

## Product Information: Similac® for Spit-Up

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac® for Spit-Up

## Infant Formula with Iron

- 1 A 20 Cal/fl oz nutritionally complete milk-based formula with added rice starch to help reduce frequent spit up.
- 1 Suitable for lactose sensitivity.\*
- 1 No artificial growth hormones.†
- 1 OptiGRO® is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E, an important nutrient to support developing cells.
- 1 Our exclusive formula has:
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.
  - Prebiotics to help promote digestive health.
  - Carotenoids like those naturally found in breast milk.
- 1 Easy to digest milk-based formula with added rice starch.
- 1 Clinically shown to reduce frequent spit up in healthy babies by 54%.<sup>1,‡</sup>
- 1 Clinically shown to support normal infant growth.<sup>1</sup>
- 1 Kosher.
- 1 Halal.
- 1 Gluten-free.



## Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for use by infants or children with galactosemia.

\* Typical value 0.1 g lactose/100 kcal compared to Similac Advance (11 g lactose/100 kcal).

† No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.

‡ Among healthy 2-month-old infants compared to a standard formula.

<sup>1</sup> Lasekan JB, et al. *J Am Coll Nutr.* 2014;33(2):136-146.

## Ingredients

### Powder Unflavored:

Corn Syrup, Rice Starch, Milk Protein Isolate, High Oleic Safflower Oil, Sugar, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Potassium Phosphate, Calcium Carbonate, Magnesium Chloride, Ascorbic Acid, Choline Chloride, L-Cystine Dihydrochloride, Ascorbyl Palmitate, Salt, Ferrous Sulfate, Taurine, Inositol, Choline Bitartrate, Zinc Sulfate, Mixed Tocopherols, L-Carnitine, Niacinamide, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Vitamin A Palmitate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Vitamin B12, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

**Allergens:** Contains milk ingredients.

## Availability

List Number	Item
50959	Similac For Spit-Up Powder / 12.5 oz (354 g) Can / 6 ct

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### Nutrition Information - Powder Unflavored

	100 Cal (5 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	2.1		14.2	
Fat, g	5.4		36.52	
Carbohydrate, g	11		74.39	
Water, g	133		896	
Linoleic Acid, mg	1000		6763	
Vitamin A, IU	300		2029	
Vitamin D, IU	60		406	
Vitamin E, IU	1.5		10.1	
Vitamin K, mcg	8		54.1	
Thiamin (Vitamin B1), mcg	100		676	
Riboflavin (Vitamin B2), mcg	150		1014	
Vitamin B6, mcg	60		406	
Vitamin B12, mcg	0.25		1.69	
Niacin, mcg	1050		7101	
Folic Acid (Folacin), mcg	15		101.4	
Pantothenic Acid, mcg	450		3043	
Biotin, mcg	4.4		29.8	
Vitamin C (Ascorbic Acid), mg	9		60.9	
Choline, mg	24		162.3	
Inositol, mg	4.3		29.1	
Calcium, mg	84		568	
Calcium, mEq	4.2		28.4	
Phosphorus, mg	56		379	
Magnesium, mg	6		40.6	
Iron, mg	1.8		12.17	
Zinc, mg	0.75		5.07	
Manganese, mcg	5		33.8	
Copper, mcg	90		609	
Iodine, mcg	15		101	
Selenium, mcg	2		13	
Sodium, mg	30		203	
Sodium, mEq	1.3		8.8	
Potassium, mg	107		724	
Potassium, mEq	2.7		18.3	
Chloride, mg	65		440	
Chloride, mEq	1.8		12.2	

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### Preparation

#### Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

#### 2-fl-oz Bottle

- 1 Do not add water.
- 1 Shake very well.
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Twist off cap.
- 1 Twist on nipple and ring.
  - 1 Use sterile nipple and ring if directed.
- 1 Once oral feeding begins, use **within 1 hour or discard.**

#### 1-QT Bottle

- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band; twist off and clean cap. **Do not use if band around cap or inner foil seal is damaged.**
- 1 Invert cap; press down to piece foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach nipple.
- 1 Once oral feeding begins, use **within 1 hour or discard.**
- 1 Prepare and feed all formula from the container **within 3 days after opening.**

#### Instructions for Use:

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see Powder Mixing Guide).
- 1 Add 1 unpacked level scoop (8.8 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; wait two minutes; attach nipple; gently swirl before feeding.
- 1 Once oral feeding begins, use **within 1 hour or discard.**

#### Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.8 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

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## Storage & Handling

### Ready to Feed

#### 2-fl-oz Bottle

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened containers at room temperature; avoid extreme temperatures.

#### 1-QT Bottle

- 1 Once opened, store quart bottle in refrigerator.
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Prepare and feed all formula from this container **within 3 days after opening.**
- 1 Do not reuse container.

### Instructions for Use:

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 Use opened can contents **within 1 month.**
- 1 Do not reuse container.