

Product Information: Suplena®

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca



Usage

- 1 Suplena® is specialized nutrition designed to help meet the nutrient needs of non-dialysed people with chronic kidney disease requiring protein, electrolyte, and fluid restrictions. Suplena® helps maintain nutritional status while minimizing accumulation of nitrogenous waste products and electrolytes in patients prone to uremia.¹
- 1 For people prone to uremia.
- 1 For people with chronic kidney disease who are not undergoing dialysis.
- 1 For supplemental or as a sole source of nutrition.
- 1 For oral or tube feeding use.

Features

- 1 Provides 10% of energy as protein to help patients meet their limited protein needs.
- 1 Contains a special carbohydrate blend suitable for people with diabetes.²
- 1 Provides 2 g short-chain fructooligosaccharides per 235-mL can.
- 1 Vitamin and mineral profile specifically designed for patients with chronic kidney disease.
 - Lower in phosphorus and potassium compared to a standard meal replacement.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.

Safety Precautions

- 1 Not for parenteral use.

¹ Montes-Delgado R, et al. *Rev Clin Esp.* 1998;198:580-6.

² Wolf BW, et al. *Nutr Res.* 2001;21:1099-106.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, High Oleic Safflower Oil, Milk Protein Isolate, Isomaltulose, Sugar, Canola Oil, Corn Maltodextrin Fibre, Sodium Caseinate, Glycerin, Short-chain Fructooligosaccharides, Soy Lecithin, Natural and Artificial Flavour, L-Carnitine, Carrageenan, Taurine, MINERALS (Potassium Citrate, Sodium Citrate, Magnesium Chloride, Magnesium Phosphate, Calcium Carbonate, Calcium Phosphate, Potassium Chloride, Salt, Zinc Sulphate, Ferrous Sulphate, Manganese Sulphate, Copper Sulphate, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate), VITAMINS (Choline Chloride, Ascorbic Acid, D-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamine Chloride Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, D-Biotin, Phylloquinone, Cyanocobalamin, and Vitamin D3).

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
6208813	Suplena®, Vanilla; 235-mL cans; 24/case

Nutrition Information - Liquid Vanilla

	100 mL	235 mL
	Value	Value
ENERGY, Cal (kJ)	179 (749)	421 (1760)
Protein, g	4.5	11
Taurine, mg	16	38
Carnitine, mg	27	63
Fat, g	9.6	23
Linoleic Acid, g	1.6	3.8
Linolenic Acid, g	0.32	0.74
Carbohydrate, g	20	46
Fibre, g	1.3	3.0
Short-chain fructooligosaccharides (scFOS), g	0.88	2.1
Water, g	74	174
Vitamin A, IU	316	744
Vitamin D, IU	8	20
Vitamin E, IU	9.7	23
Vitamin K, mg	0.0084	0.020
Vitamin C, mg	11	25
Thiamine, mg	0.24	0.56
Riboflavin, mg	0.27	0.64
Niacin, mg	3.2	7.4
Vitamin B6, mg	0.84	2
Folic Acid, mg	0.11	0.25
Vitamin B12, mg	0.00097	0.0023
Pantothenic Acid, mg	1.6	3.8
Biotin, mg	0.051	0.12
Choline, mg	63	149
Sodium, mg	80	188
Potassium, mg	114	268
Chloride, mg	93	218
Calcium, mg	105	248
Phosphorus, mg	72	168
Magnesium, mg	21	50
Iron, mg	1.9	4.5
Zinc, mg	2.7	6.4
Iodine, mg	0.016	0.038
Copper, mg	0.21	0.5
Manganese, mg	0.21	0.5
Selenium, mg	0.0076	0.018
Chromium, mg	0.013	0.030
Molybdenum, mg	0.0080	0.019

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Product Characteristics

	Value
Caloric Density (Cal/mL)	1.8
Protein (% of total energy)	10
Protein Source	Milk protein isolate, sodium caseinate
Fat (% of total energy)	48
MCT oil (% of total fats)	0
Omega-6:Omega-3 Ratio	5.2:1
Fat Source	High oleic safflower oil, canola oil, soy lecithin
Carbohydrate (% of total energy)	42
Carbohydrate Source	Corn maltodextrin, isomaltulose, sucrose, scFOS
Total Cal:g Nitrogen Ratio	256:1
Nonprotein Cal:g Nitrogen Ratio	230:1
Water (g/L)	738
Osmolality (mOsm/kg water)	780
Renal Solute Load (mOsm/L)	345
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/8

Preparation

INSTRUCTIONS FOR USE:

- 1 Shake well and clean top of can thoroughly before opening.

Oral Feeding: May be used for supplemental or sole source of nutrition. May be served at room temperature or chilled.

Tube Feeding: Pump feeding is recommended, feed at room temperature with an 8 Fr or larger tube. Follow health care professional instructions for flow rate, volume and need for additional fluids. Care should be taken to avoid contamination during preparation and administration.

Storage & Handling

Store unopened at room temperature; avoid extreme temperatures. When carefully poured from the can into an enteral feeding setup, hang for 8–12 hours.¹ Once opened, cover, refrigerate, and use within 48 hours.

1. Boullata JI, Carrera AL, Harvey L, et al. ASPEN safe practices for enteral nutrition therapy. *JPEN J Parenter Enteral Nutr.* 2017;41(1):15-103.