

Product Information: ZonePerfect® Macros

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

ZonePerfect® Macros

Balanced nutrition bar with a purpose

- 1 40/30/30 proven macronutrient ratio for total body wellness.*
- 1 CARBS: your body's main source of fuel.
- 1 PROTEIN: supports strong muscles and a lean body.
- 1 FAT: supports vitamin & mineral absorption.
- 1 1 - 2 g sugar.
- 1 15 g of protein.
- 1 18 vitamins & minerals.
- 1 Kosher made with dairy ingredients.

* When used with a 40/30/30 lifestyle plan designed for weight loss and maintenance.



Ingredients

Bar Birthday Cake:

Soy Protein Nuggets (Soy Protein Isolate, Tapioca Starch, Salt), Yogurt Flavored Coating (Milk Protein Concentrate, Palm Kernel Oil, Erythritol, Yogurt Powder [Whey Protein Concentrate, Nonfat Dry Milk, Yogurt Cultures], Sugar, Soy Lecithin, Natural Flavor), Crisp Soy Nuggets (Soy Protein Isolate, Rice Flour, Malt Extract, Salt), Isomalto-oligosaccharide (from Tapioca), Marshmallow (Inulin, Allulose, Water, Corn Maltodextrin, Palm Kernel Oil, Glycerin, Dried Egg White, Soy Lecithin, Salt, Natural Flavor, Carrageenan), Soy Protein Isolate, Glycerin, High Oleic Safflower Oil, Palm Kernel Oil, Corn Maltodextrin, Gum Arabic, Oligofructose, Sprinkles (Sugar, Rice Flour, Corn Starch, Palm Oil, Colored with Vegetable Juice & Turmeric, Sodium Bicarbonate). Less than 2% of: Vitamin & Mineral Blend (Calcium Phosphate, Ascorbic Acid [Vit. C], Magnesium Oxide, dl-Alpha-Tocopheryl Acetate [Vit. E], Niacinamide [Vit. B3], Zinc Oxide, Calcium Pantothenate [Vit. B5], Ferrous Fumarate [Iron], Pyridoxine Hydrochloride [Vit. B6], Vitamin A Palmitate, Riboflavin [Vit. B2], Thiamine Mononitrate [Vit. B1], Folic Acid [Vit. B9], Chromium Chloride, Biotin [Vit. B7], Sodium Selenite, Sodium Molybdate, Vitamin B12), Natural Flavor, Salt, and Stevia Leaf Extract.

Allergens: Contains egg, milk and soy ingredients. Manufactured in a facility that processes peanuts, tree nuts and wheat.

Availability

List Number	Item
67497	ZonePerfect Macros Bar Birthday Cake / 1.76 oz (50 g) Bar / 4 x 5 ct
67500	ZonePerfect Macros Bar Birthday Cake / 1.76 oz (50 g) bar / 3 x 12 ct
67502	ZonePerfect Macros Bar Blueberry Maple Waffle / 1.76 oz (50 g) Bar / 4 x 5 ct
67507	ZonePerfect Macros Bar Fruity Cereal / 1.76 oz (50 g) Bar / 4 x 5 ct
67510	ZonePerfect Macros Bar Fruity Cereal / 1.76 oz (50 g) Bar / 3 x 12 ct
67889	ZonePerfect Macros Bar Chocolate Chip Muffin / 1.76 oz (50 g) bar / 4 x 5 ct
67895	ZonePerfect Macros Bar Cinnamon Toast Cereal / 1.76 oz (50 g) bar / 4 x 5 ct
67898	ZonePerfect Macros Bar Chocolate Cereal / 1.76 oz (50 g) bar / 4 x 5 ct

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Nutrition Information - Bar Birthday Cake

	50 g (1 Bar)	
	Value	%RDI / %DV*
Calories	200	
Total Fat, g	8	10
Saturated Fat, g	5	25
Trans Fat, g	0	
Cholesterol, mg	<5	<2
Sodium, mg	220	10
Total Carbohydrate, g	22	8
Dietary Fiber, g	2	7
Total Sugars, g	2	
Added Sugars, g	2	4
Sugar Alcohol, g	6	
Protein, g	15	30
Calcium, mg	150	10
Iron, mg	2	10
Potassium, mg	40	0
Vitamin A		10
Vitamin C		45
Vitamin E		15
Thiamin		30
Riboflavin		25
Niacin		45
Vitamin B6		45
Folate, mcg DFE	60	15
Folic Acid, mcg	36	
Vitamin B12		70
Biotin		100
Pantothenic Acid		40
Phosphorus		10
Zinc		30
Selenium		30
Chromium		80
Molybdenum		30

Bar Birthday Cake Footnotes & References

Per 50 g (1 Bar)

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.