

**Product Information:
Similac Total Comfort™ 20**

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac Total Comfort™ 20

Partially Hydrolyzed Protein Infant Formula with Iron



- 1 A 20 Cal/fl oz, nutritionally complete infant formula that has partially hydrolyzed whey protein as an alternative to standard milk-based formulas with intact protein. For mild tolerance symptoms such as fussiness and gas due to lactose sensitivity.
- 1 OptiGRO® is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
 - DHA for brain and eye development.
 - Lutein to support eye health.
 - Vitamin E, an important nutrient to support developing cells.
- 1 Our exclusive formula has:
 - Partially hydrolyzed protein for easy digestion.
 - A unique blend of two carbohydrates to help maximize absorption and minimize malabsorption risks.
 - Calcium for strong bones - no palm olein oil.
 - Nucleotides to help support the immune system.
 - Prebiotics to help promote digestive health.
- 1 Clinically shown to support normal infant growth.¹
- 1 No palm olein oil.
- 1 No artificial growth hormones.*
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.

Safety Precautions

- 1 Consult physician prior to switching formulas.
- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for infants or children with galactosemia.

* No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.

¹ Borschel MW, et al. *Clin Pediatr.* 2014;53:1375-1382.

Ingredients

Powder Unflavored:

Corn Maltodextrin, Whey Protein Hydrolysate, High Oleic Safflower Oil, Sugar, Soy Oil, Coconut Oil. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Short-chain Fructooligosaccharides, Beta-Carotene, Lutein, Calcium Citrate, Potassium Phosphate, Calcium Phosphate, Potassium Hydroxide, Salt, Magnesium Chloride, Ascorbic Acid, Choline Chloride, Potassium Chloride, Sodium Citrate, Calcium Hydroxide, Potassium Citrate, Ferrous Sulfate, Taurine, Inositol, Choline Bitartrate, Zinc Sulfate, Ascorbyl Palmitate, L-Carnitine, Niacinamide, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Copper Sulfate, Vitamin A Palmitate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Vitamin B12, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

Allergens: Contains milk ingredients.

Availability

List Number	Item
62599	Similac Total Comfort Powder / 12.6 oz (357 g) Can / 6 ct

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Nutrition Information - Powder Unflavored

	100 Cal (5 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	2.32		15.69	
Fat, g	5.4		36.52	
Carbohydrate, g	10.7		72.36	
Water, g	133		897	
Linoleic Acid, mg	1000		6763	
Vitamin A, IU	300		2029	
Vitamin D, IU	60		406	
Vitamin E, IU	1.5		10.1	
Vitamin K, mcg	8		54.1	
Thiamin (Vitamin B1), mcg	100		676	
Riboflavin (Vitamin B2), mcg	150		1014	
Vitamin B6, mcg	60		406	
Vitamin B12, mcg	0.25		1.69	
Niacin, mcg	1050		7101	
Folic Acid (Folacin), mcg	15		101.4	
Pantothenic Acid, mcg	450		3043	
Biotin, mcg	4.4		29.8	
Vitamin C (Ascorbic Acid), mg	9		60.9	
Choline, mg	24		162.3	
Inositol, mg	4.3		29.1	
Calcium, mg	105		710	
Calcium, mEq	5.3		35.5	
Phosphorus, mg	75		507	
Magnesium, mg	6		40.6	
Iron, mg	1.8		12.17	
Zinc, mg	0.75		5.07	
Manganese, mcg	5		33.8	
Copper, mcg	90		609	
Iodine, mcg	15		101	
Selenium, mcg	2		14	
Sodium, mg	44		298	
Sodium, mEq	1.9		12.8	
Potassium, mg	118		798	
Potassium, mEq	3		20.3	
Chloride, mg	65		440	
Chloride, mEq	1.8		12.2	

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Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.8 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; attach clean nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.8 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

1 Can = 22 Bottles (4 fl oz each)

When mixed as directed, makes approx. 90 fl oz of formula.

Storage & Handling

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**
- 1 Do not reuse container.

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