

## Product Information: Similac® Special Care® 30

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac® Special Care® 30

## Premature infant formula with iron

- 1 SIMILAC SPECIAL CARE 30 is a 30 Cal/fl oz, iron-fortified feeding for growing, low-birth-weight infants and premature infants. It can also be used post-discharge as directed by a doctor.
- 1 First 30-Cal/fl oz ready-to-feed liquid preterm infant formula.
- 1 Use under medical supervision.
- 1 OptiGRO® is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E to support developing cells.
- 1 Suitable for use as a human milk fortifier.<sup>1,2,3,\*</sup>
- 1 Can be used as a breast milk extender for mothers whose milk supply is low.<sup>1,2,\*</sup>
- 1 Lutein, a carotenoid naturally found in colostrum and human milk, has been shown to help support eye development in the preterm infant.<sup>4,5,6,7</sup>
- 1 Nucleotides for immune system support.
- 1 Can be mixed with human milk to a variety of caloric densities.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher; made with dairy ingredients.



## Safety Precautions

- 1 Very-low-birthweight infants are particularly susceptible to gastrointestinal complications; therefore, feeding should be initiated cautiously.
- 1 Use this product only after feedings of lower caloric density are well-established. For improved tolerance, it is best to increase caloric density slowly, by 2- to 4-Cal/fl oz increments.
- 1 Hydration status should be monitored.
- 1 Spitting up, abdominal distension, abnormal stools or stool patterns, excessive gastric residuals, or other signs of intestinal dysfunction have been associated with enteral feeding before the intestinal tract is ready to accommodate the regimen. At first signs of these problems, enteral feeding should be slowed or discontinued.
- 1 Unless directed by a physician, this formula is not intended for feeding low-birth-weight infants after achieving a body weight of 3600 g (approximately 8 lbs)
- 1 **Never use a microwave oven to warm formula.** Serious burns can result.

\* Use once feeding tolerance is established.

<sup>1</sup> Pillai A, et al. *Nutrients*. 2018;10:1433.

<sup>2</sup> Willeitner A, et al. *JPGN*. 2017;65(5):574-8.

<sup>3</sup> Lin Y-C, et al. *JPGN*. 2020;12:2229.

<sup>4</sup> Canfield LM, et al. *Eur J Nutr*. 2003;42:133-141.

<sup>5</sup> Schweigert FJ, et al. *Eur J Nutr*. 2004;43:39-44.

<sup>6</sup> Patton S, et al. *Lipids*. 1990;25:159-165.

<sup>7</sup> Rubin LP, et al. *J Perinatol*. 2012;32(6):418-24.

## Ingredients

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## Liquid Unflavored:

Water, Nonfat Milk, Corn Syrup Solids, Medium Chain Triglycerides, Soy Oil, Whey Protein Concentrate, Coconut Oil, Lactose. Less than 0.5% of: Schizochytrium Sp. Oil\*, M. Alpina Oil†, Beta-Carotene, Lutein, Calcium Phosphate, Ascorbic Acid, Calcium Carbonate, Soy Lecithin, Monoglycerides, Magnesium Chloride, Sodium Citrate, Inositol, Potassium Hydroxide, Carrageenan, Ferrous Sulfate, Choline Bitartrate, Taurine, Choline Chloride, Niacinamide, L-Carnitine, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Vitamin A Palmitate, Copper Sulfate, Riboflavin, Potassium Citrate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Folic Acid, Manganese Sulfate, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, Vitamin B12, Potassium Chloride, Potassium Phosphate, and Nucleotides (Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Adenosine 5'-Monophosphate).

\* Source of DHA.

† Source of ARA.

**Allergens:** Contains milk and soy ingredients.

## Availability

List Number	Item
56275	Similac Special Care 30 Ready to Feed / 2 fl oz (59 mL) Bottle / 48 ct
67448	Similac Special Care 30 Ready to Feed / 2 fl oz (59 mL) Bottle / 12 x 4 ct

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## Nutrition Information - Liquid Unflavored

	100 Cal (3.34 fl oz)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		1014	
Volume, mL	98.6193		1000	
Protein, g	3		30.4	
Fat, g	6.61		67	
Carbohydrate, g	7.73		78.4	
Water, g	84		852	
Linoleic Acid, mg	700		7098	
Potential Renal Solute Load, mOsm	27.8		281.7	
Vitamin A, IU	1250		12675	
Vitamin D, IU	150		1521	
Vitamin E, IU	4		40.6	
Vitamin K, mcg	12		121.7	
Thiamin (Vitamin B1), mcg	250		2535	
Riboflavin (Vitamin B2), mcg	620		6287	
Vitamin B6, mcg	250		2535	
Vitamin B12, mcg	0.55		5.58	
Niacin, mcg	5000		50700	
Folic Acid (Folacin), mcg	37		375.2	
Pantothenic Acid, mcg	1900		19266	
Biotin, mcg	37		375.2	
Vitamin C (Ascorbic Acid), mg	37		375.2	
Choline, mg	10		101.4	
Inositol, mg	40		405.6	
Calcium, mg	180		1825	
Calcium, mEq	9		91.3	
Phosphorus, mg	100		1014	
Magnesium, mg	12		121.7	
Iron, mg	1.8		18.25	
Zinc, mg	1.5		15.21	
Manganese, mcg	12		121.7	
Copper, mcg	250		2535	
Iodine, mcg	6		61	
Selenium, mcg	2		20	
Sodium, mg	43		436	
Sodium, mEq	1.9		19.3	
Potassium, mg	129		1308	
Potassium, mEq	3.3		33.5	
Chloride, mg	81		821	
Chloride, mEq	2.3		23.3	

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Abbott Nutrition Abbott Laboratories  
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1-800-227-5767



## Preparation

### Instructions for Use:

The health of the infant depends on carefully following the directions for preparation and use. Proper hygiene, handling and storage are important when preparing infant formula. Wash hands, surfaces and utensils before preparing feedings. Ask your baby's doctor if you need to boil (sterilize) nipples and rings before use.

- 1 Do not add water.
- 1 Shake very well.
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Twist off cap.
- 1 Twist on nipple and ring.
- 1 Pour desired amount into feeding container (Volu-Feed or syringe) or attach clean, single-use nipple and ring (not included). Use sterile nipple and ring if directed.
- 1 No need to warm before feeding.
- 1 **Once oral feeding begins, use within one hour or discard.**
- 1 **Use once feeding tolerance is established. If signs of intolerance develop, slow feeding or discontinue.**

## Storage & Handling

### Instructions for Use:

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 For mixing: pour, recap, refrigerate and use within 24 hours.
- 1 Do not reuse bottle.