

## Product Information: Similac® Organic

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac® Organic

## Infant formula with iron

- 1 A 20 Cal/fl oz, nutritionally complete, organic, milk-based, iron-fortified infant formula for use as a supplement or alternative to breastfeeding.
- 1 Certified USDA Organic.
- 1 No artificial growth hormones.\*
- 1 Non-GMO.†
- 1 No palm olein-oil.
- 1 Our exclusive formula has:
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.
  - Prebiotics to help promote digestive health.
  - Carotenoids like those naturally found in breast milk.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



## Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for use by infants or children with galactosemia.

\* No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.

† Ingredients not genetically engineered.

## Ingredients

### Powder Unflavored:

Organic Lactose, Organic Nonfat Milk, Organic High Oleic Sunflower Oil, Organic Soy Oil, Organic Coconut Oil. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Short-chain Fructooligosaccharides, Potassium Citrate, Calcium Carbonate, Ascorbic Acid, Ascorbyl Palmitate, Ferrous Sulfate, Salt, Choline Chloride, Choline Bitartrate, Taurine, Inositol, Magnesium Chloride, Zinc Sulfate, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, L-Carnitine, Vitamin A Palmitate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Vitamin B12, Potassium Iodide, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

**Allergens:** Contains milk ingredients.

## Availability

List Number	Item
50821	Similac Organic Powder / 23.2 oz (658 g) SimplePac / 6 ct
56525	Similac Organic Ready to Feed / 2 fl oz (59 mL) Bottle / 48 ct
67634	Similac Organic Ready to Feed / 2 fl oz (59 mL) bottle / 48 ct

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Abbott Nutrition Abbott Laboratories  
Columbus, OH 43219-3034  
1-800-227-5767



### Nutrition Information - Powder Unflavored

	100 Cal (5 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	2.07		13.99	
Fat, g	5.63		38.05	
Carbohydrate, g	10.4		70.29	
Water, g	133		899	
Linoleic Acid, mg	860		5812	
Vitamin A, IU	300		2028	
Vitamin D, IU	60		406	
Vitamin E, IU	1.5		10.1	
Vitamin K, mcg	8		54.1	
Thiamin (Vitamin B1), mcg	100		676	
Riboflavin (Vitamin B2), mcg	150		1014	
Vitamin B6, mcg	60		405	
Vitamin B12, mcg	0.25		1.69	
Niacin, mcg	1050		7097	
Folic Acid (Folacin), mcg	15		101.4	
Pantothenic Acid, mcg	450		3041	
Biotin, mcg	4.4		29.7	
Vitamin C (Ascorbic Acid), mg	9		60.8	
Choline, mg	24		162.2	
Inositol, mg	24		162.2	
Calcium, mg	78		527	
Calcium, mEq	3.9		26.4	
Phosphorus, mg	42		284	
Magnesium, mg	6		40.6	
Iron, mg	1.8		12.17	
Zinc, mg	0.75		5.07	
Manganese, mcg	5		33.8	
Copper, mcg	90		608	
Iodine, mcg	15		101	
Selenium, mcg	2		14	
Sodium, mg	24		162	
Sodium, mEq	1.04		7	
Potassium, mg	105		710	
Potassium, mEq	2.7		18.2	
Chloride, mg	65		439	
Chloride, mEq	1.8		12.2	

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### Preparation

#### Instructions for Use:

##### Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see Powder Mixing Guide).
- 1 Add 1 unpacked level scoop (8.6 g) to each 2 fl oz of water.
- 1 Return dry scoop to holder in lid.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

#### Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.6 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

For larger size mixing instructions, please visit [www.Similac.com/mixinginfo](http://www.Similac.com/mixinginfo).

#### Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottle, nipple and ring before use. Ready to feed formula if mixed with water may not provide proper nutrition, and repeated use of such feedings could cause illness.

- 1 2-fl-oz bottle
  - 1 **Use as directed by a doctor.**
  - 1 **Do not use if breakaway ring is missing or broken.**
  - 1 **Do not add water.**
  - 1 Shake very well.
  - 1 Twist off cap.
  - 1 Twist on nipple and ring.
  - 1 Use clean hands to attach clean, single-use nipple and ring. Use sterile nipple and ring if directed.
  - 1 **Once oral feeding begins, use within 1 hour or discard.**

## Storage & Handling

### Instructions for Use:

#### Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened container contents within 1 month.**
- 1 Do not reuse container.

#### Ready to Feed

- 1 2 fl oz bottle
  - 1 Avoid prolonged exposure of bottles to light.
  - 1 Store unopened at room temperature; avoid extreme temperatures.