

## Product Information: Similac® Advance®

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac® Advance®

## Infant formula with iron

- 1 A 19 Cal/fl oz, nutritionally complete, milk-based, iron-fortified infant formula for use as a supplement or alternative to breastfeeding.
- 1 OptiGRO™ is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E, an important nutrient found in breast milk to support developing cells.
- 1 Our exclusive formula has:
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.
  - Prebiotics to help promote digestive health.
  - Carotenoids like those naturally found in breast milk.
- 1 Clinically proven tolerance in newborns.<sup>1</sup>
- 1 Clinically shown to support greater calcium absorption\* for strong bones.<sup>2,3</sup>
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



## Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for infants or children with galactosemia.

\* *Similac® with Iron vs Enfamil® with Iron. Enfamil is not a trademark of Abbott Laboratories.*

<sup>1</sup> *Lloyd B, et al. Pediatrics 1999;103:1-6.*

<sup>2</sup> *Nelson SE, et al. J Am Coll Nutr 1998;17(4):327-332.*

<sup>3</sup> *Koo W, et al. Pediatrics 2003;111:1017.*

## Ingredients

### Powder Unflavored:

Nonfat Milk, Lactose, Whey Protein Concentrate, High Oleic Safflower Oil, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Potassium Citrate, Calcium Carbonate, Ascorbic Acid, Soy Lecithin, Potassium Chloride, Magnesium Chloride, Ferrous Sulfate, Choline Bitartrate, Choline Chloride, Ascorbyl Palmitate, Salt, Taurine, m-Inositol, Zinc Sulfate, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, L-Carnitine, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Calcium Phosphate, Potassium Phosphate, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

**Allergens:** Contains milk and soy ingredients.

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Abbott Nutrition Abbott Laboratories  
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### Availability

List Number	Item
53359	Similac Advance Powder / 23.2-oz (658-g) SimplePac / 6 ct
53496	Similac Advance Powder / 34-oz (964-g) SimplePac / 6 ct
58585	Similac Advance Powder / 30.8-oz (873-g) can / 6 ct
63362	Similac Advance Powder / 30.8-oz (873-g) can / 4 ct
63375	Similac Advance Powder / 40-oz (1.41-kg) can / 6 ct
64452	Similac Advance Powder / 36-oz (1.02-kg) SimplePac / 3 ct
66330	Sim Advance Powder / 40-oz (1.13-kg) can / 6 ct

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### Nutrition Information - Powder Unflavored

	100 Cal (5.3 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		643	
Volume, mL	155.5		1000	
Protein, g	2.07		13.31	
Fat, g	5.60		36.2	
Carbohydrate, g	10.7		69.2	
Water, g	141		906	
Linoleic Acid, mg	1000		6431	
Vitamin A, IU	300		1929	
Vitamin D, IU	75		482	
Vitamin E, IU	1.5		9.6	
Vitamin K, mcg	8		51	
Thiamin (Vitamin B1), mcg	100		643	
Riboflavin (Vitamin B2), mcg	160		1029	
Vitamin B6, mcg	63		405	
Vitamin B12, mcg	0.26		1.67	
Niacin, mcg	1100		7074	
Folic Acid (Folacin), mcg	16		103	
Pantothenic Acid, mcg	470		3023	
Biotin, mcg	4.6		29.6	
Vitamin C (Ascorbic Acid), mg	9		58	
Choline, mg	24		154	
Inositol, mg	4.9		31.5	
Calcium, mg	82		527	
Calcium, mEq	4.1		26.4	
Phosphorus, mg	44		283	
Magnesium, mg	6		39	
Iron, mg	1.9		12.2	
Zinc, mg	0.79		5.08	
Manganese, mcg	5		32	
Copper, mcg	95		611	
Iodine, mcg	6		39	
Selenium, mcg	2		13	
Sodium, mg	25		161	
Sodium, mEq	1.1		7.1	
Potassium, mg	110		707	
Potassium, mEq	2.8		18	
Chloride, mg	68		437	
Chloride, mEq	1.9		12.2	

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### Preparation

#### Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.3 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

#### Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.3 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

#### Ready to Feed

Your baby's health depends on carefully following these directions. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Do not add water.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on nipple and ring.
- 1 No need to warm before feeding.
- 1 Once feeding begins, **use within 1 hour or discard.**

### Storage & Handling

#### Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**
- 1 Do not reuse container.

#### Ready to Feed

- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse bottle.
- 1 **Protect from light.**
- 1 **Store in carton until ready to use.**