

Product Information: Promote®

For more information, contact your Abbott Nutrition sales representative or visit
www.abbottnutrition.ca



Usage

- 1 Promote® is a very-high-protein liquid formula for people who may have increased protein needs relative to their estimated calorie requirements.
- 1 For people with or at risk of pressure injuries.
- 1 For people with or at risk for protein-energy malnutrition.
- 1 For supplemental or as a sole source of nutrition.
- 1 For oral or tube feeding use.

Features

- 1 Approximately 25% of total energy as protein. Protein is needed for lean body tissue maintenance and repair.
- 1 Approximately 19% of fat provided by medium chain triglycerides to help improve fat absorption.
- 1 Vanilla flavour.
- 1 Low-residue.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.

Safety Precautions

- 1 Not for parenteral use.

Ingredients

Liquid Vanilla:

Water, Corn Maltodextrin, Sodium Caseinate, Soy Protein, Soy Oil, Sugar, Modified Coconut and/or Palm Kernel Oil (Medium Chain Triglycerides), Safflower Oil, Natural and Artificial Flavour, Soy Lecithin, Taurine, L-Carnitine, MINERALS (Calcium Citrate, Magnesium Phosphate, Tricalcium Phosphate, Potassium Chloride, Potassium Citrate, Sodium Citrate, Potassium Hydroxide, Zinc Sulphate, Ferrous Sulphate, Manganese Sulphate, Copper Sulphate, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate), VITAMINS (Ascorbic Acid, Choline Chloride, DL-Alpha-Tocopheryl Acetate, Niacinamide, Calcium D-Pantothenate, Thiamine Chloride Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, D-Biotin, Phylloquinone, Cyanocobalamin, and Vitamin D3).

Allergens: Contains: Milk, Soy.

Availability

List Number	Item
62234793	Promote,® Vanilla, 235-mL cans; 24/case

Nutrition Information - Liquid Vanilla

	100 mL	235 mL
	Value	Value
ENERGY, Cal (kJ)	100 (418)	235 (982)
Protein, g	6.3	15
Taurine, mg	15	35
Carnitine, mg	15	35
Fat, g	2.6	6.2
Linoleic Acid, g	1.0	2.2
Linolenic Acid, g	0.1	0.2
Carbohydrate, g	13	31
Fibre, g	0	0
Water, g	84	197
Vitamin A, IU	350	823
Vitamin D, IU	40	94
Vitamin E, IU	5	12
Vitamin K, mg	0.012	0.028
Vitamin C, mg	34	80
Thiamine, mg	0.23	0.54
Riboflavin, mg	0.26	0.61
Niacin, mg	3	7.1
Vitamin B6, mg	0.3	0.71
Folic Acid, mg	0.06	0.14
Vitamin B12, mg	0.0009	0.0021
Pantothenic Acid, mg	1.5	3.5
Biotin, mg	0.045	0.11
Choline, mg	60	141
Sodium, mg	100	235
Potassium, mg	198	465
Chloride, mg	126	296
Calcium, mg	120	282
Phosphorus, mg	120	282
Magnesium, mg	40	94
Iron, mg	1.8	4.2
Zinc, mg	2.4	5.6
Iodine, mg	0.015	0.035
Copper, mg	0.2	0.47
Manganese, mg	0.5	1.2
Selenium, mg	0.007	0.016
Chromium, mg	0.012	0.028
Molybdenum, mg	0.015	0.035

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Product Characteristics

	Value
Caloric Density (Cal/mL)	1.0
Protein (% of total energy)	25.1
Protein Source	Sodium caseinate, soy protein isolate
Fat (% of total energy)	23.0
MCT oil (% of total fats)	19.3
Omega-6:Omega-3 Ratio	10:1
Fat Source	Soy oil, MCT oil, safflower oil, soy lecithin
Carbohydrate (% of total energy)	51.9
Carbohydrate Source	Corn maltodextrin, sucrose
Total Cal:g Nitrogen Ratio	100:1
Nonprotein Cal:g Nitrogen Ratio	75:1
Water (g/L)	837
Osmolality (mOsm/kg water)	340
Renal Solute Load (mOsm/L)	486
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/8

Preparation

INSTRUCTIONS FOR USE:

- 1 Shake well and clean top of can thoroughly before opening.
- 1 Once opened, store covered in refrigerator and use within 48 hours.

Oral Feeding:

- 1 May be used for total or supplemental nutrition.
- 1 May be fed at room temperature or chilled. Serving Promote chilled enhances its flavour.

Tube Feeding:

- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Care should be taken to avoid contamination of this product during preparation and administration.

Storage & Handling

Store unopened at room temperature; avoid extreme temperatures. When carefully poured from the can into an enteral feeding setup, hang for 8–12 hours.¹ Once opened, store covered in refrigerator and use within 48 hours.

¹ Boullata JI, Carrera AL, Harvey L, et al. ASPEN safe practices for enteral nutrition therapy. *JPEN J Parenter Enteral Nutr.* 2017;41(1):15-103