing Growth	27	1.0	1.0 Exp: 5/31/2024
Beyond Height and Weight: Clinical Implications of MUAC and Its Use in Children with Disabilities	44	0.75	0.75 Exp: 5/31/2024
Beyond Recommended Dietary Intakes: Understanding Bioavailability and the Importance for the Growing Child	34	0.5	0.5 Exp: 5/31/2024
Combating Malnutrition in Pediatric Clinical Practice	62	1.0	1.0 Exp: 5/31/2024
Detecting Pediatric Malnutrition: Tools for Screening & Criteria for Diagnosing	62	1.0	1.0 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Identification and Diagnosis of Pediatric Malnutrition	61	1.0	1.0 Exp: 5/31/2024
Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-scores	37	1.0	1.0 Exp: 5/31/2024
Metabolic Flexibility and the Role of Carbohydrates, Protein and Fat Balance on Pediatric Obesity	33	1.0	1.0 Exp: 5/31/2024
Nutrition in Adolescent Growth and Development	29	1.0	1.0 Exp: 5/31/2024
Pediatric Nutrition-Focused Physical Exam	49	1.0	1.0 Exp: 5/31/2024
Practical Strategies for Achieving Growth Potential in Children	72	1.0	1.0 Exp: 5/31/2024
Recognizing the Child At Risk for Undernutrition	30	0.5	0.5 Exp: 5/26/2024
Reconsidering Feeding Difficulties in Clinical Practice	47	0.75	0.75 Exp: 5/31/2024
Silent Malnutrition and Hidden Hunger	35	0.5	0.5 Exp: 5/26/2024
The Hidden Side of the COVID-19 Pandemic in Children: The Double Burden of Overnutrition and Undernutrition	28	1.0	1.0 Exp: 5/31/2024
The Importance of Anthropometric Data in Infant and Pediatric Populations	31	1.0	1.0 Exp: 5/31/2024
The Importance of Nutrition for Optimizing Growth in Adolescence	68	1.0	1.0 Exp: 5/31/2024
Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition	34	0.5	0.5 Exp: 4/14/2024
Utilizing NHANES Data To Assess Pediatric Malnutrition	54	1.0	1.0 Exp: 5/31/2024
Special Conditions			
Advances in Propionic Acidemia	42	1.0	1.0 Exp: 5/31/2024
Challenges in the Dietary Management of Childhood Cancers	42	1.0	1.0 Exp: 3/17/2024
Coronavirus 2019: Treatment in Pediatrics	48	1.0	
Energy Expenditure in Fatty Acid Oxidation Disorders	30	1.0	1.0 Exp: 5/31/2024
Enhancing Pediatric and Adolescent Diabetes Care Through the Use of Continuous Glucose Monitoring and Ambulatory Glucose Profiles	45	1.0	1.0 Exp: 5/31/2024
Nutrition During Childhood Cancer Treatment: Current Understanding and a Path for Future Research	41	1.0	1.0 Exp: 5/31/2024
Nutrition for the Neurologically Impaired Child	48	1.0	1.0 Exp: 5/31/2024
Nutritional Management of Pompe Disease	36	1.0	1.0 Exp: 5/31/2024
Nutrition Management of Refeeding Syndrome in the Critically Ill Child and Neonate	43	1.0	1.0 Exp: 5/31/2024
Pediatric Intestinal Failure	57	1.0	1.0 Exp: 5/31/2024
Pediatric Multisystem Inflammatory Syndrome and COVID-19	47	1.0	1.0 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Peri-operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 1)	32	1.0	1.0 Exp: 5/31/2024
Peri-operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 2)	30	1.0	1.0 Exp: 5/31/2024
Using Biochemical Laboratory Results to Inform Dietary Management	36	1.0	1.0 Exp: 5/31/2024
Tube Feeding			
By Tube or at the Table: Focus on Feeding Children with Neurological Impairment	75	1.5	1.5 Exp: 5/31/2024
Nutrition Interventions in Sick Pediatric Patients	42	1.0	1.0 Exp: 5/31/2024
Pediatric Tube Feeding and Care	47	1.0	1.0 Exp: 5/31/2024
The Trend to Blend: Real Food Tube Feeding	41	1.0	1.0 Exp: 5/31/2024
ADULT			
CRITICAL CARE			
Care and Complications: Nutrition Support for the Hospitalized Adult COVID-19 Patient	45	1.0	1.0 Exp: 4/14/2024
Measuring Body Composition and Optimal Nutrition Support in the ICU Setting	53	1.0	1.0 Exp: 5/31/2024
New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	50	1.0	1.0 Exp: 5/31/2024
Observations and Needs: Collaborative and Innovative Approaches to Optimizing Care for the Post-Acute COVID-19 Patient	47	1.0	1.0 Exp: 5/31/2024
Putting Evidence Into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting	48	1.0	1.0 Exp: 5/31/2024
The Protein-Energy Wasting Syndrome in Chronic Kidney Disease	37	0.5	0.5 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition Series			
Overcoming Barriers to Early Enteral Nutrition: The Importance of Early Enteral Nutrition for Critically Ill Patients (Part 1)	44	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Making Early Enteral Nutrition Happen (Part 2)	36	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Implementing Early Feeding Practices in Critical Care (Part 3)	41	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Improving the Quality of Nutrition Care for Critically Ill Patients (Part 4)	42	1.0	1.0 Exp: 5/31/2024
DIABETES			
Diabetes Management and COVID-19: What Have We Learned?	31	0.5	0.5 Exp: 5/31/2024
Global Consensus Statement on the Impact of Medical Nutrition Therapy and Diabetes-Specific Formulas	20	0.5	0.5 Exp: 4/28/2024
Implications of Diabetes in Sarcopenia and Low Muscle Mass	24	0.5	0.5 Exp: 4/28/2024
Obesity, Insulin Resistance and Diabetes in Chronic Kidney Disease	30	0.5	0.5 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Scientific Updates on Novel Concepts in Diabetes Nutrition: Transcultural Diabetes Nutrition Algorithm and Diabetes Remission	18	0.25	0.25 Exp: 5/31/2024
Special Considerations: Implementing ERAS® in Patients with Diabetes	45	1.0	1.0 Exp: 5/31/2024
The Impact of Continuous Glucose Monitoring and Nutrition on Glycemic Management	29	0.5	0.5 Exp: 4/28/2024
Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Interventions and Person-Centered Care	51	1.0	1.0 Exp: 5/31/2024
ENTERAL TUBE FEEDING			
Addressing Gastrointestinal Tolerance in the ICU Setting	50	1.0	1.0 Exp: 5/31/2024
Empowering Practice: Elevating the Nurse's Role in the Optimization of Enteral Nutrition for Improved Outcomes	31	0.5	
Enteral Nutrition Tolerance and Gut Health	28	1.0	1.0 Exp: 5/31/2024
Enteral Nutrition: Transitions of Care from Hospital to Home	24	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding 101	24	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Gastrointestinal Complications	45	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Surgical and Metabolic Complications	84	1.5	1.5 Exp: 5/31/2024
Optimal Nutrition Therapy During and Post-ICU	27	1.0	1.0 Exp: 5/31/2024
Update on the 2022 ASPEN Critical Care Guidelines	24	1.0	1.0 Exp: 5/31/2024
GASTROINTESTINAL (GI)			
Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU	47	1.0	1.0 Exp: 5/31/2024
Innovative Approaches to Preventing and Treating GI Intolerance in the Intensive Care Unit	49	1.0	1.0 Exp: 5/31/2024
Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations	58	1.0	1.0 Exp: 5/31/2024
GENERAL NUTRITION			
Decoding the New Nutrition Facts Label: Overview	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Carbohydrates	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Protein	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Fat	45	1.0	1.0 Exp: 5/31/2024
Gut Microbiome, Nutrient Interactions and Personalized Nutrition	31	1.0	1.0 Exp: 5/31/2024
How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	57	1.0	1.0 Exp: 3/31/2024
Leveraging Nutrition Every Step of the Way: Addressing Nutrition Equity & Early Intervention Strategies During the COVID-19 Pandemic	68	1.0	1.0 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Nutrition and Hydration Screening in Primary Practice	48	1.0	1.0 Exp: 2/23/2024
Strengthening Health Outcomes in the Community Population: Recognizing Patients at Nutritional Risk — Part 1	44	1.0	1.0 Exp: 5/31/2024
MALNUTRITION			
Adult Malnutrition in the Critical Care Setting: Utilizing the Nutrition-Focused Physical Exam in the ICU	74	1.5	1.5 Exp: 5/31/2024
GLIM: Global Leadership Initiative on Malnutrition: A Consensus Report from the Global Clinical Nutrition Community	54	1.0	1.0 Exp: 5/20/2024
Malnutrition and Muscle Loss: Healthy Aging	17	0.5	0.5 Exp: 5/31/2024
Malnutrition and Muscle Loss: Immunity and COVID-19	17	0.5	0.5 Exp: 5/31/2024
Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care	43	1.0	1.0 Exp: 5/31/2024
Malnutrition Screening in Patients with Obesity in the Hospital Setting	46	1.0	1.0 Exp: 5/31/2024
Nutrition Focused Physical Exam — Part 1: Subcutaneous Fat and Muscle Loss	59	1.0	1.0 Exp: 5/31/2024
Nutrition Focused Physical Exam — Part 2: Micronutrients, Fluid Accumulation and Functional Status	44	1.0	1.0 Exp: 5/31/2024
Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population	41	1.0	1.0 Exp: 5/31/2024
The Future of Nutrition Intervention to Address Malnutrition and Muscle Loss	18	0.5	0.5 Exp: 5/31/2024
Update on Malnutrition, Muscle Loss, and Body Composition	18	0.5	0.5 Exp: 5/31/2024
MUSCLE MASS			
Assessing Muscle Mass and Function: Practical Tools and Nutritional Interventions To Improve Patient Outcomes	40	0.5	0.5 Exp: 5/31/2024
Body Composition and Health (Module 1)	55	1.0	1.0 Exp: 5/31/2024
Body Composition and Health (Module 2)	67	1.0	1.0 Exp: 5/31/2024
Managing Sarcopenia & Frailty: How Can Nutrition and Exercise Improve Clinical Outcomes?	52	1.0	1.0 Exp: 5/31/2024
Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?	32	0.5	0.5 Exp: 5/31/2024
Measuring Muscle, Strength and Physical Performance in Aging Adults	28*	1.0	1.0 Exp: 5/31/2024
Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism	39	0.5	0.5 Exp: 5/31/2024
Nutrition, Muscle and Strength: Paramount for Optimal Health	37	1.0	1.0 Exp: 5/31/2024
Prehabilitation: Improving Outcomes in Cancer Care	30	0.5	0.5 Exp: 5/31/2024
Respiratory Disease and Muscle: Nutritional Interventions to Support Our Patients	28	0.5	0.5 Exp: 5/31/2024
The Future of Body Composition Testing	17	0.5	0.5 Exp: 5/31/2024

■ New course



	Run Time (Minutes)	Nursing CE	Dietitian CPEU
When It Matters Most: Muscle and Nutrition in Critical Care	52	1.0	1.0 Exp: 5/31/2024
ONCOLOGY			
What's New in Oncology? Addressing Muscle Health and Nutrition	48	1.0	1.0 Exp: 5/31/2024
QUALITY IMPROVEMENT & ECONOMIC OUTCOMES			
Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change	44	1.0	1.0 Exp: 5/31/2024
Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii)	55	1.0	1.0 Exp: 5/31/2024
Health Outcomes Research in Nutrition: Using Real-world Data to Make a Real-world Difference	60*	1.0	1.0 Exp: 5/31/2024
Nutrition Health Economics Research: Inform Decisions That Matter	60*	1.0	1.0 Exp: 5/31/2024
SURGERY & ENHANCED RECOVERY AFTER SURGERY (ERAS®)			
Bariatric Module 1: Bariatric Surgery: Developing an Understanding of the Evidence, Procedures and Expected Outcomes	26	0.5	0.5 Exp: 5/31/2024
Bariatric Module 2: Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery	34	0.5	0.5 Exp: 5/31/2024
Bariatric Module 3: The Long and Short of It: Postoperative Nutrition to Support Long-term Success After Bariatric Surgery	36	0.5	0.5 Exp: 5/31/2024
New Insights on the Role of Nutrition in Enhanced Recovery After Surgery	60	1.0	1.0 Exp: 5/31/2024
WOUND & TRAUMA			
Burn Trauma: Benefits of a Nursing and Nutrition Collaboration	46	1.0	1.0 Exp: 5/31/2024
Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes	47	1.0	1.0 Exp: 5/31/2024
Importance of Nutrition Care for Patients Undergoing Surgery and those with Spinal Cord Injuries	45	1.0	1.0 Exp: 5/31/2024
Traumatic Brain Injury - Emerging Research, Clinical Consequences and Nutrition Recommendations (Part 1)	38	1.0	1.0 Exp: 5/31/2024
Traumatic Brain Injury - Emerging Research, Clinical Consequences and Nutrition Recommendations (Part 2)	43	1.0	1.0 Exp: 5/31/2024
Wound Healing and Nutritional Management	46	1.0	1.0 Exp: 5/31/2024
Wound Module 1: A Closer Look: Understanding Chronic Wounds	48	1.0	1.0 Exp: 5/31/2024
Wound Module 2: Pressure Injuries and the Management of Chronic Wounds	61	1.0	1.0 Exp: 5/31/2024
Wound Module 3: Making the Connection: Chronic Wounds and Nutrition	60	1.0	1.0 Exp: 5/31/2024

■ New course

*Program is paired with an article



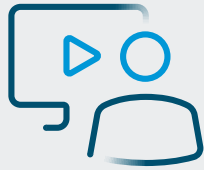
	Run Time (Minutes)	Nursing CE	Dietitian CPEU
PROFESSIONAL DEVELOPMENT			
A New Code: Creating a Culture of Compassion Amongst Colleagues in Healthcare	39	0.5	
Caring for the Millennial and Gen Z Family: Thoughts from Admission Through Discharge	48	1.0	1.0 Exp: 5/31/2024
Ethical Issues in Pediatric Care	35	1.0	1.0 Exp: 5/31/2024
It's Essential: Taking Care of You So That You Can Take Care of Patients	50	1.0	1.0 Exp: 4/14/2024
Motivational Interviewing: Application in Working with Patients and Families	38	1.0	1.0 Exp: 5/31/2024
Resiliency 2.0	38	0.5	0.5 Exp: 4/14/2024
POSTPARTUM ANXIETY AND BEHAVIORAL DISORDERS SERIES			
Opioid Use Disorders in Pregnancy	60	1.0	1.0 Exp: 5/31/2024
Perinatal Depression Screening in the NICU: Risk Factors, Myths, and Resources	47	1.0	1.0 Exp: 5/31/2024
Trauma-Informed Care and Suicidality	41	1.0	1.0 Exp: 5/31/2024
When Our Thoughts Betray Us: Anxiety in the Perinatal Experience of Moms and Dads	49	1.0	1.0 Exp: 5/31/2024

■ New course

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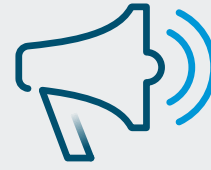
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