

Product Information: TwoCal® HN

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 TWOCAL HN is a nutritionally complete, high-calorie formula designed to meet the increased protein and calorie needs of stressed patients and patients requiring low-volume feedings.
- 1 Often provided in 2-fl-oz amounts QID with Med Pass programs to assist with weight gain or maintenance.
- 1 For tube or oral feeding.
- 1 For supplemental or sole-source nutrition.
- 1 Use under medical supervision.
- 1 2 Cal/mL to help patients gain and maintain healthy weight.
- 1 Protein to help support lean body mass and wound healing.
- 1 1.2 g of NutraFlora® scFOS® /8 fl oz (5 g/L). scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.^{1,2,3}
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.
- 1 Suitable for lactose intolerance.



Safety Precautions

- 1 Not for IV use.
- 1 Not for people with galactosemia.

* NutraFlora® and scFOS® are not registered trademarks of Abbott Laboratories.

¹ Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

² Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

³ Bouhnik Y, et al. *Nutr J.* 2007;6:42-48.

Ingredients

Liquid Vanilla:

Water, Corn Syrup Solids, Sodium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Sugar, Medium chain Triglycerides, Canola Oil, Short-chain Fructooligosaccharides, Potassium Citrate, Calcium Caseinate. Less than 0.5% of: Magnesium Chloride, Calcium Phosphate, Natural & Artificial Flavor, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Taurine, L-Carnitine, Zinc Sulfate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Vitamin B12, and Vitamin D3.

Allergens: Contains milk and soy ingredients.

Availability

List Number	Item
00729	TwoCal HN Vanilla / 8 fl oz (237 mL) Can / 24 ct
54064	TwoCal HN Butter Pecan / 8 fl oz (237 mL) Can / 24 ct
62709	TwoCal HN / 1000 mL (1.1 QT) Ready-To-Hang Prefilled Container / 8 ct

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Nutrition Information - Liquid Vanilla

	8 fl oz (237 mL)	
	Value	%RDI / %DV
Protein, g	19.9	
Fat, g	21.5	
Carbohydrate, g	51.8	
Dietary Fiber, g	1.2*	
Taurine, mg	38	
L-Carnitine, mg	38	
Water, g	166	
Calories	475	
Vitamin A, IU	1250	
Vitamin D, IU	100	
Vitamin E, IU	12	
Vitamin K, mcg	20	
Vitamin C, mg	75	
Folic Acid, mcg	160	
Thiamin (Vitamin B1), mg	0.60	
Riboflavin (Vitamin B2), mg	0.68	
Vitamin B6, mg	0.80	
Vitamin B12, mcg	2.4	
Niacin, mg	8.0	
Choline, mg	150	
Biotin, mcg	120	
Pantothenic Acid, mg	4.0	
Sodium, mg	345	
Potassium, mg	580	
Chloride, mg	430	
Calcium, mg	250	
Phosphorus, mg	250	
Magnesium, mg	100	
Iodine, mcg	38	
Manganese, mg	1.3	
Copper, mg	0.50	
Zinc, mg	5.7	
Iron, mg	4.5	
Selenium, mcg	18	
Chromium, mcg	30	
Molybdenum, mcg	38	

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Liquid Vanilla Footnotes & References

Per 8 fl oz (237 mL)

*1.2 g of fructooligosaccharides.

Preparation

Instructions for Use:

8 fl oz can

- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- 1 Clean top of can thoroughly before opening.
- 1 Once opened, reclose or cover, refrigerate and **use within 48 hours**.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled.

Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.

Precautions

- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.