



Abbott

# SIMILAC<sup>®</sup> ALIMENTUM<sup>®</sup> — CUSTOMIZED INFANT FORMULA RECIPE

To help meet the nutritional needs of your baby, a special feeding recipe has been prescribed by your health care professional.

Your baby's health depends on carefully following the directions on the formula label. Proper hygiene, preparation, mixing and storage are important when using infant formula.

Use the recipe prescribed by your health care professional below.

Unpacked Level Scoops* of Powder	Water	Calories	✓
1 scoop +	60 mL =	20 Cal per 30 mL	<input type="checkbox"/>
2 scoops +	105 mL =	22 Cal per 30 mL	<input type="checkbox"/>
3 scoops +	150 mL =	24 Cal per 30 mL	<input type="checkbox"/>
3 scoops +	130 mL =	27 Cal per 30 mL	<input type="checkbox"/>

\* Use only the scoop provided in the container.

**Note:** The final amount of prepared formula will be higher than the quantity of water used because of the addition of powder.



Patient's Name

Date

### Additional Instructions

Concentrated formulas should only be used as recommended and supervised by a health care professional.

Closer monitoring of vitamin/mineral intake, hydration status and tolerance may be necessary.

For questions, please call:

Name

Phone Number