



Pulmocare

1.5 kcal/ml complete, balanced, high fat/low carbohydrate liquid

PRESENTATION

- Presented in 500 ml (756 kcal) Ready to Hang (RTH) containers.
- Pulmocare is available in vanilla flavour.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Pulmocare is a complete and balanced liquid feed specifically designed for patients with pulmonary disease. The high fat and low carbohydrate content of the feed is designed to reduce carbon dioxide production and respiratory quotient, thus reducing ventilatory requirements. Suitable as a sip or tube feed.

Nutritionally complete for vitamins and minerals in 1000 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years).

INDICATIONS—COMMUNITY USE

Suitable for patients who require a lower carbon dioxide production or for the following indications:

- Acute and chronic bronchitis
- Chronic obstructive pulmonary disease
- Pulmonary emphysema
- Weaning ventilated patients
- Respiratory failure
- Oxygen therapy

Available on the GMS (General Medical Services) Scheme and the DPS (Drugs Payment Scheme).

STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.

DIRECTIONS FOR USE

- Ready for use.
- Shake well before use and open immediately prior to use.
- Best served chilled if taken orally.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.
- Unless recommended by a qualified healthcare professional, not intended for use in children
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA—INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, sodium and calcium caseinates (*milk* protein), sucrose, canola oil, maltodextrin, MCT oil from palm kernel oil, corn oil, high oleic sunflower oil, potassium citrate, emulsifier: E322 (*soy* lecithin), magnesium chloride, tricalcium phosphate, sodium citrate, flavouring, choline chloride, potassium phosphate dibasic, vitamin C, sodium chloride, taurine, L-carnitine, stabiliser: E418, ferrous sulphate, zinc sulphate, vitamin E, niacin, calcium pantothenate, manganese sulphate, copper sulphate, beta carotene, vitamin B₆, vitamin A, thiamin (vitamin B₁), riboflavin (vitamin B₂), vitamin D, folic acid, sodium molybdate, sodium selenate, chromium chloride, potassium iodide, biotin, vitamin K, vitamin B₁₂.

GENERAL INFORMATION

Energy density	1.5 kcal/ml
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Energy distribution:

Protein	16.5%
Carbohydrate	28.0%
Fat	55.5%

Renal solute load	501 mOsm/L
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Osmolarity	383 mOsm/L
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Osmolality	488 mOsm/kg H ₂ O
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Gluten free?	✓
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Clinically lactose free?	✓
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Milk free?	✗
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Suitable for vegetarians?	✓ ¹
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For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 1800 22 11 66.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.