



CONTINUING EDUCATION COURSES

FOR HEALTHCARE PROFESSIONALS

November 2023

Visit anhi.org today



WE BRING THE CLASSROOM TO YOU

FACILITATED EDUCATION EVENTS

We work with clinical experts to develop and record continuing education programs. Our Abbott Nutrition representatives are available to facilitate these programs in your facility.



HOW TO GET STARTED

- 1 | Partner with your representative** to select an education program from our course catalog that is relevant to your practice.
- 2 | Choose a date, time and location** for your education experience.
- 3 | Print a certificate on anhi.org/education** when your program is done!

Contact your Abbott Representative to schedule a program at your facility. Visit anhi.org/education/course-catalog to see what's available for you.

CERTIFICATES OF TRAINING

Strengthen your knowledge and build expertise on today's most important nutrition topics by completing a certificate of training and earning continuing education credits.



- Adult Malnutrition** earn **7** credit hours
- Neonatal Nutrition** earn **7** credit hours
- Nutrition Facts Label** earn **4** credit hours
- Pediatric Malnutrition** earn **10** credit hours



We also offer free online education courses that are always available so you can complete them when you're ready. Visit anhi.org/education/nutrition-training-certificates

OUR GOAL
IS TO WORK WITH YOU
TO BUILD A LONG-TERM
EDUCATION PLAN
TAILORED
TO YOUR NEEDS.



Follow ANHI for the latest nutrition science news and innovations.





CERTIFICATES OF TRAINING

With a Certificate of Training, you can build your comprehensive knowledge on a topic at your own pace. And you can customize the curriculum to your clinical needs and interests by enrolling in a mix of required and elective courses.

1

SELECT A CERTIFICATE
from the choices below

2

ENROLL IN COURSES
and complete at your own pace

3

TAKE THE FINAL EXAM
and achieve a score of 90% or higher to earn your certificate

7.0 RN CE / RD CPEU

REQUIRED:

- Neonatal Fundamental: Infant Nutrition Assessment
- Neonatal Fundamentals: Enteral Nutrition
- Neonatal Fundamentals: Parenteral Nutrition
- Neonatal Fundamentals: Discharge and Follow-Up
- Pediatric Currents: Applying Malnutrition Indicators in the Preterm and Neonatal Population

ELECTIVES (select five):

- Optimizing the Human Milk Diet for Preterm Infants
- Nutrition Assessment of the Preterm Infant
- Benefits of Breastfeeding
- Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad
- Eat, Sleep, Console
- Motivational Interviewing: Application in Working with Patients and Families
- Implementing Individualized Infant Feedings: All About the Cues and More

7.0 RN CE / RD CPEU

REQUIRED:

- Advances in Human Milk Fortification: Evidence for Preterm Infants – Part 1
- Advances in Human Milk Fortification: Evidence for Preterm Infants – Part 2
- Handling Human Milk and Formula in Healthcare Facilities
- Neonatal Alimentary System

ELECTIVES (select three):

- Neonatal Opioid Withdrawal Syndrome
- Spotlight on the Gut-Brain Axis
- An Allergy Modulating Human Milk Oligosaccharide: 2'Fucosyllactose

CERTIFICATES OF TRAINING

10.0 RN CE / RD CPEU

REQUIRED:

- Identification and Diagnosis of Pediatric Malnutrition
- Detecting Pediatric Malnutrition: Tools for Screening and Criteria for Diagnosing
- Pediatric Nutrition-Focused Physical Exam
- Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-Scores
- The Importance of Anthropometric Data in Infant and Pediatric Populations
- Nutrition for the Neurologically Impaired Child
- Pediatric Currents: Screening for Malnutrition Risk in Pediatrics

ELECTIVES (select three)::

- Nutrition Interventions in Sick Pediatric Patients
- Utilizing NHANES Data to Assess Pediatric Malnutrition
- Practical Strategies for Achieving Growth Potential in Children
- Ethical Issues in Pediatric Care

7.0 RN CE / RD CPEU

REQUIRED:

- Nutrition-Focused Physical Exam – Part 1: Subcutaneous Fat and Muscle Loss
- Nutrition-Focused Physical Exam – Part 2: Micronutrients, Fluid Accumulation and Functional Status
- Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change

ELECTIVES (select four):

- Nutrition & Health Currents: Identification, Diagnosis, and Treatment of Malnutrition in Adult Hospitalized Patients: An Ethical Perspective
- Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii)
- Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care
- Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU
- Malnutrition Screening in Patients with Obesity in the Hospital Setting
- Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population

4.0 RN CE / RD CPEU

REQUIRED:

- Decoding the Nutrition Facts Label: Overview
- Decoding the Nutrition Facts Label: Carbohydrates
- Decoding the Nutrition Facts Label: Protein
- Decoding the Nutrition Facts Label: Fat



Scan here and select a certificate of training to get started

Participants can only claim credit for one of the learning formats (group program or self-study). To receive credit for the self-study program, participants must view the self-study program independently and complete the post-test and evaluation to obtain their certificate.



Abbott Nutrition Health Institute is approved by the California Board of Registered Nursing, Provider #CEP 11213.

Abbott Nutrition Health Institute is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive Continuing Professional Education Units (CPEUs) for completion of these activities/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. If you have questions or concerns about an ANHI program meeting accreditation standards, please contact us or provide feedback to CDR.

REFLECTIVE LEARNING FOR HEALTHCARE PROFESSIONALS

Reflective learning is approved by the Accreditation Council for Continuing Medical Education (ACCME) as an approach to earn continuing education credits for healthcare professionals.¹

WHAT IS REFLECTIVE LEARNING?

Reflective learning is a type of learning where healthcare professionals critically reflect upon their thoughts and behaviors to consider the implications for their clinical practice.

The ACCME has identified the unique features of reflective learning as¹:

- Fostering the development of self-awareness
- Facilitating lifelong learning
- Identifying individual gaps and needs

WHY CHOOSE REFLECTIVE LEARNING CREDIT?

This type of learner-driven education allows healthcare professionals to consider the implications of new information and experiences, and how they may play a role in promoting changes in current clinical practice. By reflecting on new information and experiences, you can²:

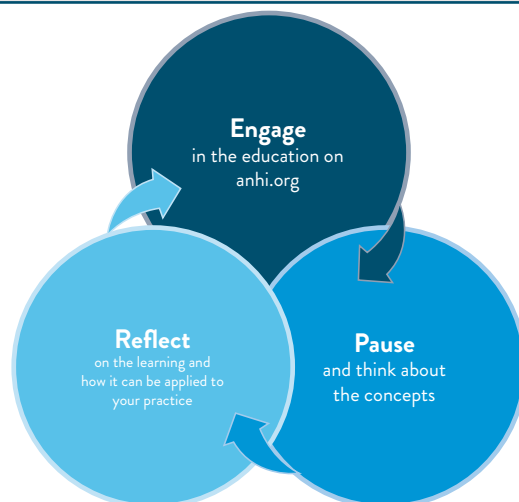
- Discover connections within an educational experience
- Recognize strengths and weaknesses
- Develop enhanced competence
- Improve the quality of care you provide

REFLECTIVE LEARNING MAY BE A PART OF CO-LEARNING

Co-learning is sharing information with another healthcare professional to think bigger and reflect upon the learning.

Reflective learning may be a part of interprofessional learning. Interprofessional learning is two or more professions learning about, from, and with each other to support effective collaboration and improve health outcomes.³

**OPPORTUNITY TO EARN
CME/CE CREDITS**
ENGAGE. PAUSE. REFLECT.



PATHWAY TO EARN CME/CE THROUGH REFLECTIVE LEARNING

REFLECTIVE LEARNING CAN BE PART OF DIFFERENT LEARNING EXPERIENCES



Engage:
Participate in the ANHI education

1

GETTING STARTED

Visit anhi.org to enroll in and complete a reflective learning offering



Pause:
Think about the concepts presented in the education

2

After you've completed the learning offering you'll be redirected to our online partner CMEfy



Reflect:
Consider how this information can be applied to your practice

3

Share your reflections through a written response for an opportunity to earn credit



ANSWER THESE TWO QUESTIONS

- 1 What did you think about the program / experience?
.....
- 2 How will you change your practice based on the program / experience?

Visit our [Learning Approaches](#) page for more information on Reflective Learning

ANHI partners with CMEfy, a platform that directs learners to reflect at the point of inspiration or the Internet Point of Care Learning. CMEfy does not endorse, support or amplify ANHI content or learning experiences.

Dietitians, Nurses, Nurse Practitioners, Pharmacists, Physician Associates, Physicians, and other healthcare professionals may earn up to 1.0 CME/CE (0.5 CME/CE credit per reflection) per program at the point of care via the self-directed accredited activity experience, not for viewing, attending, or consuming ANHI content.

CME/CE credit through the CMEfy platform is Joint Accredited. The Commission for Dietetic Registration (CDR) has identified that all activities from a Joint Accredited provider be recorded as Activity Type 102 in the learner's CDR Activity Log.

1. ACCME. Accessed July 18, 2022. <https://accme.org/sites/default/files/2022-04/CE%20Educator%27s%20Toolkit.pdf> | 2. Cohen B, et al. Educ Sci. 2023;13(8):760

3. Health Professions Network Nursing, Midwifery Human Resources for Health. Framework for Action on Interprofessional Education & Collaborative Practice (WHO/HRH/HPN/10.3). <https://www.who.int/publications/i/item/framework-for-action-on-interprofessional-education-collaborative-practice>. Accessed August 7, 2023.

GROUP AND SELF-STUDY PROGRAMS

Contact your Abbott Nutrition Representative or visit anhi.org to get started

This icon  indicates a course that provides the opportunity to earn CME/CE/CPEU credits through **reflective learning**.

In the table below, “G” under the delivery method designates availability as a group program that is facilitated by an Abbott Representative and “SS” as a self-study available on anhi.org.

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
PEDIATRIC				
NEONATAL				
Assessment				
Nutrition Assessment of the Preterm Infant	G, SS	56	1.0	1.0 Exp: 9/24/2023
Breastfeeding & Safe Handling Practices				
Benefits of Breastfeeding <i>(also available in Spanish)</i>	G, SS	34	1.0	1.0 Exp: 5/31/2024
Breastfeeding Techniques: Tips to Successfully Support the Breastfeeding Dyad <i>(also available in Spanish)</i>	G, SS	46	1.0	1.0 Exp: 5/31/2024
Early Infant Feeding: Breaking Down the Basics	G, SS	49	1.0	1.0 Exp: 11/18/2023
Handling Human Milk and Formula in Healthcare Facilities: Tried & True and What's New <i>(also available in French)</i>	G, SS	51	1.0	1.0 Exp: 5/31/2024
Lactation Support: Incorporating Telemedicine into Practice	G, SS	55	1.0	1.0 Exp: Pending
Human Milk Oligosaccharides (HMOs)				
2'-Fucosyllactose: An Allergy Modulating Human Milk Oligosaccharide	G, SS	57	1.0	1.0 Exp: 5/31/2024
Allergies, Immunology, and Human Milk: Exploring Maternal and Infant Factors	G, SS	48	1.0	1.0 Exp: 5/31/2024
An Allergy Modulating Human Milk Oligosaccharide: 2'-Fucosyllactose	G, SS	51	1.0	1.0 Exp: 5/31/2024
How HMOs and the Microbiome Communicate with the Gut and Brain	G, SS	58	1.0	1.0 Exp: 5/31/2024
HMO for Gut Health, Immunity and Beyond	G [†] , SS	36	0.5	0.5 Exp: 3/1/2024
HMO Update: Clinical Evidence and Clinical Practice	G, SS	50	1.0	1.0 Exp: 5/6/2024
Human Milk Oligosaccharide: Clinical and Epidemiologic Considerations	G [†] , SS	34	0.5	0.5 Exp: 5/31/2024
Human Milk Oligosaccharides in the Preterm Infant: Impact On The Developing Immune System	G, SS	37	1.0	1.0 Exp: 5/31/2024
Human Milk Oligosaccharides: Mechanisms of Action and Emerging Science	G, SS	36	0.5	0.5 Exp: 5/31/2024
Nourishing the Microbiome: Impacting Pediatric Immune Health and Growth	G, SS	89	1.5	1.5 Exp: 5/31/2024
Spotlight on the Gut-Brain Axis	G, SS	51	1.0	1.0 Exp: 5/31/2024
The Infant's Microbiome "Social Network": How Has the Pandemic Affected Infants with Cow's Milk Allergy?	G, SS	38	0.5	0.5 Exp: 5/31/2024
The Intersection of Infant Nutrition and Immunity: Learnings From the Pandemic	G, SS	65	1.0	1.0 Exp: 5/31/2024
The Role of 2'-FL in Inflammation and the Possible Role in Food Allergy	G, SS	52	1.0	1.0 Exp: 4/7/2024

[†] Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

 New course

Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
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What's New in the Science of HMOs: New Research and Future Directions *(coming soon)*

Human Milk Fortification

Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 1	G†, SS	33	0.5	0.5 Exp: 4/23/2024
Advances in Human Milk Fortification: Evidence for Preterm Infants — Part 2	G, SS	43	1.0	1.0 Exp: 4/23/2024
How to Feed Premature Infants After They Go Home	G, SS	47	1.0	1.0 Exp: Pending
Optimizing the Human Milk Diet for Preterm Infants	G†, SS	37	0.5	0.5 Exp: 5/31/2024

NICU

Acid-Base Balance and Blood Gas Interpretation in the Neonate	G, SS	42	1.0	
Acute Kidney Injury in the NICU Patient <i>(coming soon)</i>				
COVID-19, Babies and Nutrition: Questions and Answers	G, SS	52	1.0	1.0 Exp: 10/26/2023
Eat, Sleep, Console	G, SS	57	1.0	1.0 Exp: 4/29/2024
Implementing Individualized Infant Feedings: All About the Cues & More	G, SS	49	1.0	1.0 Exp: 5/31/2024
Neonatal Alimentary System	SS	60	1.0	1.0 Exp: 5/31/2024
Neonatal Cardiovascular System	SS	60	1.0	
Neonatal Opioid Withdrawal Syndrome	G, SS	47	1.0	1.0 Exp: 2/25/2024
Neonatal Respiratory System	SS	90	1.5	
Neonatal Short Bowel Syndrome	G, SS	60	1.0	1.0 Exp: 5/31/2024
Strategies for the Development of Safe Oral Feeding Among Preterm Infants	G, SS	61	1.0	1.0 Exp: 5/31/2024
Suspected Inborn Errors of Metabolism in the Newborn <i>(also available in Spanish)</i>	G, SS	49	1.0	1.0 Exp: 5/31/2024
The Impact of Nucleotides on Immunity and Infant Health	G†, SS	31	0.5	0.5 Exp: 5/31/2024

Neonatal Fundamentals Series

Neonatal Fundamentals: Infant Nutrition Assessment <i>(updated)</i>	G, SS	42	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Enteral Nutrition <i>(updated)</i>	G, SS	48	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Parenteral Nutrition <i>(updated)</i>	G, SS	79	1.0	1.0 Exp: 5/31/2024
Neonatal Fundamentals: Discharge and Follow-Up <i>(updated)</i>	G, SS	72	1.0	1.0 Exp: 5/31/2024

PEDIATRIC

Allergy & Immunity

Clinical Presentations of Cow's Milk Allergy in Infants and Children	G, SS	64	1.0	1.0 Exp: 5/31/2024
Diagnostic and Therapeutic Advances in Eosinophilic Esophagitis	G, SS	48	1.0	1.0 Exp: 5/31/2024
Food Allergies, Intolerances, and Sensitivities in Pediatric Practice: The Role of the Registered Dietitian Nutritionist	G, SS	57	1.0	1.0 Exp: 5/31/2024

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course



	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Management of Paediatric Disease-Related Malnutrition Where GI Intolerance is a Concern: Practical Case Studies	G, SS	44	1.0	1.0 Exp: 5/31/2024
Managing Childhood Food Allergies During the 2020 COVID-19 Pandemic	G, SS	47	1.0	1.0 Exp: Pending
Nutritional Management of Eosinophilic Esophagitis: Food Allergens and Beyond	G†, SS	29	0.5	0.5 Exp: 5/31/2024
Pediatric Food Allergies	G, SS	70	1.0	1.0 Exp: 5/31/2024
The Allergic Child: Sharing Insights for Remote Management	G, SS	44	1.0	1.0 Exp: Pending
Understanding Food Protein-Induced Enterocolitis Syndrome: A Dietetic Led Approach to Management	G, SS	50	1.0	1.0 Exp: 5/18/2024
Growth & Development				
Adolescent Nutrition: An Important But Often Neglected Health Topic	G, SS	40	0.5	0.5 Exp: 5/27/2024
An Introduction to Mid-Upper Arm Circumference and Its Application in the Pediatric Intensive Care Unit	G, SS	47	0.75	0.75 Exp: 5/31/2024
Beyond Anthropometrics: Evolving Science of Biomarkers for Assessing Growth	G, SS	27	1.0	1.0 Exp: 5/31/2024
Beyond Height and Weight: Clinical Implications of MUAC and Its Use in Children with Disabilities	G, SS	44	0.75	0.75 Exp: 5/31/2024
Beyond Recommended Dietary Intakes: Understanding Bioavailability and the Importance for the Growing Child	G, SS	34	0.5	0.5 Exp: 5/31/2024
Combating Malnutrition in Pediatric Clinical Practice	G, SS	62	1.0	1.0 Exp: 5/31/2024
Detecting Pediatric Malnutrition: Tools for Screening & Criteria for Diagnosing	G, SS	62	1.0	1.0 Exp: 5/31/2024
Identification and Diagnosis of Pediatric Malnutrition	G, SS	61	1.0	1.0 Exp: 5/31/2024
Measures to Identify Pediatric Malnutrition: Introduction to Mid-Upper Arm Circumference and Z-scores	G, SS	37	1.0	1.0 Exp: 5/31/2024
Metabolic Flexibility and the Role of Carbohydrates, Protein and Fat Balance on Pediatric Obesity	G, SS	33	1.0	1.0 Exp: 5/31/2024
Nutrition, Immunity and Going Back to School	G, SS	46	1.0	1.0 Exp: 9/15/2023
Nutrition in Adolescent Growth and Development	G, SS	29	1.0	1.0 Exp: 5/31/2024
Nutrition in Early Adolescence: Guidance for Clinical Practice	G, SS	48	1.0	1.0 Exp: 2/25/2024
Nutrition Intervention for Healthy Childhood Growth: The Clinician and Dietitian's Point of View, Part 1 & 2	G, SS	58	1.0	1.0 Exp: 2/28/2024
Nutrition Needs of Infants and Children with Malnutrition and Growth Faltering	G, SS	47	1.0	1.0 Exp: Pending
Pediatric Nutrition-Focused Physical Exam	G, SS	49	1.0	1.0 Exp: 5/31/2024
Practical Strategies for Achieving Growth Potential in Children	G, SS	72	1.0	1.0 Exp: 5/31/2024
Recognizing the Child At Risk for Undernutrition	G, SS	30	0.5	0.5 Exp: 5/26/2024
Reconsidering Feeding Difficulties in Clinical Practice	G, SS	47	0.75	0.75 Exp: 5/31/2024
Silent Malnutrition and Hidden Hunger	G, SS	35	0.5	0.5 Exp: 5/26/2024
The Hidden Side of the COVID-19 Pandemic in Children: The Double Burden of Overnutrition and Undernutrition	G	28	1.0	1.0 Exp: 5/31/2024

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	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
The Hidden Side of the COVID-19 Pandemic in Children: The Double Burden of Overnutrition and Undernutrition	SS	28	0.5	0.5 Exp: 5/31/2024
The Importance of Anthropometric Data in Infant and Pediatric Populations	G, SS	31	1.0	1.0 Exp: 5/31/2024
The Importance of Nutrition for Optimizing Growth in Adolescence	G, SS	68	1.0	1.0 Exp: 5/31/2024
Use of Mid-Upper Arm Circumference Z-Score Tape in Clinical Practice: Identifying Pediatric Undernutrition	G, SS	34	0.5	0.5 Exp: 4/14/2024
Utilizing NHANES Data To Assess Pediatric Malnutrition	G, SS	54	1.0	1.0 Exp: 5/31/2024
Special Conditions				
Challenges in the Dietary Management of Childhood Cancers	G, SS	42	1.0	1.0 Exp: 3/17/2024
Coronavirus 2019: Treatment in Pediatrics	G, SS	48	1.0	
Crohn's Disease Exclusion Diet for Treatment of Inflammatory Bowel Disease	G, SS	61	1.0	1.0 Exp: 11/11/2023
Current Challenges in Paediatric Cystic Fibrosis Care: Implications for Nutrition and Well-Being	G, SS	50	1.0	1.0 Exp: 12/10/2023
Enhancing Pediatric and Adolescent Diabetes Care Through the Use of Continuous Glucose Monitoring and Ambulatory Glucose Profiles	G, SS	45	1.0	1.0 Exp: 5/31/2024
Nutrition for the Neurologically Impaired Child	G, SS	48	1.0	1.0 Exp: 5/31/2024
Nutrition Management of Refeeding Syndrome in the Critically Ill Child and Neonate <i>(coming soon)</i>				
Pediatric Intestinal Failure	G, SS	57	1.0	1.0 Exp: 5/31/2024
Pediatric Multisystem Inflammatory Syndrome and COVID-19	G, SS	47	1.0	1.0 Exp: 5/31/2024
Peri-operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 1)	G	32	1.0	1.0 Exp: 5/31/2024
Peri-operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 1)	SS	32	0.5	0.5 Exp: 11/9/2025
Peri-operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 2)	G	30	1.0	1.0 Exp: 5/31/2024
Peri-operative Management in Children: Strategies for Achieving Optimal Nutrition in Surgical Patients (Part 2)	SS	30	0.5	0.5 Exp: 12/5/2025
Shining a Light on Vitamin D During COVID-19	G, SS	56	1.0	1.0 Exp: Pending
Tube Feeding				
By Tube or at the Table: Focus on Feeding Children with Neurological Impairment	G, SS	75	1.5	1.5 Exp: 5/31/2024
Nutrition Interventions in Sick Pediatric Patients	G, SS	42	1.0	1.0 Exp: 5/31/2024
Pediatric Tube Feeding and Care	G, SS	47	1.0	1.0 Exp: 5/31/2024
The Trend to Blend: Real Food Tube Feeding	G, SS	41	1.0	1.0 Exp: 5/31/2024
ADULT				
CRITICAL CARE				
Care and Complications: Nutrition Support for the Hospitalized Adult COVID-19 Patient	G, SS	45	1.0	1.0 Exp: 4/14/2024
From Hospital-Acquired Weakness to Post-Discharge Recovery in Patients with and without COVID-19	G, SS	44	1.0	1.0 Exp: 11/12/2023

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Improving Outcomes with Early, Individualized Nutrition Intervention: It's Worth the EFFORT	G, SS	69	1.0	1.0 Exp: Pending
Measuring Body Composition and Optimal Nutrition Support in the ICU Setting	G, SS	53	1.0	1.0 Exp: 5/31/2024
Multidisciplinary Approach to Feeding Hospitalized COVID-19 Patients: Clinician Perspectives, Challenges and Opportunities	G, SS	63	1.0	1.0 Exp: 10/8/2023
New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	G, SS	50	1.0	1.0 Exp: 5/31/2024
Observations and Needs: Collaborative and Innovative Approaches to Optimizing Care for the Post-Acute COVID-19 Patient	G, SS	47	1.0	1.0 Exp: 5/31/2024
Optimizing Nutrition Care of the COVID-19 Patient: Global Guidance and Perspectives from the Front Lines	G, SS	85	1.5	1.5 Exp: 11/11/2023
Putting Evidence Into Practice: Preventing, Managing and Treating Enteral Feeding Intolerance in the Critical Care Setting	G, SS	48	1.0	1.0 Exp: 5/31/2024
The Protein-Energy Wasting Syndrome in Chronic Kidney Disease	G, SS	37	0.5	0.5 Exp: 6/17/2024
The Role of Specialist Nutrition in Achieving Optimal Outcomes for COPD Patients	G, SS	56	1.0	1.0 Exp: 9/9/2023
Overcoming Barriers to Early Enteral Nutrition Series				
Overcoming Barriers to Early Enteral Nutrition: The Importance of Early Enteral Nutrition for Critically Ill Patients (Part 1)	G, SS	44	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Making Early Enteral Nutrition Happen (Part 2)	G, SS	36	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Implementing Early Feeding Practices in Critical Care (Part 3)	G, SS	41	1.0	1.0 Exp: 5/31/2024
Overcoming Barriers to Early Enteral Nutrition: Improving the Quality of Nutrition Care for Critically Ill Patients (Part 4)	G, SS	42	1.0	1.0 Exp: 5/31/2024
DIABETES				
Diabetes Management and COVID-19: What Have We Learned?	G, SS	31	0.5	0.5 Exp: 5/31/2024
Gestational Diabetes Mellitus: Latest Research and Guidelines	SS	36	0.5	0.5 Exp: 5/31/2024
Global Consensus Statement on the Impact of Medical Nutrition Therapy and Diabetes-Specific Formulas	G, SS	20	0.5	0.5 Exp: 4/28/2024
Implications of Diabetes in Sarcopenia and Low Muscle Mass	G, SS	24	0.5	0.5 Exp: 4/28/2024
Obesity, Insulin Resistance and Diabetes in Chronic Kidney Disease	G, SS	30	0.5	0.5 Exp: 5/31/2024
Scientific Updates on Novel Concepts in Diabetes Nutrition: Transcultural Diabetes Nutrition Algorithm and Diabetes Remission	G, SS	18	0.25	0.25 Exp: 5/31/2024
Special Considerations: Implementing ERAS® in Patients with Diabetes	G, SS	45	1.0	1.0 Exp: 5/31/2024
The Impact of Continuous Glucose Monitoring and Nutrition on Glycemic Management	G, SS	29	0.5	0.5 Exp: 4/28/2024
Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Interventions and Person-Centered Care	G, SS	51	1.0	1.0 Exp: 5/31/2024
Utilizing Continuous Glucose Monitoring Data to Improve Diabetes Care	G, SS	42	1.0	1.0 Exp: Pending
ENTERAL TUBE FEEDING				
Addressing Gastrointestinal Tolerance in the ICU Setting	G, SS	50	1.0	1.0 Exp: 5/31/2024
Empowering Practice: Elevating the Nurse's Role in the Optimization of Enteral Nutrition for Improved Outcomes	G, SS	31	0.5	
Enteral Nutrition Tolerance and Gut Health	G	28	1.0	1.0 Exp: 5/31/2024

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■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Enteral Nutrition Tolerance and Gut Health	SS	28	0.5	0.5 Exp: 9/22/2025
Enteral Nutrition: Transitions of Care from Hospital to Home	G	24	1.0	1.0 Exp: 5/31/2024
Enteral Nutrition: Transitions of Care from Hospital to Home	SS	24	0.5	0.5 Exp: 10/17/2025
Enteral Tube Feeding 101	G, SS	24	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Gastrointestinal Complications	G, SS	45	1.0	1.0 Exp: 5/31/2024
Enteral Tube Feeding: Surgical and Metabolic Complications	G, SS	84	1.5	1.5 Exp: 5/31/2024
Optimal Nutrition Therapy During and Post-ICU	G	27	1.0	1.0 Exp: 5/31/2024
Optimal Nutrition Therapy During and Post-ICU	SS	27	0.5	0.5 Exp: 10/17/2025
Update on the 2022 ASPEN Critical Care Guidelines	G	24	1.0	1.0 Exp: 5/31/2024
Update on the 2022 ASPEN Critical Care Guidelines	SS	24	0.5	0.5 Exp: 9/22/2025
GASTROINTESTINAL (GI)				
Beyond Basics: Addressing Gastrointestinal Intolerance in the ICU	G, SS	47	1.0	1.0 Exp: 5/31/2024
 Innovative Approaches to Preventing and Treating GI Intolerance in the Intensive Care Unit	G, SS	49	1.0	1.0 Exp: 5/31/2024
Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management and Nutrition Considerations	G, SS	58	1.0	1.0 Exp: 5/31/2024
GENERAL NUTRITION				
Applying Specific WHO ICOPE Guidelines to Promote Active Aging	SS	67	1.0	1.0 Exp: 5/31/2024
Can Metabotyping Help Deliver the Promise of Personalized Nutrition?	G, SS	38	1.0	1.0 Exp: Pending
Carbohydrate Quality: What Do I Tell My Patients?	SS	48	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Overview	G, SS	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Carbohydrates	G, SS	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Protein	G, SS	45	1.0	1.0 Exp: 5/31/2024
Decoding the New Nutrition Facts Label: Fat	G, SS	45	1.0	1.0 Exp: 5/31/2024
Gut Microbiome, Nutrient Interactions and Personalized Nutrition	G, SS	31	1.0	1.0 Exp: 5/31/2024
How Critical is Vitamin D for Your Patient Outcomes? Demystifying the Role of Vitamin D	G, SS	57	1.0	1.0 Exp: 3/31/2024
Intentional Weight Loss in Older Adults	G, SS	36	1.0	1.0 Exp: 12/15/2023
Leveraging Nutrition Every Step of the Way: Addressing Nutrition Equity & Early Intervention Strategies During the COVID-19 Pandemic	G, SS	68	1.0	1.0 Exp: 5/31/2024
Nutrition and Hydration Screening in Primary Practice	G, SS	48	1.0	1.0 Exp: 2/23/2024
Protein Metabolism and Aging	G, SS	38	1.0	1.0 Exp: 12/31/2023

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Strengthening Health Outcomes in the Community Population: Recognizing Patients at Nutritional Risk — Part 1	G, SS	44	1.0	1.0 Exp: 5/31/2024
Strengthening Health Outcomes in the Community Population: Incorporating Nutrition into Practice — Part 2	G, SS	38	1.0	1.0 Exp: Pending
MALNUTRITION				
Adult Malnutrition in the Critical Care Setting: Utilizing the Nutrition-Focused Physical Exam in the ICU	G, SS	74	1.5	1.5 Exp: 5/31/2024
Community Dwelling Elderly in Singapore: The State of Nutrition and Muscle Health	SS	30	0.5	0.5 Exp: 1/30/2024
GLIM: Global Leadership Initiative on Malnutrition: A Consensus Report from the Global Clinical Nutrition Community	G, SS	54	1.0	1.0 Exp: 5/20/2024
Impact of Specialized Oral Nutritional Supplements on Clinical, Nutritional, and Functional Outcomes in Singapore: SHIELD Study	SS	26	0.5	0.5 Exp: 3/11/2024
Malnutrition and Muscle Loss: Healthy Aging	G, SS	17	0.5	0.5 Exp: 5/31/2024
Malnutrition and Muscle Loss: Immunity and COVID-19	G, SS	17	0.5	0.5 Exp: 5/31/2024
Malnutrition and Polymorbidity	G, SS	47	1.0	1.0 Exp: 1/27/2024
Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care	G, SS	43	1.0	1.0 Exp: 5/31/2024
Malnutrition Screening in Patients with Obesity in the Hospital Setting	G, SS	46	1.0	1.0 Exp: 5/31/2024
Nutrition Focused Physical Exam — Part 1: Subcutaneous Fat and Muscle Loss	G, SS	59	1.0	1.0 Exp: 5/31/2024
Nutrition Focused Physical Exam — Part 2: Micronutrients, Fluid Accumulation and Functional Status	G, SS	44	1.0	1.0 Exp: 5/31/2024
Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population	G, SS	41	1.0	1.0 Exp: 5/31/2024
The Future of Nutrition Intervention to Address Malnutrition and Muscle Loss	G, SS	18	0.5	0.5 Exp: 5/31/2024
Update on Malnutrition, Muscle Loss, and Body Composition	G, SS	18	0.5	0.5 Exp: 5/31/2024
MUSCLE MASS				
Assessing Muscle Mass and Function: Practical Tools and Nutritional Interventions To Improve Patient Outcomes	G, SS	40	0.5	0.5 Exp: 5/31/2024
Body Composition and Health (Module 1)	G, SS	55	1.0	1.0 Exp: 5/31/2024
Body Composition and Health (Module 2)	G, SS	67	1.0	1.0 Exp: 5/31/2024
Frailty in Aging Adults: Screening and Management Approaches	G, SS	55	1.0	1.0 Exp: 9/9/2023
Functional Movement Activities Targeted for Patients with Low Muscle Mass	G, SS	43	1.0	1.0 Exp: Pending
Improving Patient Outcomes: New Insights and Evidence on the Importance of Muscle and Targeted Nutrition	G, SS	64	1.0	1.0 Exp: Pending
Managing Sarcopenia & Frailty: How Can Nutrition and Exercise Improve Clinical Outcomes?	G, SS	52	1.0	1.0 Exp: 5/31/2024
Maintaining Muscle in Older People: Vitamin D, Protein or Exercise?	G, SS	32	0.5	0.5 Exp: 5/31/2024
Measuring Muscle, Strength and Physical Performance in Aging Adults	G, SS	28*	1.0	1.0 Exp: 5/31/2024

* Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course



	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism	G, SS	39	0.5	0.5 Exp: 5/31/2024
Nourish the Muscle: Impact Clinical Outcomes Across the Continuum of Care	G, SS	48	1.0	1.0 Exp: Pending
Nutrition, Muscle and Strength: Paramount for Optimal Health	G, SS	37	1.0	1.0 Exp: 5/31/2024
Optimizing Nutrition to Improve Muscle Strength in Individuals at Risk of Falls	G, SS	55	1.0	1.0 Exp: 10/15/2023
Prehabilitation: Improving Outcomes in Cancer Care	G, SS	30	0.5	0.5 Exp: 5/31/2024
Respiratory Disease and Muscle: Nutritional Interventions to Support Our Patients	G, SS	28	0.5	0.5 Exp: 5/31/2024
Role of Muscle to Support Strength, Vitality and Activity in Community Patients	G, SS	60	1.0	1.0 Exp: 1/22/2024
The Future of Body Composition Testing	G, SS	17	0.5	0.5 Exp: 5/31/2024

ONCOLOGY

Benefits of Bolus Feeding in Tube Fed Patients with Head and Neck Cancer	G, SS	45	1.0	1.0 Exp: 10/13/2023
Nutrition in Oncology: Essential Aspects to Deliver Outcomes Across the Continuum of Care	G, SS	55	1.0	1.0 Exp: 11/3/2023
Oncology Nutrition in 2020: The Intersection of Evidence, Guidelines and Clinical Practice	G, SS	46	1.0	1.0 Exp: Pending
Optimal Nutrition Care to Improve Outcomes for Oncology Patients (Module 1)	G, SS	55	1.0	1.0 Exp: 10/8/2023
Optimal Multidisciplinary Approaches in the Nutrition Care of Oncology Patients (Module 2)	G, SS	59	1.0	1.0 Exp: 10/8/2023
What's New in Oncology? Addressing Muscle Health and Nutrition	G, SS	48	1.0	1.0 Exp: 5/31/2024

QUALITY IMPROVEMENT & ECONOMIC OUTCOMES

Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change	G, SS	44	1.0	1.0 Exp: 5/31/2024
Dietitians Driving Impact: Data on Improved Patient Care from the Malnutrition Quality Improvement Initiative (MQii)	G, SS	55	1.0	1.0 Exp: 5/31/2024
Dietitians Leading Innovation: Using Data for Quality Improvement and Patient-Focused Transitions of Care	G, SS	64	1.0	1.0 Exp: 5/31/2024
Health Economics Outcomes Research: Evidence on Value and Impact in Surgical Nutrition	G, SS	41	1.0	1.0 Exp: 10/23/2023
Health Outcomes Research in Nutrition: Using Real-world Data to Make a Real-world Difference	G, SS	60*	1.0	1.0 Exp: 5/31/2024
Nutrition & Wound Care: Why It Matters for Value-Based Healthcare Programs	G, SS	46	1.0	1.0 Exp: 11/5/2023
Nutrition Health Economics Research: Inform Decisions That Matter	G, SS	60*	1.0	1.0 Exp: 5/31/2024
Utilizing the Malnutrition Quality Improvement Initiative (MQii) to Strengthen Transitions of Care	G, SS	43	1.0	1.0 Exp: Pending

SURGERY & ENHANCED RECOVERY AFTER SURGERY (ERAS®)

Bariatric Module 1: Bariatric Surgery: Developing an Understanding of the Evidence, Procedures and Expected Outcomes	G, SS	26	0.5	0.5 Exp: 5/31/2024
Bariatric Module 2: Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery	G, SS	34	0.5	0.5 Exp: 5/31/2024
Bariatric Module 3: The Long and Short of It: Postoperative Nutrition to Support Long-term Success After Bariatric Surgery	G, SS	36	0.5	0.5 Exp: 5/31/2024

*Program is paired with an article

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Bariatric Module 4: Identifying Considerations Across the Continuum of Care: Best Practices for a Multidisciplinary Team Approach	SS	18	0.25	0.25 Exp: 5/31/2024
Health Economics Outcomes Research: Impact and Value of Surgical Nutrition	G, SS	45	1.0	1.0 Exp: 10/23/2023
New Insights on the Role of Nutrition in Enhanced Recovery After Surgery	G, SS	60	1.0	1.0 Exp: 5/31/2024
Optimizing Nutrition Status of the Cardiac Surgery Patient	G, SS	40*	1.0	1.0 Exp: Pending

WOUND & TRAUMA

Burn Trauma: Benefits of a Nursing and Nutrition Collaboration	G, SS	46	1.0	1.0 Exp: 5/31/2024
Nutrition Care for Pressure Injuries: Guidelines to Optimize Outcomes	G, SS	47	1.0	1.0 Exp: 5/31/2024
The Importance of Perioperative Nutrition in Wound Healing	G, SS	54	1.0	1.0 Exp: Pending
Importance of Nutrition Care for Patients Undergoing Surgery and those with Spinal Cord Injuries	G, SS	45	1.0	1.0 Exp: 5/31/2024
Traumatic Brain Injury - Emerging Research, Clinical Consequences and Nutrition Recommendations (Part 1)	G, SS	38	1.0	1.0 Exp: 5/31/2024
Traumatic Brain Injury - Emerging Research, Clinical Consequences and Nutrition Recommendations (Part 2)	G	43	1.0	1.0 Exp: 5/31/2024
Traumatic Brain Injury - Emerging Research, Clinical Consequences and Nutrition Recommendations (Part 2)	SS	43	0.75	0.75 Exp: 5/31/2024
Wound Healing and Nutritional Management	G, SS	46	1.0	1.0 Exp: 5/31/2024
 Wound Module 1: A Closer Look: Understanding Chronic Wounds	G, SS	48	1.0	1.0 Exp: 5/31/2024
 Wound Module 2: Pressure Injuries and the Management of Chronic Wounds	G, SS	61	1.0	1.0 Exp: 5/31/2024
 Wound Module 3: Making the Connection: Chronic Wounds and Nutrition	G, SS	60	1.0	1.0 Exp: 5/31/2024

PROFESSIONAL DEVELOPMENT

A New Code: Creating a Culture of Compassion Amongst Colleagues in Healthcare	G, SS	39	0.5	
 Caring for the Millennial and Gen Z Family: Thoughts from Admission Through Discharge	G, SS	48	1.0	1.0 Exp: 5/31/2024
Ethical Issues in Pediatric Care	G, SS	35	1.0	1.0 Exp: 5/31/2024
It's Essential: Taking Care of You So That You Can Take Care of Patients	G, SS	50	1.0	1.0 Exp: 4/14/2024
Motivational Interviewing: Application in Working with Patients and Families	G, SS	40	1.0	1.0 Exp: 10/20/2023
Remote Consultations: Psychological Considerations	G, SS	38	1.0	1.0 Exp: Pending
 Resiliency 2.0	G, SS	38	0.5	0.5 Exp: 4/14/2024
The New Normal: Navigating the Telemedicine World for Nutrition Counseling	G, SS	52	1.0	1.0 Exp: 10/27/2023

POSTPARTUM ANXIETY AND BEHAVIORAL DISORDERS SERIES

Is There a Role for Nutrition in the Management of Maternal Mood Disorders?	G, SS	46	1.0	1.0 Exp: 1/7/2024
Opioid Use Disorders in Pregnancy	G, SS	60	1.0	1.0 Exp: 5/31/2024

*Program is paired with an article

† Group (G) option is for nurses only, self-study (SS) is for both nurses and dietitians.

■ New course

	Delivery Method	Run Time (Minutes)	Nursing CE	Dietitian CPEU
Perinatal Depression Screening in the NICU: Risk Factors, Myths, and Resources	G, SS	47	1.0	1.0 Exp: 5/31/2024
Trauma-Informed Care and Suicidality	G, SS	41	1.0	1.0 Exp: 5/31/2024
When Our Thoughts Betray Us: Anxiety in the Perinatal Experience of Moms and Dads	G, SS	49	1.0	1.0 Exp: 5/31/2024
NICU CURRENTS				
Gastric Aspirate Color Interpretation in the Neonatal Intensive Care Unit	SS		1.0	1.0 Exp: 5/31/2024
Neonatal Abstinence Syndrome: An Escalating Problem for Newborns, Families, and Healthcare Providers	SS		1.0	1.0 Exp: 4/8/2024
Nutrition for the Infant with Short Bowel Syndrome and Intestinal Failure: Proactive Strategies for a Strong Beginning	SS		1.0	1.0 Exp: 5/31/2024
Safe Sleep Practices: The Healthcare Professional's Role in the Prevention of Sudden Unexpected Infant Death	SS		1.0	
PEDIATRIC CURRENTS				
Applying Malnutrition Indicators in the Preterm and Neonatal Population	SS		1.0	1.0 Exp: Pending
Human Milk Oligosaccharides: Supporting Infant Digestive Health and the Developing Immune System	SS		1.0	1.0 Exp: 5/31/2024
Nutritional Management of Pediatric Food Allergies Including Eosinophilic Esophagitis	SS		1.0	1.0 Exp: Pending
Nutrition Management of Cow's Milk Allergy in Infants and Children: A Comparison of DRACMA, ESPGHAN and AAP Guidelines	SS		1.0	1.0 Exp: Pending
Screening for Malnutrition Risk in Pediatrics	SS		1.0	1.0 Exp: Pending
NUTRITION & HEALTH CURRENTS (ADULT FOCUS)				
Identification, Diagnosis and Treatment of Malnutrition in Adult Hospitalized Patients: An Ethical Perspective	SS		1.0	1.0 Exp: Pending
Utilizing the Multidisciplinary Team to Optimize Nutrition Care in Patients with Cancer	SS		1.0	1.0 Exp: 5/31/2024

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■ New course

	Delivery Method	AMA PRA Category 1 CME Credits™	Expires
PHYSICIAN EDUCATION			
HUMAN MILK OLIGOSACCHARIDES (HMO)			
Hot Topics in Infant Nutrition: Utilizing HMOs and Addressing the Impact of COVID-19	SS	1.5	11/10/2023
Human Milk Oligosaccharides: Not all HMOs are Equal	SS	1.0	10/28/2024
MALNUTRITION			
Screen & Intervene: Addressing Food Insecurity Among Older Adults	SS	1.0 [‡]	7/1/2025
NICU			
Nutrition Care Planning: Setting up for Success at NICU Discharge	SS	1.0	10/20/2024

	Delivery Method	AAPA Category 1 CME Credits	Expires
PHYSICIAN ASSOCIATE EDUCATION*			
Chronic Disease and Nutrition: Obesity and Nutrition	SS		
Chronic Disease and Nutrition: Meeting the Nutritional Needs of Patients With Cardiovascular Disease	SS		
Chronic Disease and Nutrition: Nutrition and Cultural Competence: Embracing Cultural Humility Enduring Evaluation	SS		
Diabetes and Nutrition	SS		
Special Considerations for Nutrition for the Elderly	SS		
Surgery: Perioperative Nutrition and Wound Healing	SS		
Watch How a PA Discusses Management of Nutritional Health	SS		

*These programs are available for viewing but are no longer available for credit.

[‡]Also accredited for other healthcare providers

■ New course

IMPORTANT INITIATIVES

We collaborate often to ensure we're bringing you the best nutrition science news from a variety of perspectives. Here, you'll find the outcomes of some of our recent partnerships.



BREASTFEEDING

Families benefit greatly from the guidance offered by their healthcare team when it comes to succeeding at breastfeeding.

MID-UPPER ARM CIRCUMFERENCE (MUAC)

MUAC measures muscle and fat mass in children, which is an important indicator of their nutritional status.

MALNUTRITION QUALITY IMPROVEMENT INITIATIVE (MQii)

Established through a partnership with the Academy of Nutrition and Dietetics, Avalere Health, and other stakeholders, to advance evidence-based, high-quality patient-driven care for hospitalized older adults (age 65 and older) who are malnourished or at risk for malnutrition.

ENTERAL NUTRITION ACADEMY

The Enteral Nutrition Academy (ENA) has been designed to keep you up to date with the latest scientific advances in enteral nutrition. The Academy offers resources, and events to help advance patient outcomes through improved enteral nutrition strategies.

MENTAL HEALTH

A collection of podcasts, videos, and courses to offer actionable ideas to support your mental health journey.

GROWTH AMBASSADORS

Growth Ambassadors are a collection of expert healthcare professionals from around the world who want to build awareness about the importance of childhood nutrition and growth.

DECADE OF HEALTHY AGEING

We've curated a series of resources to help healthcare practitioners work toward improving the lives of older adults and their families, as well as the communities they serve.

GLYCEMIC GUARDIANS

Glycemic Guardians are a collective of medical authorities who share their diabetes expertise with other practicing clinicians around the world.

STRENGTH AMBASSADORS

The Abbott Strength Ambassador Program provides important, science-backed resources on the role good nutrition can play in building and maintaining strength to improve patient outcomes.

anhi.org/about/important-initiatives



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