

Product Information: Similac® Special Care® 20

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Special Care® 20

Premature infant formula with iron

- 1 SIMILAC SPECIAL CARE 20 is a 20 Cal/fl oz, iron-fortified feeding for growing, low-birth-weight infants and premature infants.
- 1 Use under medical supervision.
- 1 OptiGRO® is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
 - DHA for brain and eye development.
 - Lutein to support eye health.
 - Vitamin E to support developing cells.
- 1 Lutein, a carotenoid naturally found in colostrum and human milk, has been shown to help support eye development in the preterm infant.^{1,2,3,4}
- 1 Nucleotides for immune system support.
- 1 Calcium: phosphorus content and ratio (1.8:1) supports intrauterine accretion rates.⁵
- 1 Approximately 2 mg iron/kg body weight per day when fed at 120 Cal/kg body weight per day.
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher; made with dairy ingredients.



Safety Precautions

- 1 Very-low-birthweight infants are particularly susceptible to gastrointestinal complications; therefore, feeding should be initiated cautiously.
- 1 Tolerance to enteral feedings should be confirmed by initially offering small volumes of formula followed by cautious progression to higher caloric feedings.
- 1 Spitting up, abdominal distension, abnormal stools or stool patterns, excessive gastric residuals, or other signs of intestinal dysfunction have been associated with enteral feeding before the intestinal tract is ready to accommodate the regimen. At first signs of these problems, enteral feeding should be slowed or discontinued.
- 1 Unless directed by a physician, this formula is not intended for feeding low-birth-weight infants after achieving a body weight of 3600 g (approximately 8 lbs)
- 1 **Never use a microwave oven to warm formula.** Serious burns can result.

¹ Canfield LM, et al. *Eur J Nutr.* 2003;42:133-141.

² Schweigert FJ, et al. *Eur J Nutr.* 2004;43:39-44.

³ Patton S, et al. *Lipids.* 1990;25:159-165.

⁴ Rubin LP, et al. *J Perinatol.* 2012;32(6):418-24.

⁵ Mize CE, et al. *Am J Clin Nutr.* 1995;62:385-91.

Ingredients

Liquid Unflavored:

Water, Nonfat Milk, Corn Syrup Solids, Medium Chain Triglycerides, Lactose, Whey Protein Concentrate, Soy Oil, Coconut Oil. Less than 0.5% of: Schizochytrium Sp. Oil*, M. Alpina Oil†, Beta-Carotene, Lutein, Calcium Phosphate, Ascorbic Acid, Magnesium Chloride, Soy Lecithin, Monoglycerides, Potassium Citrate, Inositol, Carrageenan, Calcium Carbonate, Sodium Citrate, Potassium Hydroxide, Ferrous Sulfate, Choline Bitartrate, Taurine, Niacinamide, Choline Chloride, L-Carnitine, Zinc Sulfate, Potassium Chloride, Salt, Potassium Phosphate, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Vitamin A Palmitate, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, Vitamin B12, and Nucleotides (Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Adenosine 5'-Monophosphate).

* Source of DHA.

† Source of ARA.

Allergens: Contains milk and soy ingredients.

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Availability

List Number	Item
56265	Similac Special Care 20 Ready to Feed / 2 fl oz (59 mL) Bottle / 48 ct

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Nutrition Information - Liquid Unflavored

	100 Cal (5 fl oz)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	3		20.27	
Fat, g	5.43		36.69	
Carbohydrate, g	10.3		69.59	
Water, g	133		899	
Linoleic Acid, mg	700		4730	
Potential Renal Solute Load, mOsm	27.8		187.8	
Vitamin A, IU	1250		8446	
Vitamin D, IU	150		1014	
Vitamin E, IU	4		27	
Vitamin K, mcg	12		81.1	
Thiamin (Vitamin B1), mcg	250		1689	
Riboflavin (Vitamin B2), mcg	620		4189	
Vitamin B6, mcg	250		1689	
Vitamin B12, mcg	0.55		3.72	
Niacin, mcg	5000		33784	
Folic Acid (Folacin), mcg	37		250	
Pantothenic Acid, mcg	1900		12838	
Biotin, mcg	37		250	
Vitamin C (Ascorbic Acid), mg	37		250	
Choline, mg	10		67.6	
Inositol, mg	40		270.3	
Calcium, mg	180		1216	
Calcium, mEq	9		60.8	
Phosphorus, mg	100		676	
Magnesium, mg	12		81.1	
Iron, mg	1.8		12.16	
Zinc, mg	1.5		10.14	
Manganese, mcg	12		81.1	
Copper, mcg	250		1689	
Iodine, mcg	6		41	
Selenium, mcg	2		14	
Sodium, mg	43		291	
Sodium, mEq	1.9		12.8	
Potassium, mg	129		872	
Potassium, mEq	3.3		22.3	
Chloride, mg	81		547	
Chloride, mEq	2.3		15.5	

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Abbott Nutrition Abbott Laboratories
 Columbus, OH 43219-3034
 1-800-227-5767



Preparation

Instructions for Use:

The health of the infant depends on carefully following the directions for preparation and use. Proper hygiene, handling and storage are important when preparing infant formula.

- 1 Do not add water.
- 1 Shake very well.
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Twist off cap.
- 1 Twist on nipple and ring.
- 1 Pour desired amount into feeding container (Volu-Feed or syringe) or attach clean, single-use nipple and ring (not included). Use sterile nipple and ring if directed.
- 1 **Once oral feeding begins, use within one hour or discard.**
- 1 **If signs of intolerance develop, slow feeding or discontinue.**

Storage & Handling

Instructions for Use:

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened at room temperature; avoid extreme temperatures.
- 1 For mixing: pour, recap, refrigerate and use within 24 hours.
- 1 Do not reuse bottle.