

# Prosure

## EPA fortified nutrition with High Energy, High Protein

### Product Information

- Prosure is high energy, high protein nutrition with omega 3 fatty acid (EPA) and antioxidants
- Prosure contains EPA which has shown to
  - Help promote weight gain & maintain lean body mass
  - Help support immune response
- Drinking ProSure daily (>2 serves) as part of a multimodal cancer-care program has been clinically shown to:
  - Promote weight gain
  - Help build or maintain lean body mass
  - Improve appetite and dietary intake
  - Attenuate the proinflammatory response
- Helps support immune health as it provides antioxidants (vitamin E & C), EPA (2.1g/ 2serves) and prebiotic fiber Fructooligosaccharide (FOS) {8g/ 2 serves }
- Contains high quality protein;
  - Helps support anabolism and lean body mass
- It is a therapeutic nutritional product specifically designed for people at risk for or experiencing cancer-induced weight loss.
- ProSure is lower in fat than standard oral nutritional supplements and has omega 3-fatty acids (EPA) as part of the lipid blend to help reduce delayed gastric emptying as compared to saturated and omega-6 fatty acids.
- Suitable for lactose intolerance and by nature is gluten free

### Safety Precautions

- Not for Parenteral or IV use.
- Not for people with galactosemia
- Not for medicinal use
- Not intended for use in children unless recommended by physician or a qualified healthcare professional

### Ingredients

Maltodextrin, calcium caseinate, sucrose, marine oil, minerals, fructo-oligosaccharides, Stabilizer (arabic gum), vegetable oils (medium chain triglycerides (MCT) oil, soy oil, high oleic sunflower oil), whey protein hydrolysates, vitamins, Antioxidants (mixed tocopherols, soy lecithin) flavoring, taurine, L-carnitine.

### Instructions for use

To prepare a single serve of 240ml;

1. Pour 95ml of water into a serving container
2. With a scoop provided in the can, add 9 levelled scoop of Prosure powder (75g) to the water and mix well.
3. When the powder is thoroughly dissolved, gradually stir in an additional 95ml of water and serve.

**When mixed as directed, Prosure provides approximately 1.26kcal/ml**

### Storage instructions

Once mixed, unused portion of Prosure should be used refrigerated and used within 24 hours. Once the container is opened, cover and put in a cool, dry place (not in refrigerator), use within 2 weeks.

### Nutrition Information

Approximate Composition	UNIT	POWDER (per 100 g)	STANDARD DILUTION* (per 100 ml)	Approximate Composition	UNIT	POWDER (per 100 g)	STANDARD DILUTION* (per 100 ml)
Energy	kcal	404	126	Vitamin C	mg	88.2	27.6
Protein	g	20.22	6.32	Folic acid	mcg	110	34
Fat	g	7.79	2.43	Thiamine (Vitamin B <sub>1</sub> )	mg	0.65	0.20
Saturated fatty acids	g	1,510	0,472	Riboflavin (Vitamin B <sub>2</sub> )	mg	0.73	0.23
Monounsaturated fatty acids	g	1,026	0,321	Vitamin B <sub>6</sub>	mg	0.87	0,27
Polyunsaturated fatty acids	g	2,492	0,778	Vitamin B <sub>12</sub>	mcg	1,27	0,40
Omega 6 fatty acids	g	0,680	0,212	Niacin	mg NE	6,40	2,00
Omega 3 fatty acids	g	1,812	0,566	Pantothenic acid	mg	2,82	0,88
Cholesterol	mg	<14.0	<4.0	Biotin	mcg	12,8	4,0
Trans fatty acids	g	<0.3	<0.094	Choline	mg	130,7	40,8
EPA	g	1,178	0,368	<b>MINERALS****</b>			
Carbohydrate	g	61.24	19.13	Sodium	mg	384	120
Sugar	g	6.31	1.99	Potassium	mg	512	160
Dietary fiber	g	2,43	0,76	Chloride	mg	389	122
FOS	g	2,82	0,88	Calcium	mg	379	118
Taurine	mg	51,3	16,0	Phosphorus	mg	269	84
Carnitine	mg	25,6	8,0	Magnesium	mg	72,5	22,6
<b>VITAMINS*</b>				Zinc	mg	3,50	1,09
Vitamin A	mcg RE	103	32	Manganese	mg	1,07	0,33
β-Carotene	mcg RE	179	56	Copper	mcg	236	74
Vitamin D <sub>3</sub>	mcg	4.37	1.36	Iodine	mcg	40,8	12,8
Vitamin E	mg α TE	7.8	2.4	Selenium	mcg	20,2	6,3
Vitamin K <sub>1</sub>	mcg	25,6	8,0	Chromium	mcg	25,6	8,0
				Molybdenum	mcg	35,8	11,2